



# EL TORO CLINIC

JANUARY 12<sup>th</sup> & 13<sup>th</sup>, 2019  
Kaneohe Yacht Club



REGISTRATION/CHECK-IN  
Kaneohe Yacht Club  
Saturday 8:30 to 9:00 am

COURSE HOURS  
Saturday – 8:30 am to 4:30 pm  
Sunday – 8:30 am to 4:00 pm

COST:

\$80 for both days. \$50 for one day.  
Note: HYSA dues for 2019 will be added to your registration fee, unless you already paid your 2019 HYSA dues at the Laser Clinic.  
Regular registration is open until 10pm, Friday, January 11<sup>th</sup>. A late fee of \$10 will be applied when registering after regular registration or on-site the morning of the event.



WHO SHOULD COME:

Junior sailors looking to improve their basic boat handling skills. Intermediate & Advanced sailors looking to improve their starts, racing tactics and course awareness.

WHAT TO BRING:

Sailing gear (PFD, gloves, rash guard, UV rated sunglasses, sun screen, etc.), LUNCH FOR SATURDAY & WATER BOTTLE.

OTHER INFORMATION:

Registration is ON-LINE at <http://www.regattanetwork.com/event/18060>. Other required forms (Membership, General Release and Emergency Medical Forms) are also available at Regatta Network or from your Yacht Club's Junior Sailing Director.

**This clinic is a BYO boat event** - Contact your sailing director for information on reserving a boat for the Clinic and for Registration information or call Kaneohe Yacht Club at (808) 247-2141.

Tentative Schedule

Saturday, January 12<sup>th</sup>

8:30 am	Rigging, Registration
9:00 am	Rigging Demonstration
9:30-11:30	H2O Session 1 Theme: boat handling
11:45-12:30	Come in for Lunch ( <b>BYO lunch</b> ), Boat handling review
12:30-1:00	Second Meeting
1:30-3:30	H2O Session 2 Boat Speed
3:30	Sail in and De-rig
4:00-4:30	De-Brief sailing talk
4:30	Pick up

Sunday, January 13<sup>th</sup>

8:30 am	Rig
9:00 am	General Meeting & Regatta Prep talk (Race committee procedures & rules)
9:30 am	Starting Talk
10:00-11:30	H2O Session 3 Theme: Starts
11:30	Snacks on the water
12:00-1:30	Races
2:00	Sail in and De-rig
2:30-3:00	Load Boats
3:00	Pizza and wrap up
4:00 pm	Pick-up