



2019 NEW ENGLAND 100

Sailing Instructions

Fort Adams State Park, Newport, RI August 9-11, 2019

Organizing Authority: NENSA

Sponsored by: NASA

1 Rules

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing (RRS)*.
- 1.2 Each competing boat shall conform to her Class Rules.
- 1.3 The US Sailing Portsmouth Yardstick shall be used as the handicap system. Neither crew weight nor wind modifications will be used.
- 1.4 The paper copy of the NOR and SIs, posted on the Official Notice Board, shall prevail in the event of a conflict between the paper and any electronic copy.

2 Safety Regulations

- 2.1 Boats are required to check in at the Race Committee (RC) Signal Vessel before the start of the race each day.
- 2.2 Boats must inform the RC (on VHF channel 71 or via cell phone number to be supplied at competitors meeting) immediately upon retiring or making any change of plans other than completing the race course.
- 2.3 All class required safety equipment is mandatory.
- 2.4 Each boat is required to pass a safety equipment inspection, to verify that the following equipment is present, prior to completion of registration. A boat may be inspected at any time during the regatta for compliance with these requirements.
 - 2.4.1 On each sailor: 1 whistle and 1 knife
 - 2.4.2 On each boat:
 - Waterproof chart(s) of entire racing area
 - 1 waterproof flashlight (separate from a cell phone)
 - Compass (and / or GPS)
 - VHF and /or Cell Phone (waterproof or in waterproof case)

Note, it is strongly recommended that each sailor carry a submersible VHF on his / her person.

3 Notices to Competitors

- 3.1 Notices to competitors will be posted on the official notice board. The location will be announced at the competitors meeting.
- 3.2 Sailors are strongly encouraged to monitor VHF channel 71 prior to the start and for 5 minutes thereafter for any RC information. Failure of RC VHF communications shall not be grounds for redress by a boat. This changes RRS 62.1(a).
- 3.3 Class rules restricting the use of radios shall not be grounds for protests during this regatta. This changes RRS 60.1(a).

4 Changes to Sailing Instructions

- 4.1 Any change to the sailing instructions will be posted on the official notice board before 0930 (or removal of AP ashore, whichever is later) on the day it will take effect.
- 4.2 Oral changes may be provided on the water. Code flag L over code flag C will be hoisted to indicate an oral change to the sailing instructions is being communicated.

5 Signals Made Ashore

- 5.1 The location of signals made ashore will be announced at the competitors meeting.
- 5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.

6 Schedule of Races

- 6.1 One distance race each day for (two) consecutive days, event schedule is as follows.

DAY	TIME	EVENT
FRIDAY	1600-1900	Registration & Inspections
SATURDAY	0800-0900	Registration & Inspections
	0900	Competitors Meeting
	1100	Warning Signal
	<i>Dinner following racing</i>	
SUNDAY	0900	Competitors Meeting
	1000	Warning Signal
	<i>Refreshments and awards following racing</i>	

7 Class Flags

- 7.1 All boats will race in a single fleet. Numeral Pennant 1 shall serve as the class flag for the regatta.

8 Racing Areas

- 8.1 The racing area will be Narragansett Bay & Rhode Island Sound, including the East and West Passages and as far north as Providence, RI as far east as Fall River, MA and as far south as Point Judith, RI.

9 Courses

- 9.1 The planned course for each day shall be announced at the competitors meeting and posted by 0930 each morning (or removal of AP ashore, whichever is later).
- 9.2 All posted speed limits shall be observed, including, but not limited to, Newport Harbor, Brenton Cove and the Tiverton Basin. Neither the RC nor the OA assume any responsibility for breaches of any navigational laws by competitors in this regatta.

10 Marks

- 10.1 Marks to be used may include land masses (islands), structures (bridges, lighthouses, etc.), government marks, and/or marks set by the RC.

11 Areas that are Obstructions

- 11.1 The naval facilities at Coddington Cove and Coasters Harbor are surrounded by an Exclusionary Zone. Vessels navigating inside the Exclusionary Zone may face action by Coast Guard and Naval Authorities. In the event that the Exclusionary Zone is marked by white navigational aids, the line between any two of these white buoys and the area that they mark shall be considered an obstruction.

12 The Start

- 12.1 The starting line will be between the staff displaying an orange flag on the RC vessel and a mark (may be an inflatable, government, or local race mark), located in the Newport area.
- 12.2 Location of the start will be posted with the course description.
- 12.3 A boat shall not start later than twenty (20) minutes after her starting signal. Such boats shall be scored Did Not Start (DNS) without a hearing. This changes RRS 63.1 and A5.

