2019 Sail East
August 1-4, 2019
The Organizing Authority (OA) is Sail Canada (SC) in conjunction with the Shediac Bay Yacht Club (SBYC)
Shediac, New Brunswick, Canada
Sailing Instructions

[DP] *denotes a rule for which the penalty is at the discretion of the protest committee. This changes RRS 64.1.*
[NP] *denotes that a breach of this rule will not be grounds for a protest by a boat. This changes RRS 60.1(a).*

1   RULES
1.1   The Sail East Regatta will be governed by the 'rules' as defined in the Racing Rules of Sailing (RRS).
1.2   RRS Appendix T – Arbitration – may apply; and the Arbitrator at an Arbitration Meeting may be a member of the Protest Committee if the arbitration continues to a Protest Hearing. This changes NoR 1.4
1.3   Radial sailors may downsize to Laser 4.7 rigs as long as the swap happens on shore and both rigs are registered with the OA.
1.4   Sail numbers must be unique within the three Laser classes and within other classes.

2   SCHEDULE

Date	Time	Event
August 3rd	0830	Coaches meeting
	1000	Warning signal of first race of the day
August 4th	0830	Coaches meeting
	1000	Warning signal of first race of the day
	1600	No warning signal will be made after this time

3   NOTICES TO COMPETITORS
Notices to competitors will be posted on the official notice board located on the outside the Sailing School (Boudreau Building) patio.

4   CHANGES TO SAILING INSTRUCTIONS
Any change to the sailing instructions will be posted no less than 30 minutes before displaying flag "D" or removing of flag "AP" ashore on the day it will take effect, except that any change to the schedule of races will be posted no later than the end of protest time on the day before it will take effect.

5   SIGNALS MADE ASHORE
5.1   Signals made ashore will be displayed at the Shediac Bay Yacht Club's flag staff north side of the Storey building.
5.2   Flag L will be displayed ashore over a numeral pennant. The numeral pennant indicates the number of the notice to competitors that is posted. This changes race signal L.
5.3   When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.
5.4   Flag D displayed with one sound means: 'the warning signal will be made not less than 30 minutes after flag D is displayed.' Boats shall not leave their berthing places until this signal is made. *[NP][DP]*

6   MARKS

Starting	Finishing	Marks 2p/2s	Class	Mark 1	New mark, as provided in SI 10
A race committee vessel or an orange cylinder	White cylinder with a blue stripe	Yellow tetrahedron	Laser Standard, Laser Radial	Yellow round with a blue stripe	Yellow round with a blue and black stripe
			C420,29er	Yellow tetrahedron with a grey patch	Yellow tetrahedron with a grey patch and a black stripe
			Optimist	Yellow tetrahedron	Yellow tetrahedron with a black stripe

7   CLASS FLAGS

Laser Standard	Yellow with Red Laser Insignia	C420	Flag "V"
Laser Radial	Blue with White Laser Insignia	Optimist	Flag "K"
29er	Flag "E"		

8   RACING AREA
No less than 30 minutes before displaying flag "D", the racing area will be posted.

9   THE START
9.1   The starting line will be between a staff displaying an orange flag on the race committee vessel at the starboard end and either
           (a) the starting mark, or
           (b) a staff displaying an orange flag on the race committee vessel at the port end.
9.2   A boat starting later than 4 minutes after her starting signal will be scored "Did Not Start" without a hearing. This changes RRS A4.
9.3   Boats not racing shall remain at least 25 metres away from the starting line in all directions after the preparatory signal of any other class. *[DP][NP]*

9.4   To alert boats that the sequence of a races will begin soon, an orange line flag will be displayed with one sound signal at least five minutes before a warning signal is displayed.

10 CHANGE OF THE NEXT LEG OF THE COURSE

To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. Any mark to be rounded after the new mark may be moved to maintain the course configuration without signalling

11 THE FINISH

The finish line will be between the staff with a blue flag on the committee vessel and the course side of the finishing mark.

12 TIME LIMITS AND TARGET TIMES

Mark 1 time limit	Target time	Time limit
30	50	90

12.1   If no boat has passed Mark 1 within the Mark 1 time limit the race will be abandoned.

12.2   Failure to meet the target time will not be grounds for redress. This changes RRS 62.1(a).

12.3   Boats failing to finish within the 20 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes RRS 35, A4 and A5.

13 PROTESTS AND REQUESTS FOR REDRESS

13.1   Protests forms are available from the protest desk located at the Storey Building.

13.2   Protests must be filed at the protest desk.

13.3   For each class, the protest time limit is 60 minutes after their signal vessel docks, or the race committee signals no more racing today, whichever is later.

13.4   Protest notices will be posted on the official notice board within 30 minutes of the end of protest time to inform competitors where and when there is a hearing in which they are parties to a protest or named as witnesses.

13.5   Notices of protests by the race committee or protest committee will be posted to inform boats under RRS 61.1(b).

13.6   On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.

14 RADIO COMMUNICATION

Except in an emergency, a boat shall neither make radio transmissions while racing, nor receive radio communications not available to all boats. This restriction also applies to mobile telephones. *[DP]*

15 OFFICIAL VESSELS

Official boats will be marked as follows:

Protest committee	White "J" on a blue background
Signal vessel	The racing area letter
Mark boats	Sail Canada race management flag

16 COURSES

The diagrams as shown below show the courses, the order in which marks are to be passed, and the side on which each mark is to be left.

Signal	Mark Rounding Order
LH1	Start-1-2p-Finish
LH2	Start-1-2s/2p-1-2p-Finish
LH3	Start-1-2s/2p-1-2s/2p-1-2p-Finish