



Sailing Instructions



Flying Scot® Women's North American Championship

August 16-18, 2019

Hosted by Massapoag Yacht Club

58 Lakeview St
Sharon, MA 02067
(781) 784-5828

Organizing Authority: Flying Scot® Sailing Association ("FSSA")
in conjunction with Massapoag Yacht Club ("MYC")

1. RULES

- 1.1 The regatta will be governed by the rules as defined in the current edition of the FSSA Class Rules and *The Racing Rules of Sailing 2017 - 2020* (RRS).
- 1.2 The US Sailing prescriptions to RRS 63.2 and 63.4b shall not apply.

2. NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the official notice board located on the North side of the beach near the MYC dock.

3. CHANGES TO SAILING INSTRUCTIONS

Any change to the Sailing Instructions will be posted by 0900 on the day it takes effect, except that any change to the racing schedule will be posted before 1800 on the day before it will take effect.

4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed from the yardarm of the main flag post located on the North side of the beach near the MYC dock.
- 4.2 When Code Flag AP is displayed ashore "1 minute" is replaced with "not less than 30 minutes" in the Race Signal AP. This changes Race Signals AP.

5. SCHEDULE

- 5.1 A maximum of 5 (five) races are scheduled.

- 5.2 The schedule of events is as follows:

| TIME | Friday | Saturday | Sunday |
|-------------|--------------------------------------|-----------------------------------|-------------------|
| 1600 – 2000 | Registration/Check-in & refreshments | | |
| 1800 | Practice Race | | |
| 0800 | | Breakfast & Registration/Check-in | Breakfast |
| 0900 | | Skipper's Meeting | Skipper's Meeting |
| 0930 | | Races begin | Races continue |

| | | | |
|---------------|--|--|--------|
| ~1200 | | Lunch | Lunch |
| (after lunch) | | Races Continue | Awards |
| 1700 | | Panel discussion With Bill Draheim and today's top sailors | |
| 1730 | | Cocktail Party | |
| 1830 | | Buffet Dinner | |
| During Dinner | | Raffle | |

6. CLASS FLAG

6.1 The class flag will be a white Flying Scot® logo on a red field.

7. RADIO COMMUNICATION

7.1 The RC will use VHF Channel 74 to communicate with competitors.

7.2 Competitors are only to contact the RC on the water in the event of emergencies, safety issues, to retire from a race or report a protest or penalty taken.

8. RACING AREA

The racing area is in Lake Massapoag.

9. COURSES

9.1 The courses to be sailed are illustrated in Addendum 1, which shows the course designations and the order in which marks are to be rounded.

9.2 There will be an offset mark at the windward mark.

9.3 All rounding marks shall be rounded to port.

9.5 The course designation will be displayed on the wooden frame on the port side of the RC signal boat.

10. MARKS

10.1 The starting mark will be orange flags on a staff.

10.2 The windward mark will be a yellow cylinder.

10.3 The offset mark will be a white ball.

10.4 The leeward mark will be an orange sphere.

10.5 The finish mark will be a blue flag on a staff.

11. SAFETY CHECK-IN

When the RC signal boat displays Code Flag L and prior to the first warning signal each day, competitors shall sail past the stern of the signal boat on starboard tack and hail their sail number until acknowledged by the RC. Only the RC may protest alleged breaches of this sailing instruction. Each time a boat breaks this sailing instruction, it will be posted on the Official Notice Board. The second time that a boat breaks this sailing instruction, the penalty shall be applied to the first race of the day on which the infraction occurred, and shall be the worse of: 1) the Scoring Penalty calculated as stated in rule 44.3(c) or 2) another penalty. This changes RRS 60.1 and 60.3.

12. THE START

12.1 The starting line will be between a staff displaying an orange flag on an RC boat at the starboard end, and the course side of the starting mark on the port end.

12.2 As a courtesy, the warning signal for each race may be preceded by short repetitive sound signals to alert competitors that a starting sequence is about to begin.

12.4 As a courtesy, the RC may hail the sail number of boats that are OCS or have not complied with RRS 30.1 via VHF radio and/or orally. The delay of such hails, the order of hailing, the failure of the RC to hail, or the failure of a competitor to hear such a hail shall not be grounds for redress. This changes RRS 62.1(a).