13 Recalls

- 13.1 As a courtesy, the RC shall attempt to announce OCS boats via VHF. Neither failure of the RC to make the announcement, nor the order of the announcement, nor failure of a boat to hear the announcement shall be grounds for redress by a boat. This changes RRS 62.1(a).
- 13.2 A boat that is scored OCS shall be assessed a 20 minute penalty to her corrected finish time. This changes RRS A4.2.

14 Changes After the Start

- 14.1 Due to the nature of the race, there is no practical way to change the course once the race is started.
- 14.2 The RC may shorten the race at any mark of the course, per RRS 32.2.

15 The Finish

- 15.1 The finishing line will be between the staff displaying an orange flag on the RC vessel and a mark (may be an inflatable, government, or local race mark), located in the Newport area.
- 15.2 Location of the finish will be posted with the course description.
- 15.3 Pursuant to the US Sailing prescription to RRS 34: If a finishing mark is missing but another one remains in place, the finishing line is a line through the remaining mark at a 90° angle to the last leg and of the shortest practicable length. If the RC is absent when a boat finishes, she should report to the race committee her finishing time and her position in relation to nearby boats at the first reasonable opportunity.
- 15.4 FINISHING ON THE WATER: Boats may be finished on the course at the discretion of the RC. The RC determines the method and order of finishing. This changes RRS 35 and A4 and A5.

16 Penalty System

- 16.1 For all boats, RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.
- 16.2 The penalty, if any, for an infringement of a rule other than a rule of Part 2 will be at the discretion of the Protest Committee and may be other than disqualification. This changes RRS 64.1(a).

17 Time Limits

- 17.1 Time limits to reach key marks of the course will be posted with the course description.
- 17.2 If a boat fails to reach a mark by its designated time limit, she shall:
 - 17.2.1 Immediately attempt to notify the RC (via VHF or phone) of her intended route to return to Sail Newport.
 - 17.2.2 Continue to attempt to notify the RC if unsuccessful on the first attempt.
 - 17.2.3 Advise the RC of changes in status en route to Sail Newport.
- 17.3 Unless she retires, a boat failing to reach a mark by its designated time limit will be scored by adding 20 minutes to the time of the last proper finisher of that day.

18 Protests

- 18.1 Protests shall be written on forms available at the registration table. Protests must be filed with the protest committee within one (1) hour after the last boat in your class finishes.
- 18.2 A notice will be posted on the official notice board within 30 minutes of the protest time limit, listing the parties and witnesses involved in a protest, the approximate order for hearings and the starting time and place for the first hearing.
- 18.3 Due to the nature of the race, if all parties and witnesses are present, protests may be heard prior to all boats finishing.

19 Scoring and Prizes

- 19.1 Scoring will consist of the combined times of both days adjusted with the Portsmouth Handicap System (DPN numbers). Neither crew weight nor wind modifications will be used. The lowest overall corrected time wins.
- 19.2 Prizes will be awarded per the NOR.

20 Assistance

- 20.1 Any boat receiving outside assistance will be scored with a time of 45 minutes added onto the time of the last proper finisher of that day. The RC, US Coast Guard and state or local maritime authorities may decide when a boat needs assistance.
- 20.2 All competitors acknowledge that by entering this race they are competent enough to self rescue themselves from any situation. There are no RC safety boats for this regatta.**
- 20.3 In order to request assistance from the RC, hail on VHF channel 71 or via cell phone.

21 Disclaimer of Liability

- 21.1 By participating in this event and any related activity sponsored or undertaken by NENSA at Sail Newport, the owner, helmsman and each crew member agree: that they understand sailing is an activity that has an inherent risk of serious bodily injury (including permanent disability, paralysis and death by drowning or otherwise), property damage and other economic loss; that the safety of the boat and her crew and the decision whether or not to start or continue to race is solely their responsibility and at their own risk, see RRS 4 "Decision to Race"; that NENSA or Sail Newport, and its volunteers, officers, trustees, members, committees, employees, sponsors, or agents will not be responsible for damage to any boat or other property, or to any participant, including injury or death; and that each of them releases and waives all claims which he or she, or any heir, representative, successor or assignee, may have against NENSA, Sail Newport and its volunteers, officers, trustees, members, committees, employees, sponsors, or agents, arising out of or in any way connected with participation in such race or activity.

A reminder to competitors: Narragansett Bay is a restricted channel and sailing vessels do not have the right of way over a vessel under power which may be restricted in her ability to maneuver.