



**Hingham Bay Junior Regatta
Hingham Yacht Club, Hingham, MA
July 11-12, 2019**

Hosted by Hingham Yacht Club

SAILING INSTRUCTIONS

1. RULES

1.1 GENERAL. The regatta will be governed by *rules* as defined by the Racing Rules of Sailing (RRS), the rules of the Club 420, Laser Radial and Optimist Classes (except as any of these are altered by the Sailing Instructions), and by these Sailing Instructions.

2. SAFETY

2.1 LIFE JACKETS. Each competitor shall wear and keep fully secured a Coast Guard-approved PFD at all times while afloat. Whistles attached to the PFDs are required. This amends RRS 40.

2.2 In addition to any other safety equipment required by class rules, each boat is required to have appropriate buoyancy devices, and correct numbers properly located on sails. Each Optimist shall have an IRYU plaque, a mast preventer to keep the mast from unstepping in the event of a capsize, a 10 meter painter securely attached to a fixed point on the bow, a bailer tied to the boat, a properly secured dagger board, and a boom bridle span not exceeding 10 cm.

2.3 EARLY RETIREMENT. A boat retiring from a race shall notify a Race Committee vessel before leaving the course, or when that is impossible, shall check in immediately after arrival ashore at the Pilot House, Hingham Yacht Club.

3. **CHECK-IN.** Upon arrival at the racing area, each competitor shall check in with the race committee signal boat by sailing past the stern on a starboard tack and calling out their sail number before the warning signal of the first race each day.
4. **NOTICES TO COMPETITORS.** Notices to competitors will be posted on the official notice board(s) located on the outside wall of the main clubhouse.
5. **CHANGES IN SAILING INSTRUCTIONS.** Any change to the sailing instructions will be posted not later than 30 minutes prior to the actual harbor start on the day it will take effect, except that any change to the schedule of races will be posted by 1900 hours on the day before it will take effect.
6. **SIGNALS MADE ASHORE**
 - 6.1 Signals made ashore will be displayed from the yardarm of the flagpole on the Club deck.
 - 6.2 Flag AP with two sound signals when raised and one additional sound signal when lowered means 'the race is postponed.' When the postponement signal is made ashore, the warning signal will be made not less than 30 minutes after AP is lowered. This changes Race Signal AP.
 - 6.3 International code flag R displayed and accompanied by one sound signal means: "Boats may leave the floats or launching area and proceed to the race area."
 - 6.4 International code flag L displayed and accompanied by one sound signal means: "An official notice has been posted on the notice board."
 - 6.5 Flag B fully hoisted with one sound signal means 'Protest time has begun.' When lowered halfway, it means 'There are less than 30 minutes remaining before protest time ends.' When lowered, it means 'Protest time has ended.'

7. **SCHEDULE OF RACES**

THURSDAY, JULY 11	FRIDAY, JULY 12
<ul style="list-style-type: none">• 0945 Harbor Start• 1030 Warning Signal• 4 races scheduled (more or fewer at discretion of the Race Committee)	<ul style="list-style-type: none">• 0930 Harbor Start• 1015 Warning Signal• 3 races scheduled (more or fewer at discretion of the Race Committee)• No starting sequence to begin after 1400 hours

8. **CLASS FLAGS** - Boats sailing in the Optimist classes must display fleet designation flags from the top of the mainsail. In the Optimist fleet, the fleet designations are Red, Blue, White and Green. Optimist class rules govern eligibility for each fleet.

9. **RACING AREA.** The racing areas are designated on the laminate card provided in the skipper's package at check in.

10. **COURSE.** The courses will be designated by a number from 1-6 displayed from the Race Committee signal boat, and are diagrammed on the laminate card provided in the skipper's package at check-in.

11. **MARKS.** The color and shape of the marks of the course will be announced at the skippers meeting.

11.1 An offset mark may be used with a windward mark. The offset mark will be located approximately 50-100 yards from the windward mark. Boats shall pass the windward mark to port and then pass the offset mark to port. If an offset mark is in place, it must be honored.

12. **THE START**

12.1 Optimist races will be started using "dinghy starts" with sound signals as described on the laminate card provided in the skipper's package at check-in. If the P, I, Z, U and/or Black Flags are in use, they will be raised at the three minute signal and lowered at the one minute signal.

12.2 Club 420 races will be started using the 5-4-1-0 sequence set forth in RRS 26. The 420 class flag will be displayed at the warning of the first 420 Start.

- 12.3** The starting line will be between a staff displaying an orange flag or shape on the Race Committee boat at the starboard end of the line (looking upwind) and the port-end starting mark.
- 12.4** Boats that are not in a starting countdown shall keep clear of the starting area and boats that are in a starting countdown.
- 12.5** The Race Committee will attempt to hail OCS boats after the starting signal. The failure to make or receive such communication shall not be grounds for redress. This changes RRS 41 and 62.1(a).
- 13.** **CHANGE OF COURSE AFTER THE START.** A change of course after the start will be signaled before the leading boat has begun the leg. The Race Committee may shorten the course for any reason. This changes RRS 32.2.
- 14.** **THE FINISH.** The finishing line will be between a staff displaying an orange flag or shape on the Race Committee boat at the starboard end and the course side of a nearby finishing mark at the port end. If Course 3 is in use, the finishing line will be between a staff displaying an orange flag or shape on the Race Committee boat on the port end and a nearby finishing mark at the starboard end.
- 15.** **PENALTY SYSTEM.**
- 15.1** **PENALTY AT THE TIME OF AN INCIDENT.** The following sections of Appendix V shall apply: Penalty at the Time of an Incident; the first two sentences of Rule 44.1 are changed to: “A boat may take a One-Turn Penalty when she may have broken one or more rules of Part 2 or rule 31 in an incident while racing. However, when she may have broken one or more rules of Part 2 while in the zone around a mark other than a starting mark, her penalty shall be a Two-Turns Penalty.”
- 16.** **TIME LIMIT.** The time limit for the first boat in each class to finish is one hour from the start. Boats failing to finish within 30 minutes after the first boat finishes will be scored Did Not Finish without a hearing. This changes RRS 35, 63.1, A4.1 and A5.
- 17.** **PROTESTS**

