



## 2019 MIDDLE ATLANTIC MIDGET CHAMPIONSHIP

Hosted by Westhampton Yacht Squadron  
Remsenburg, NY 11960



Saturday-Sunday, August 17-18, 2019

### SAILING INSTRUCTIONS

(revised Aug 13, 2019)

1. **RULES** - The races will be governed by The Racing Rules of Sailing for 2017-2020 including US Sailing Prescriptions (RRS), rules of the Club 420 Class Association, rules of the Optimist Dinghy Association, except as changed by the Notice of Race and these Sailing Instructions.
2. **CLASSES:**
  - 2.1 The single-handed Championships shall be sailed in Optimists provided by and sailed by the competitors.
  - 2.2 The double-handed Championship shall be sailed in Club 420's with spinnaker and trapeze provided by and sailed by the competitors.
3. **NOTICES TO COMPETITORS** - Notices to competitors will be posted on the official Westhampton Yacht Squadron (WYS) notice board located north of the flag pole.
4. **CHANGES TO SAILING INSTRUCTIONS** - Changes to the Sailing Instructions will be posted by 1000 on the day it will take effect. Oral instructions may be given on the water, as necessary, with a loud hailer from the Race Committee boat or by an Official support boat. RRS 90.2(c) refers.
5. **SIGNALS** - Signals made ashore will be displayed from the WYS flag pole.
  - **Code Flag L** with one horn blast means "come within hail". On the water, it means check in with the Race Committee Boat.
  - **Code Flag AP** (red and white stripes) with two horn blasts means the race is postponed. A single horn blast accompanies the lowering of the flag.
6. **COACHING AND SPECTATORS**
  - 6.1 Instructors, coaches or other support personnel and family members shall not go afloat in the defined racing area at any time during the racing day unless they are directly supporting the race committee or host club, and specifically assigned by the Principle Race Officer (PRO). Support is limited to race officiating and safety related activities. If an instructor, coach, or other support personnel is in the race area they shall not communicate with their associated sailor other than would be customary for the duties they are performing to support the event.
  - 6.2 Spectators are allowed on the water on private vessels but must remain at least 25 yards from the racing area, which includes any portion of the area that a sailor may customarily use to properly sail the course. Spectators having contact with competitors is strictly prohibited on the water from the time the competitors go afloat. If a spectator is asked to move their vessel they must do so immediately without question, or interference of the race, or the officials. All movement of spectator vessels within 100 yards of the racing area shall be at a speed of 5 mph or less.
  - 6.3 A parent, family member, spectator, or coach may assist sailors rigging their vessel but shall have no contact with competitors from the time the competitors go afloat until the sailors are released at the end of the racing day by the Protest Committee. The Protest Committee may release the sailors by fleet after all protests are resolved in their respective fleets. The PRO will announce the release of sailors on the back deck via megaphone if available.
  - 6.4 Outside contact is defined as a parent, family member, spectator, or coach. Competitors shall not receive advice, instruction, or any type of outside assistance including using electronic communication devices while at the sailing venue during racing days. It is the intent of this rule to prohibit contact between any person, who, in the opinion of the Protest Committee, is a coach, instructor, or advisor. The only exception is as noted in 6.1 for a parent, coach, or instructor who is directly supporting the regatta and safety thereof.
  - 6.4 The Protest Committee may disqualify a competitor for breaking the rules of SI 6 on racing days.

7. **SAFETY** – All competitors **shall** wear a U.S. Coast Guard approved Type III or Type V Personal Flotation Device (PFD) at all times on the water other than for brief periods while adding or removing clothings.

8. **SCHEDULE**

**Saturday, August 17th**

Registration/Check-in	0800-0945
Skippers Meeting	1000
Warning Signal, 1 <sup>st</sup> Race	1100-No race started after 1500

**Sunday, August 18th**

Skippers Meeting	0900
Warning Signal, 1 <sup>st</sup> Race	1000-No race started after 1400

A continental breakfast will be served each day starting at 0800. Lunch each day will be on the water between races. A BBQ will be offered at the end of the race day on Saturday. Awards will be presented after racing on Sunday.

Termination of the regatta due to wind, weather, or other conditions shall be determined by the Race Committee. The results will be based on races completed.

9. **RACING AREA** - Racing will be held on Moriches Bay in front of or to the west of WYS in the vicinity of Seatuck Cove. The racing area will be further described and reviewed at the Skippers' meeting.

10. **CLASS FLAGS** - The following class flags will be used:

420 Class	Blue 420 numerals on a white background
Optimist Class	Red Optimist insignia on a white background

11. **THE COURSES** - The diagrams in Attachment "A" at the end of these Sailing Instructions show the courses.

12. **MARKS** – Racing marks are as follows:

12.1 Marks 1, 2, and 3 will be orange inflatable pyramids or yellow cylinders.

12.2 The starting and finishing marks shall be an orange ball at one end and an orange flag displayed on the signal boat.