12.5 A boat that starts later than 5 minutes after her starting signal will be scored DNS without a hearing. This changes RRS 63.1 and A5.

13. CHANGE OF THE NEXT LEG OF THE COURSE AND SHORTENED COURSES

- 13.1 To change the next leg of the course, the RC will move the original mark.
- 13.2 No course will be shortened to fewer than 3 legs. The windward mark to the offset mark is not a leg of the course. Course changes that shorten a leg of a three-leg course are not permitted. This changes RRS 32.1.

14. THE FINISH

- 14.1 The finish line will be between a staff displaying an orange flag on an RC boat and the course side of the finish mark.
- 14.2 Boats that retire before finishing will inform the RC as soon as possible.
- 14.3 The RC boat at the finish line will display the A flag to notify sailors that racing is done for the day.

15. TIME LIMITS

- 15.1 The time limit from the Starting Signal to the Finish for the first boat will be 90 minutes. A boat that does not finish within 30 minutes after the first boat finishes shall be scored as TLE.

16. ALTERNATIVE PENALTIES

- 16.1 Appendix V1, Penalty at the Time of an Incident: The first two sentences of rule 44.1 are changed to: 'A boat may take a One-Turn Penalty when she may have broken one or more rules of Part 2 or rule 31 in an incident while *racing*. However, when she may have broken one or more rules of Part 2 while in the *zone* around a *mark* other than a starting *mark*, her penalty shall be a Two-Turns Penalty.' This changes RRS 44.1.
- 16.2 Appendix V2, Penalty Taken After a Race: After a race, a boat that may have broken one or more rules of Part 2 or rule 31 in an incident while *racing* may take a Post-Race Penalty for that incident. A boat takes the penalty by delivering a written notice to the race office that identifies the race number and when and where the incident occurred. The penalty shall be a 30% Scoring Penalty, calculated as stated in rule 44.3(c). However, rules 44.1(a) and (b) apply, and the penalty shall not be taken after a protest hearing involving the incident has begun.

17. PROTESTS AND REDRESS

- 17.1 A boat intending to protest will attempt to inform an RC boat as soon as possible after finishing and include the sail numbers of the protestee(s).
- 17.2 Protest forms will be available from the Race Committee.
- 17.3 Protests shall be delivered to the protest committee representative in the MYC clubhouse or adjacent room within 60 minutes after the RC finish boat docks. The docking time will be posted on the official notice board.
- 17.4 Notices of protests by the RC or the protest committee will be posted on the official notice board.
- 17.5 Redress Request: If the RC posts a list of boats scored OCS, ZFP, UFD or BFD on the official notice board before the protest time limit, a request for redress shall be made no later than 60 minutes after the protest time limit. This changes RRS 62.2.

18. SCORING

- 18.1 One race must be completed to constitute a regatta.
- 18.2 A boat's final score shall be the total of all of her race scores. This changes RRS A2.1,
- 18.3 A boat scored TLE will be awarded points one greater than the last boat to sail the course within the time limit.

19. SUPPORT BOATS

A competitor shall not use support or spectator personnel or their equipment, including tow boats, while away from the dock unless doing so has been pre-approved by the Protest or RC or made available to all competitors by the Organizing Authority. This changes RRS 64.4.

20. PRIZES

Trophies will be awarded to the top 5 skippers and crew. The perpetual trophy awarded to the first place skipper is the Joan Burnside Memorial Award.

21. DISCLAIMER OF LIABILITY

Competitors participate in this regatta entirely at their own risk. See RRS 4, Decision to Race. Neither the

organizing authority nor the host organization will accept any liability for material damage, personal injury or death sustained in conjunction with, prior to, during, or after the regatta and any and all events associated with it. Participants agree to abide by the RRS and all other rules that govern this event and the host club. Payment of the Entry Fee acknowledges agreement and consent to this paragraph.

ADDENDUM 1

WINDWARD - LEEWARD COURSE DIAGRAMS

W windward/leeward. Finish can be Upwind or Downwind. Number on the committee boat corresponds to the number of legs

e.g. W3 = start-1-2 finish upwind
W4 = start-1-2-1 finish downwind