- 18.1** A competitor intending to protest shall inform the skipper or crew of the protested boat at the first reasonable opportunity. If the protest concerns an incident in the racing area in which a competitor is involved or that a competitor sees, that competitor shall hail "Protest" at the first reasonable opportunity for each party. Protests shall be in writing on forms available at the registration desk and delivered there within protest time, which shall begin when the Race Committee signal boat docks and end 60 minutes later.
- 18.2** Protests will be heard in approximately the order of receipt promptly after the expiration of the protest time.
- 18.3** Protest notices will be posted within 30 minutes of the end of protest time to inform competitors where and when there is a hearing in which they are parties to a hearing or named as witnesses. This posting shall constitute the notification required by RRS 61.1(b) and RRS 63.2. If a competitor has been informed he is being protested it shall be his responsibility to check the official Notice Board to see if he is listed as a protested boat. Failure to check the notice board and or failure to show up at a hearing may result in a hearing held with only one party present.
- 18.4** RRS 66 is changed by adding this sentence: "On the last day of racing, a party to the hearing may ask for a reopening no later than 30 minutes after being informed of the decision." This changes rule 66.
- 18.5** RRS 63.3 is modified as follows: "A boat that is a party to a protest may be represented only by her helmsman or a crew member."
- 18.6** The protest committee may penalize without a hearing a boat that has broken RRS 42, provided that a member of the protest committee or its designated observer has seen the incident. A disqualification under Rule 42 shall not be excluded from the boat's series score. A boat so penalized shall be informed by notification in the race results.
- 19.** **SCORING** - The Low Point scoring system, RRS Appendix A, shall apply, modified so that each boat's series score will be the total of her race scores, with her worst score (other than a disqualification for violation of RRS 2 or RRS 42) discarded if more than five races are completed. Seven races are scheduled, of which one race shall be completed to constitute a series.
- 20.** **SUPPORT (Coach and Spectoator) Person Regulations**

- 20.1** Except when rendering assistance to a boat in danger at that boat's request, or at the request of the Race Committee, coach boats, support boats, spectator boats, and other support personnel shall stay at least 100 yards outside areas where boats are racing, from the time of the preparatory signal for the first fleet to start until all boats have finished or the Race Committee signals an abandonment.

All support boats shall obey the request of official safety boats pertaining to the location of support boats with respect to the competitors. Competitors are responsible for the behavior of their parents and coaches. Violation of this provision may result in disqualification of the competitor or competitors associated with the craft for the race in which the violation occurs. Support personnel — Race Committee, mark and safety boat operators, parents, etc. — are strongly encouraged to wear fully secured PFDs while on the water.

- 20.2** All coach boats and other support boats/support personnel must agree to aid any competitor in distress or requesting assistance of any sort.
- 20.3** Coaches are expected to be good role models for young sailors and conduct themselves accordingly ashore and on the water.
- 20.4** Parents (spectators) who are on the water either in support or coach vessels are considered coaches for the purpose of SI 19. Those parents who serve on race committee vessels (including patrol and safety vessels) may not communicate in any way with their sailors or their coaches from the time the orange starting line flags are displayed until their sailor has finished his or her race (the 'No Communication Period'). The only exception to this rule is when directed by the Principal Race Officer or they are involved with safety and rescue. During periods of time when communication with coaches and /or sailors is permissible, these parents shall not transfer any strategic or tactical information (including audio or video recordings) gained due to their advantageous location on the race course or their access to race committee communications, unless such information is made available to all sailors, coaches and other parents/supporters. Communications of a personal nature (e.g. 'Great race;', ' get something to drink' 'go see your coach' etc.)(are always permissible outside the 'No Communication Period'.

21. DISCIPLINE

- 21.1** Per US Sailing Regulation 10.03 no participant or competitor shall use or possess, either on or off the water: 1) marijuana or any other substance if possession is illegal under state or federal law; or 2) any alcoholic beverages. This regulation is in effect from date and time of arrival through date and time of departure from the venue. The penalty shall be that the

contestant after a proper hearing, be immediately removed from the regatta venue and, where practical, sent home.

21.2 All competitors are expected to maintain the highest level of conduct throughout the entire event. When the Protest Committee, from its own observation or a report received from any source, believes that a competitor may have committed a breach of good manners, a breach of good sportsmanship, unethical behavior or conduct that may bring the sport into disrepute, it may call a hearing. After a proper hearing the penalty may range from a reprimand to dismissal from the regatta and additional action may be taken under RRS 69.

21.3 Hearings will be held generally in accordance with the recommendations of Appendix M5 of the RRS. The officers for hearing a violation will consist of the Chief Judge, acting as chairman of the hearing, the Protest Committee and the event chair.

22 **PRIZES.** Trophies will be awarded for the first three to five places in the Optimist Champ and Club 420 fleets, registrants dependent and for the first three places in each other fleet. For the Club 420 fleet, trophies will be awarded to skipper and crew.

23 **OTHER.** No spinnakers are permitted in the 420 GREEN Fleet. All sail numbers **MUST** reconcile with the sail numbers supplied in the registration.