

# Maryland Yacht Club – Junior Regatta

## July 31, 2019

### Sailing Instructions

1. **Rules:**

The CBYRA Sanctioned High Point junior regattas will be governed by the current RRS, CBYRA, International Optimist Dinghy class rules, International Laser class rules, 420 Class Assoc. rules, except as altered by these sailing instructions.

2. **Notice to Competitors:**

Notice to Competitors will be posted on the Official notice board located in the Pavilion.

3. **Changes to Sailing Instructions:**

Any changes to these SI's will be posted on the Official notice board before 0900 on the day of the change.

4. **Signals Made Ashore:**

Signals made ashore will be at the club's main flag pole. When the flag AP is hoisted ashore, "1 minute" is replaced by "not less than 60 min" in the race signal AP definition

5. **Schedule:**

Registration: 0830

Competitor's Meeting: 0930

First Warning: As soon as all boats are in the starting area

Schedule of races: No races started after 1500

Awards: 1600 or as soon as possible

6. **Class Flags:**

Class flags will be class insignia as shown:



Opti-Green



Opti-RBW



C420



Laser Radial

7. **Courses:**

Courses will be windward leeward courses. See Attachment A.

8. **Race area:**

Course races area will be in the mouth of and within Rock Creek – See Attachment A.

9. **VHF Radio Communications:**

The following VHF channels shall be used for each racing area

Opti Green: 68

Opti R/W/B: 69

C420/Laser: 71

General communication to the OA shall be on VHF Channel 72

10. **Marks:**

Yellow or Orange buoys will be used for all marks, and will be announced at the skippers meeting.

11. **The Start:**

Races will be started using RRS Appendix U, and outline in Attachment B. Staging line will be between the staff displaying an orange flag on the RC committee vessel and the course side of the starting mark.

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Individual and General recalls will be according to RRS 29.1 & 29.2. Starting penalties will be according to RRS 30.

**12. The Finish:**

The finish will be between a staff displaying an orange flag on the RC boat and the course side of the finishing mark.

**13. Time Limit:**

Time limit for first mark – 20 min

Course time limit - 1 hour

Finishing window – 20 min

Race will be abandoned if the Mark 1 time expires

Boats not finishing within the Finishing window will be scored DNS without a hearing. This changes RRS 35.

**14. Protests:**

Protest forms are available on the official notice board in the pavilion

Time limit will be posted on the Official notice board, no less than 30 minutes after the RC arrives at the dock.

**15. Scoring:**

Low point scoring system, RRS Appendix A shall apply

One race constitutes a series

Six (6) races are scheduled. Per five races completed, the boat's worst score will be excluded.

**16. Safety:**

All competitors are required to pass astern of the RC signal boat on Starboard tack, hail their number and receive acknowledgement before the start of race 1 each day.

All competitors and support personal will be required to wear a USCG approved type III lifejacket at all times afloat, abet a brief time when changing clothing. Inflatables are not permitted. Competitors from foreign countries must abide by that country's requirements. Failure to comply will be grounds for team/club DSQ of sailors from all races. **RRS 64.4(b) will be in effect without a hearing. This changes RRS 63.1.**(RRS definition of a support person RRS pg 7). Support/parent/coach vessels shall remain outside the course from the time of the Prep flag until all racers have finished the race.

At all times afloat, all coaches will display in a readable manner, a registered CBYRA coach flag. All coaches will monitor the VHF channel 71 for the RC.

**17. Radio/Electronics:**

The use of GoPro or like recording cameras are acceptable but the use of any type of tracking device, Velocitec, iPhone, Android, etc. is prohibited.

**18. Trash:**

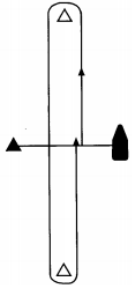
Boats will not put trash in the water. All trash aboard the boats will be contained such that in the event of a capsize; no trash will not float away. Trash will be placed in appropriate receptacles ashore. Breach of this rule will be grounds for DSQ without a hearing. This changes RRS 55 and 63.1

**19. Behavior:**

Participants are expected to act in a sportsmanlike manner at all times on an off the water throughout the entire event. Participants include but not limited to all competitors, support personal and parents. RRS Basic Principles are expected to be followed.

# Attachment A

## Race Courses



Course	Flag Displayed
 <p data-bbox="402 672 641 703">Windward/Leeward</p>	<div data-bbox="896 357 1112 466" style="border: 1px solid black; padding: 5px; text-align: center; margin-bottom: 10px;">W1</div> <p data-bbox="889 472 1122 514"><b>Once Around</b></p> <div data-bbox="896 567 1112 676" style="border: 1px solid black; padding: 5px; text-align: center; margin-bottom: 10px;">W2</div> <p data-bbox="881 682 1130 724"><b>Twice Around</b></p>

## Racing Areas



## Attachment B

### Starting Sequence

Signal	Sound	Time Before Start	Flags Displayed
<b>Warning</b>	3 Long	3 Minutes	<div style="border: 1px solid black; padding: 5px; display: inline-block;">Class Flag</div> UP
<b>Preparatory</b>	2 Long	2 Minutes	<div style="border: 1px solid black; padding: 5px; display: inline-block;">Class Flag</div>  UP
	1 Long - 3 Short	1 Min – 30 sec	
	1 Long	1 minute	<div style="border: 1px solid black; padding: 5px; display: inline-block;">Class Flag</div>  DOWN
	3 Short	30 seconds	
	2 Short	20 seconds	
	1 Short	10 seconds	
	1 Short	5 seconds	
	1 Short	4 seconds	
	1 Short	3 seconds	
	1 Short	2 seconds	
	1 Short	1 second	
<b>START</b>	1 Long	0	<div style="border: 1px solid black; padding: 5px; display: inline-block;">Class Flag</div> DOWN