13. **THE START** - The races will be started by using a modified Rule 26. Times shall be taken from the visual signals; the failure of a sound signal shall be disregarded. A siren will be sounded as an "Alert" approximately one minute before the warning signal but is not part of the 3-minute sequence which is as follows:

<u>Signal</u>	<u>Flag and Sound</u>	<u>Minutes before Start</u>
Warning	Class flag UP, 1 horn	3
Preparatory	Flag P UP, 1 horn	2
One Minute	Flag P DOWN, 1 <u>long</u> horn	1
Start	Class flag DOWN, 1 horn	0

If RRS 30.1 is invoked, the "T" Flag (black ball on a yellow field) will be hoisted instead of the Preparatory Flag P one minute after the warning and lowered one minute before the start.

14. **RECALLS**

- **Code Flag X** (blue cross on a white field) and 1 horn blast signals an individual recall. As a courtesy, the Race Committee will attempt to hail the sail numbers for boats that are OCS (on the course side). This modifies RRS 41. Boats shall not be entitled to redress for the following: the failure of a boat to hear or receive a recall hail; the order of recall numbers hailed; the promptness of the hail. This modifies RRS 62.1(a).
- **Code Flag First Substitute** (blue pennant with yellow triangle) and 2 horn blasts signals a general recall. A single horn blast accompanies the lowering of the flag. The warning signal will be made one minute after removal.

15. **SHORTENING OR ABANDONING AFTER THE START**

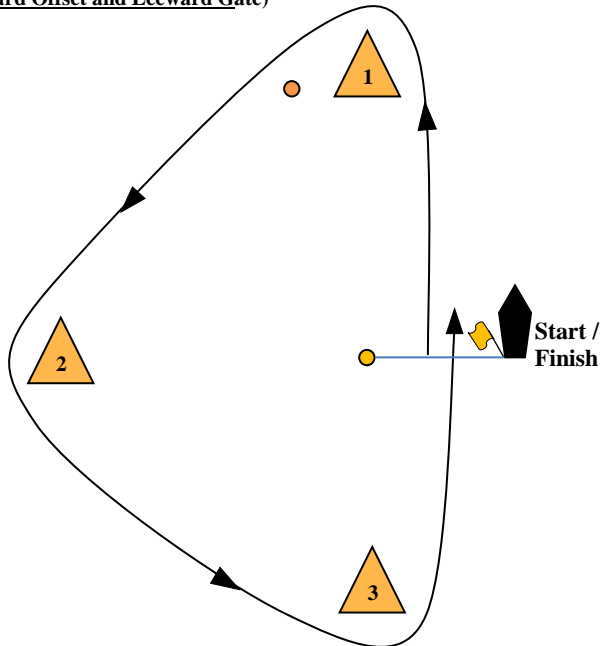
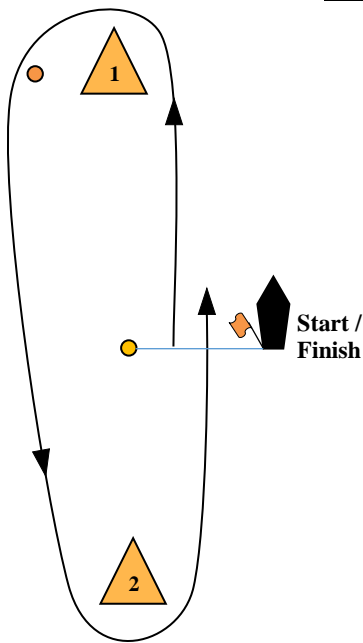
- **Code Flag S** (white flag with blue square) and 2 horn blasts signals a shortened course, the finishing line shall be at a rounding mark, between the mark and a staff displaying flag S. This modifies RRS 32.2.
- **Code Flag N** (blue and white checks) and 3 horn blasts signal abandon race; return to start area. A single horn blast accompanies the lowering of the flag. The warning signal will be made one minute after removal.

- **Code Flag N over Code Flag H** (blue and white checks over white and red vertical stripe) and 3 horn blasts signal abandon race, return to shore.
- 16. RETIREMENT** - A boat that retires from a race shall notify the Race Committee as soon as possible.
- 17. TIME LIMIT** - Boats failing to finish within 15 minutes after the first boat in the class sails the course and finishes will be scored DNF (did not finish). This changes RRS 35.
- 18. PROTESTS**
- 18.1 A boat that protests another boat shall notify the Race Committee with the sail number of the boat they are protesting as soon as possible upon finishing a race.
- 18.2 The Race Committee will post the docking time at the end of racing each day on the official notice board. Protest forms are available at the club and completed protest forms shall be delivered to the Protest Committee no later than one hour after the docking. The same time applies to protests by the Race Committee about incidents they observe in the racing area and to requests for redress. This changes Rules 61.3 and 62.2.
- 18.3 Protests will be heard in approximately the order of receipt as soon as possible.
- 19. SCORING**
- 19.1 The Low-Point Scoring System of Appendix A will apply. There will be one (1) throw-out race for this regatta, unless the regatta consists of less than 6 races, in which case all races shall count. This modifies Appendix A2.
- 19.2 One completed race will constitute a series.
- 20. DISCLAIMER OF LIABILITY** - Competitors in this Invitational are participating entirely at their own risk and are bound by *The Racing Rules of Sailing for 2017-2020 Including US Sailing Prescriptions* and all other rules that govern this event, and assume full responsibility for starting or continuing to race – Rule 4, Decision to Race. The organizing authority, host club and/or personnel conducting this event will not accept any liability for material damages or personal injury or death sustained in conjunction with or prior to, during, or after the event.

