

# SAILING INSTRUCTIONS

SOUTHOLD YACHT CLUB  
49<sup>th</sup> Annual World's Longest Sunfish Race Around Shelter Island, NY  
32<sup>nd</sup> Annual Catamaran Race Around Shelter Island, NY  
SATURDAY, July 13, 2019

## **RULES:**

The regatta will be governed by the "rules" as defined by the current Racing Rules of Sailing (RRS), the prescriptions of US Sailing, the rules of the Sunfish and catamaran classes, and by the Sailing Instructions.

## **NOTICES TO COMPETITORS:**

Notices to competitors will be posted near the registration table on the front porch of the Southold Yacht Club (SYC).

## **CHANGES IN SAILING INSTRUCTIONS:**

Changes in sailing instructions will be posted by 10:45 Saturday, July 13, 2019.

## **SCHEDULE:**

Skippers' Meeting for all classes will be held Saturday at 10:45 in front of the SYC clubhouse. (Separate fleet meetings may be held following the general meeting.) Races are scheduled to start at 1130 Sunfish, 1200 Catamarans.

## **TIME LIMIT:**

**There is a 5 hour and 30 minute time limit for any boat to finish.** The 5 hour 30 minute procedure is detailed in the attachment to these instructions.

## **COURSE AND MARKS:**

The course is a one-way traverse of Shelter Island, NY. The RC will determine whether the race direction will be clockwise or counter-clockwise. The direction will be announced at the Skippers' Meeting and posted at the clubhouse. No navigation buoys or other marks need be honored for the purpose of this race.

## **STARTING AND FINISHING LINES AND STARTING SYSTEM:**

The starting line will be in Southold Bay in front of SYC between an inflatable "pin" and a staff displaying a RC flag on the RC boat. The finishing line will be in Southold Bay in front of SYC between an inflatable "pin" and a staff displaying a RC flag on the RC boat. **Note: The starting and finishing lines will be in the same general vicinity but may vary depending on wind and tide conditions.**

**No boat will be scored if it starts 10 minutes after the start of its class.**

*RRS Appendix S three minute dingy start will be used. See addendum. Note that visual signals rule. Sound signals are a courtesy. In case of general recall a new starting sequence will be initiated (no rolling starts).*

## **RECALLS:**

- INDIVIDUAL:** The RC will attempt to hail the sail numbers of OCS boats but the onus to start properly remains with each competitor. RC will fly signal flag X and drop when all competitors have properly started.
- GENERAL:** The RC will hail General Recalls and fly signal flag First Substitute. No rolling starts: after a General Recall a new independent starting sequence will be enacted.

#### **WITHDRAWING FROM THE RACE:**

A boat that withdraws from the race or does not intend to continue to participate in the race shall inform the Race Committee or a safety boat as soon as possible, and report same to Registration before the start, and to the SYC race official on site after the start of the race.

#### **SCORING:**

Low Point Scoring will be used. For the catamaran class, the current US Sailing Portsmouth Yardstick Handicapping System will be used.

#### **SAFETY:**

A U.S. Coast Guard approved PFD must be worn and fastened at all times while on the water. **Any sailor not complying will be disqualified from the regatta.** All boats must carry a 20' tow line; main sheets may be used for this. All boats must fly the colored streamer provided at Registration from the end of their boom, to aid in identification of participants on the water.

***Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own risk. See RRS 4, Decision to Race.***

### **ATTACHMENT TO SAILING INSTRUCTIONS**

#### **FIVE HOUR 30 MINUTE TIME LIMIT RULES AND PROCEDURES**

1. At the five (5) hour mark, any boat that is still in Gardiners Bay between Hay Beach Point and Mashomack Point will be offered a tow back to the Southold Yacht Club (SYC). *Any sailor who declines a tow will be on their own.*
2. At five hours and thirty minutes, any boat that has not sailed past the North or South Ferry (whichever is applicable, based on course direction) will be given the same option as above.
3. At exactly **5 HOURS 30 MINUTES** from the start of each class, the race is over for that class **except as noted below**. The Race Committee will identify the top ten finishers in the following manner:
  - At five hours elapsed race time, the RC will drop a large inflatable mark to establish a finish line. The RC will fly the "shortened course" signal, flag S. This line will be as close as practical to a line parallel to the original finish line and perpendicular to the lead boats.
  - A series of ten short blasts will be sounded and those boats having a reasonable chance to finish within the top ten will be notified (by safety boats) of the shortened course.
  - The order of finish of the first ten boats will be their position as they cross the shortened finish line. The times will be noted as 5:30+ hours.
  - Actual times for the first ten boats will not be recorded.
4. Once the tenth boat has crossed the finish line, the added large inflatable mark will be picked up. All boats will be given the option of a tow back to SYC. *Any sailors who decline a tow will be on their own.*

- 5. In the event that the 10 lead boats are close to the originally set finish line as the 5 hour 30 minute time limit approaches, the Race Committee may decide NOT to shorten the course. Once the tenth boat has crossed the finish line, the added large inflatable mark will be picked up. The decision of the Race Committee is NOT subject to protest.

**To shorten the course**

In the case of adverse conditions such as no wind or severe weather, the RC may decide to shorten the race course. This will be done per RRS 32 **SHORTENING OR ABANDONING AFTER THE START**. However as there are no marks on the course other than the start/finish marks Rule 32.2(b) will be in use. The RC will fly flag S. Safety boats will endeavor but are not obligated to inform boats of the change. Competitors are obligated to leave the RC boat to port and pass within 10 boat lengths.

**This regatta is unique!**

Safety first: A Coast Guard approved life jacket must be worn at all times. **No life jacket=immediate disqualification from the race.**

It is highly recommended to bring adequate water & sun block.

The course is a one-way traverse around Shelter Island. The only “marks” used will be the buoys at the start and finish lines.

The course includes two ferry crossings (North Ferry and South Ferry). Ferries have the right of way at all times. (RRC 48.2) Stay well clear and err on the side of caution.

Sailors are prohibited from advancing by getting out of the boat and walking. (RRS 42.1)  
 (There are some large sandbars in the waters surrounding Shelter Island. Cross them at your own risk. If you must walk your boat off a sandbar **you must go backward** on the course, and not gain any advantage or you are subject to disqualification.)

Weather: Common sense please. The RC and safety boats will attempt to hail all competitors as quickly as possible in the event of lightning or other severe weather threat. Competitors are ultimately responsible for their personal safety. Pay attention to the conditions and use your best judgment.

In the event of severe weather or exceedingly light wind conditions, the RC may delay, shorten or abandon the race. (RRS 32.1) Please refer to the RRS and these sailing instructions for those procedures.

**Starting sequence**

<b>Time until start(mm:ss)</b>	<b>Loud Horn</b>	<b>Description</b>
<b>3:15</b>	<b>5 short</b>	<b>Alert - optional</b>
<b>3:00</b>	<b>3 long</b>	<b>Red Flag up</b>
<b>2:00</b>	<b>2 long</b>	
<b>1:30</b>	<b>1 long 3 short</b>	

<b>1:00</b>	<b>1 long</b>	
<b>0:30</b>	<b>3 short</b>	
<b>0:20</b>	<b>2 short</b>	
<b>0:10</b>	<b>1 short</b>	
<b>0:05</b>	<b>1 short</b>	
<b>0:04</b>	<b>1 short</b>	
<b>0:03</b>	<b>1 short</b>	
<b>0:02</b>	<b>1 short</b>	
<b>0:01</b>	<b>1 short</b>	
<b>0:00</b>	<b>1 long</b>	<b>START / Red Flag down</b>

