

Fred Thomas Memorial Race

November 10, 2019

Organizing Authority: Palm Beach Sailing Club

SAILING INSTRUCTIONS

1. RULES

The race will be governed by the rules as defined in the *Racing rules of Sailing* and PHRF-SEF.

2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located on the deck at Palm Beach Sailing Club.

3. CHANGES TO SAILING INSTRUCTIONS

Any changes to the sailing instructions will be posted (via email the evening prior to the race). Oral changes may be made on VHF 72 (alternate VHF 68) on the water.

4. SIGNALS MADE ASHORE

Signals made ashore will be displayed on the waterside flagpole at Palm Beach Sailing Club.

5. SCHEDULE

The first warning is scheduled for 1055

6. CLASS FLAGS

PHRF with Spinnaker	LIME GREEN*
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JIB AND MAIN	PINK
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GUNKHOLE	BLUE
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*If there is to be only one start the class flag shall be LIME GREEN.

7. RACING AREA

The Atlantic Ocean adjacent to Lake Worth Inlet, north of Lake Worth Pier.

8. OBSTRUCTIONS

All dive flags or vessels displaying dive flags are 100 yard clearance obstructions.

9. TIME LIMIT

The time limit for all finishers is 1630.

10. THE START

Races will be started by using rule 26 with the warning signal made 5 minutes before the starting signal.

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11. THE COURSE (ALL LOCATIONS APPROX in degrees & decimal minutes DDM) – See Chartlet / course diagram on page 3 of SI's

START: 1 NM north of Lake Worth R"2" buoy
START LINE BETWEEN RC SIGNAL VESSEL FLAG AND ORANGE MARK

NORTH MARK: LAT 26 49.6 N LONG 80 01.8 W

MID MARK: Lake Worth RW "LW" Mo (A) buoy
LAT 26 46.2 N LONG 80 00.3 W

SOUTH MARK: LAT 26 43.2 N LONG 80 01.5 W

FINISH: .75 NM south of Lake Worth R"2" buoy
FINISH LINE BETWEEN RC SIGNAL VESSEL FLAG AND ORANGE MARK

**LEAVE ALL MARKS TO STARBOARD –
START NORTHERLY DIRECTION, FINISH NORTHERLY DIRECTION**

12. PROTESTS

All protests must be filed within 1 hour of the RC arrival at Palm Beach Sailing club.
Protests will be heard ASAP in the order received.

13. SCORING

The race will be scored based on PHRFSEF time on distance calculations.

14. COMMUNICATIONS

All RC to competitor communications will be on VHF 72.

15. SAFETY REGULATION

All entered yachts shall check-in with RC prior to the first warning & if not finishing.

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SAILING INSTRUCTIONS



JAM/Gunkhole & PHF Short Course – 12.17 NM

Start to the North (orange flag on RC,
orange cylinder)

Round North Mark (yellow cylinder)

Pass Mid Mark (RW “LW” Buoy)

Round South Mark (yellow cylinder)

Finish to the North (orange flag on RC,
orange cylinder)

PHRF Long Course – 18.77 NM

Same as PHRF Short except:

After rounding South Mark,

Return to Mid Mark, round leaving to STBD

Return to South Mark, round leaving to
STBD

Finish to the North

LEAVE ALL MARKS TO YOUR STARBOARD