



2019 Doug D'Alessandro
One Day Only Opti Regatta



Sailing Instructions

Monday, Aug. 5, 2019

1. RULES

- 1.1. The regatta will be governed by The Racing Rules of Sailing (RRS), 2013 – 2016 and the Optimist class rules

2. ELIGIBILITY

- 2.1. International Optimist Dinghies may enter by completing registration and paying all entry fees. There will be no measurement requirements, except that boats with the fiberglass tanks must have airbags inside the tanks.

3. NOTICES TO THE COMPETITORS

- 3.1. Notices to competitors will be posted on the official notice board at MYC.

4. CHANGES TO THE RACING INSTRUCTION

- 4.1. The Race Committee reserves the right to change the Sailing Instructions, by posting the changes on the official notice board 0900

5.1. Monday Aug. 5, 2019

- 5.1.1. Registration: 8:30-9:30 am
5.1.2. Skipper's Meeting: 9:30 am
5.1.3. Harbor Start 9:45 am
5.1.4. Warning Signal 10:15 am *first* race of the day. Up to five (5) races may be sailed
5.1.5. Lunch served on land
5.1.6. No Warning Signal after 4:00 pm.
5.1.7. Awards as soon as possible after return to shore

6. REGATTA FORMAT

- 6.1. Five races are scheduled
6.1.1. There will be one drop if five races are sailed. This modifies RRS A2.
6.1.2. One completed race shall be sufficient to establish a championship
6.2. There will be two fleets, the Championship Fleet and the Green Fleet to be sailed on separate race courses
6.3. Championship Fleet will be divided into 3 divisions
6.3.1. White Fleet – 10 and under
6.3.2. Blue Fleet – 11 & 12 yrs
6.3.3. Red Fleet – 13 to 15

7. COURSES

- 7.1. The Championship Fleet course will be either Port Triangle, Windward Leeward with a gate, or Olympic course at the discretion of the Race Committee.
7.2. The Green Fleet course will be either a Port Triangle or an Olympic course at the discretion of the Race Committee.

8. MARKS

- 8.1. The turning marks will be large inflatable Yellow marks or orange buoys
8.2. The change of course mark will be a large Yellow mark with black stripe.

9. THE START

- 9.1. The starting sequence will be Three Minute Dinghy Start
9.2. The Race Committee will attempt to hail boats who are OCS, failure of the boat to hear the Race Committee shall not be grounds for redress.
9.3. The starting line will be between a staff displaying an yellow flag on a race committee boat and a yellow mark.

9.4. A boat starting later than 5 minutes after her starting signal will be scored "Did Not Start" without hearing. This changes RRS A4 and A5.

10. THE FINISH

10.1. The finish line will be between a staff displaying a yellow flag on the committee boat and a nearby yellow mark.

11. PENALTY SYSTEM

11.1. Rule 44.2, the two turns penalty shall apply.

12. PROTEST AND REQUEST FOR REDRESS

12.1. Any boat wishing to protest another boat must notify the protested boat of their intention to do so by hailing "Protest."

12.2. Protesting boat will notify the Race Committee of the protested boat's sail number as soon as reasonably possible following the finish of that race.

12.3. Protest shall be written on forms available from the Race Committee, and delivered there within 30 minutes after Protest time has been signaled to start.

12.4. The protest time limit will be the approximate time that the Race Committee boat would have to return to the Club.

12.5. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named witnesses. Hearing will be held in the protest room, located in the MYC Sailing Center office beginning at the time posted.

13. SCORING

13.1. The Low-Point Scoring System, RRS Appendix A, will be used.

13.2. The regatta for the Championship Fleet and Green Fleet will consist of up to 5 races.

13.3. One race will constitute a championship.

13.4. There will be 1 drop if at least 5 races are sailed. This modifies RRS A2.

14. SAFETY REGULATIONS

14.1. All participants must wear a USCG approved PFD while on the water and have a working whistle.

14.2. Any competitor leaving the racing area shall attempt to notify the Race Committee or, if that is impossible, immediately after arriving ashore. Failure to notify the race committee in a timely manner may result in disqualification for the day of racing.

15. SUPPORT BOATS

15.1. Team leaders, coaches, other support personnel and spectators shall stay outside areas where boats are racing from the time of the preparatory signal for a race until all boats have finished that race, or until the race committee signals a postponement, general recall or abandonment

15.2. Coach/support and spectator boats shall follow the instructions of race committee and race management boats. Coach/support boats are responsible for helping **all** boats in distress.

16. PRIZES

16.1. Trophies will be awarded to the 1st thru 3rd overall and top 10 for each fleet, Red, Blue, White

16.2. Green Fleet will receive medals 1st thru 10th and all other sailors will receive participation ribbons.

17. DISCLAIMER OF LIABILITY

17.1. Competitors participate in the regatta entirely at their own risk. See rule 4, Decisions to Race.

The organizing authority will not accept any liability for damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.