# ATTACHMENT "A"

## Course Diagrams

(shown with optional Windward Offset and Leeward Gate)

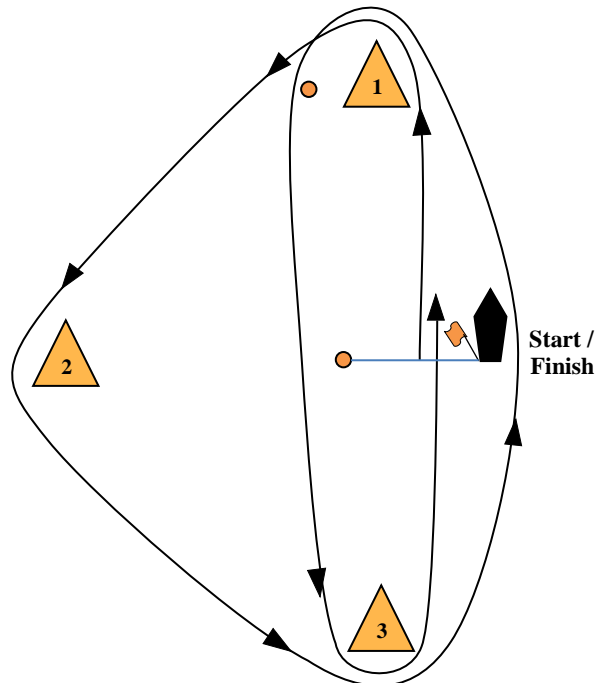
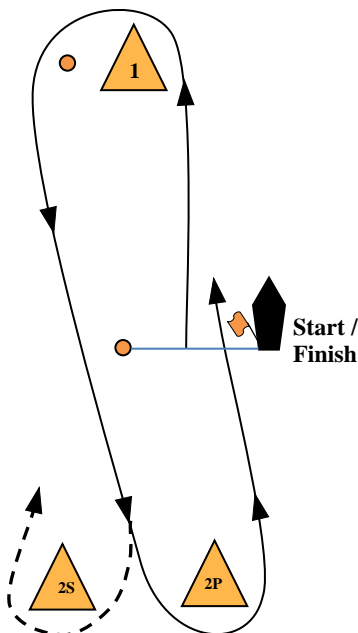


**Course 2** – Windward Leeward Once Around  
 2 marks to be rounded  
 SF - 1 - 2 - SF

**Course 4** – Windward Leeward Twice Around  
 4 marks to be rounded  
 SF - 1 - 2 - 1 - 2 - SF

**Course 3** – Triangle Once Around  
 3 marks to be rounded  
 SF - 1 - 2 - 3 - SF

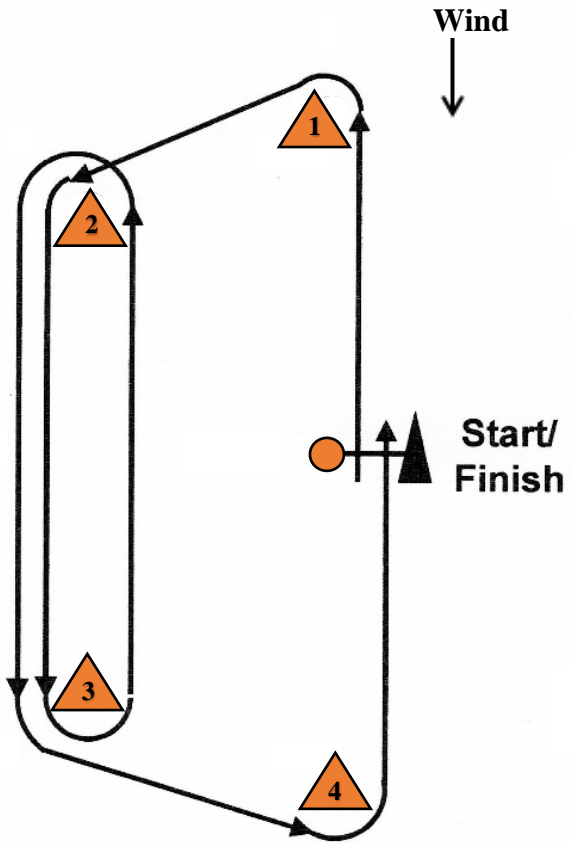
**Course 6** – Triangle Twice Around  
 6 marks to be rounded  
 SF - 1 - 2 - 3 - 1 - 2 - 3 - SF



**Course 2 or 4 with Leeward Gate**

Boats may round either leeward gate mark, but must pass through the gate in a direction away from the windward mark.

**Course 5** – Modified Olympic – Triangle WLW  
 5 marks to be rounded  
 SF - 1 - 2 - 3 - 1 - 3 - SF



**Course 1 Trapezoid including W-L**  
6 marks to be rounded  
SF - 1 - 2 - 3 - 2 - 3 - 4 - SF