



2019 Sail West

July 6 – 7, 2019



The Organizing Authority (OA) is Sail Canada (SC) in conjunction with the Central Okanagan Sailing Association (COSA) Kelowna, BC, Canada

Sailing Instructions

[DP] denotes a rule for which the penalty is at the discretion of the Protest Committee. This changes RRS 64.1.

[NP] denotes that a breach of this rule will not be grounds for a protest by a boat. This changes RRS 60.1(a).

1. RULES

1.1 The regatta will be governed by the rules as defined by The Racing Rules of Sailing.

2. NOTICE TO COMPETITORS

Notices to competitors will be posted on the official notice board located at the bottom of the outside staircase of the main clubhouse.

3. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted on or before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2100 on the day before it will take effect.

4. SIGNALS MADE ASHORE

4.1 Signals made ashore will be made at the COSA flagpole

4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.

5. SCHEDULE OF RACES

Date	Time	Event
July 4	0900	Registration
	1000-1600	Training camp
July 5	1000-1500	Training camp
	1500	Practice race
	1700	Opening Ceremonies
July 6	0730-0830	Registration
	0830	Coaches' meeting
	0900	Competitors information meeting (Additional Optimist specific meeting immediately following the general Competitors meeting)
	1000	Warning signal of first race of the day (Main Course)
	1015	Warning signal of first race of the day (Optimist Course)
July 7	0830	Coaches' meeting
	1000	Warning signal of first race of the day
	1500	No warning signal after this time. This does not apply to races that are restarted or re-sailed.

6. CLASS FLAG

Class flag will be assigned at the information meeting, which will be at 0900 hours on Saturday morning, July 6.

7. RACING AREAS

The races will be conducted on Okanagan Lake a short distance offshore from the COSA dock.

8. THE COURSES

- 8.1 A diagram of the race courses shall be posted on the official notice board.
- 8.2 The General course shall be start (S), windward (A), leeward (C1 and C2 gate), windward (A), leeward (C1 and C2 gate), finish (F).
- 8.3 The Optimist course shall be start (S), windward (A), leeward (C1), windward (A), finish (F).
- 8.4 All marks with the exception of the gate shall be rounded to port.

9. MARKS

- 9.1 General Course Marks A and C are rounding marks and will be large orange tetrahedrals. For the Laser Radials, the starting line will be between an orange flag on the committee boat and a red flag on the start Pin mark. The finish line will be between a blue flag on the committee boat and a blue flag on a finish Pin mark. For all other classes on the General Course, the start line will be between an orange flag on the committee boat and an orange ball. This mark will not be a mark of the course during Laser Radial starts.
- 9.2 The Marks for the Optimist course are yellow tetrahedrals representing marks A and C. A green tetrahedral will be used for the Optimist Green course. The start line will be between an orange flag on the committee boat and a red flag on the start Pin mark. The finish line will be between a blue flag on the committee boat and a blue flag on a finish Pin mark.

10. THE START

- 10.1 Races will be started as described in racing rule 26, except that an Attention signal, consisting of one long sound or a series of sounds, may be made one minute before the Warning signal.
- 10.2
- 10.3 A boat starting later than 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4 and A5

11. FINISH

The finishing line will be between a staff displaying an "R.C." flag or shape on a race committee boat and the port-end finishing mark (Mark F).

12. TIME LIMIT

The time limit will be 1 hour for the first boat. Boats that do not finish within 20 minutes after the first boat sails the course and finishes will be scored for the finishing place one more than the last boat that finishes within 20 minutes after the first boat. This changes racing rules 35 and A4.

13 PENALTY SYSTEM

- 13.1 Appendix P, Special Procedures for RRS 42 will apply as changed by SI 13.2 and 13.3
- 13.2 For the 29er class, RRS 44.1 and P2.1 are changed so that the Two-Turns penalty is replaced by the One-Turn penalty.
- 13.3 RRS P2.2 and P2.3 will not apply and RRS P2.1 is changed to apply to all penalties.

14 PROTESTS AND REQUESTS FOR REDRESS

- 14.1 Protests forms are available from the protest committee desk located outside the Protest Committee Room on the 2nd floor of the club. Protests shall be delivered to the protest committee desk within the protest time limit. The protest committee hearing room will be the COSA office.
- 14.2 The protest time limit is 30 minutes after the race committee boat for the applicable course docks.
- 14.3 Protest notices will be posted on the official notice board within 15 minutes of the end of protest time to inform competitors where and when there is a hearing in which they are parties to a protest or named as witnesses. The Protest Committee may also post notices online at <https://www.racingrulesofsailing.org/schedules/618/event?name=sail-west-2019> and may attempt to notify parties by sms or by email messages. Failure to receive such messages is not grounds for redress.
- 14.4 Notices of protests by the race committee, technical committee or protest committee will be posted to inform boats under RRS 61.1(b).
- 14.5 On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.

14.6 A list of boats that have been penalized under Appendix P and SI 13 for breaking RRS 42 will be posted on the Official Notice Board.

15 SCORING

15.1 There shall be ten races scheduled, of which one race shall be completed to constitute a series.

15.2 When fewer than 5 races have been completed, a boat's series score will be the total of her race scores.

15.3 When 5 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

16 SAFETY

16.1 RS Feva's 29ers, Lasers, Radials and 4.7s must have a tow line, of minimum 10 metres length and 6mm diameter fixed to their mast. Competitors may not use other lines from running rigging for this purpose. C420s and Optimist classes are required to have tow lines in accordance with their class rules.

16.2 The Preamble to RRS Part 4 and RRS 40 is changed to require personal flotation devices (PFD's) to be worn at all times when afloat, except when adjusting clothing. [DP]

17 RADIO COMMUNICATION

Except in an emergency, a boat shall neither make radio transmissions while racing, nor receive radio communications not available to all boats. This restriction also applies to mobile telephones. [DP]

18 EQUIPMENT AND MEASUREMENT CHECKS

A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a Race Official to proceed immediately to a designated area for inspection. **19**

19 PRIZES

Prizes shall be awarded to 1st, 2nd, and 3rd to any class over 7 boats.

- Sail Canada medallions will be awarded in all classes and categories.
- U17 Regional Champions in the Laser Radial, Laser 4.7 & C420 classes
- U15 Regional Champion in the Optimist class
- Overall Champions Laser Standard, Laser Radial, Laser 4.7, Optimist, C420, & 29er
- The following perpetual trophies will be awarded:
 - Sail Canada 15 & Under Western National Sailing Championship Award

20 DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.