

2019 GFOD – SPRING RACE CLINIC - INSTRUCTOR
May 16 (5:00-), and 17 (9:30 – 5:30) at PPYC, Nashville, TN

Each year for the past four years, we have had the honor to welcome some of the best sailors in the World to lead the **GFOD - Spring Race Clinic** prior to the **Galen Freeman One Design Regatta**. Thanks to the generosity of our good friend & sponsor Giarratana LLC.

This year I am proud to announce: **Jackson Benvenuti of North Sails One Design** will lead us as this year's "Special Instructor & Coach".

Jackson became an accomplished Optimist sailor sailing at one of the premier One Design Yacht Clubs in the country, Bay-Waveland Y C as well as Southern Yacht Club. When the time came to choose a college team to further his sailing education, he chose one of the best ... The College of Charleston, where he was a two-time, All American.

Jackson actively races in the J/22, J/70, Viper, Flying Scot, Melges 24, Lightning plus many other One Design classes. He holds North American Championships in the Viper, Flying Scot, Rhodes 19, and Optimist Team Racing. In 2018 Jackson won the J/22 World Championship with team "Uncle Fluffy" at Annapolis YC in some of the wildest currents I have ever attempted to sail.

He is the tactician on the Volvo 70 "Warrior", which set the newest race record in the Annapolis to Newport race (the previous record stood for nearly 20 years) PLUS the Antigua to Bermuda Race. In 2016 he won the NYYC Resolute Cup representing SYC, which qualified the club for the Rolex NYYC Invitational Cup, which he also won for SYC in 2017.

As coach ... Jackson has helped sailors win multiple National Championships and takes pride in helping people enjoy sailboat racing by creating a deeper and a better foundational understanding of every aspect of the sport.

Jackson currently works for North Sails One Design, helping to develop and refine the fastest sails possible.

Come join us for the **2019 Galen Freeman One Design – Spring Racing Clinic** and an opportunity to become a better sailor. You won't regret it, Galen Freeman