



Chatham Yacht Club 2019 Regatta

The Oldest and Largest Free Regatta on Cape Cod

SAILING INSTRUCTIONS

1. RULES

The Regatta will be governed by the rules as defined in the current Racing Rules of Sailing.

2. ENTRIES

Competitors may enter the Regatta by registering online through the CYC website (www.chathamyachtclub.wildapricot.org) prior to 1700 EST on Friday August 2, 2019. Boats may also register at CYC on the morning of August 3 prior to 9:15 a.m. Classes racing shall be: Marshall 18-Foot Catboat, 14-Foot Catboat, Day Sailer, 420 (420, 420 Green), Sunfish (Sunfish and Junior Sunfish), Beetle Cat, Baybird, Laser (Laser, Laser Radial, and Laser 4.7), Optimist (Green, Red, Blue, White), and other fleets at the discretion of the Race Committee.

3. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located near the CYC dock or on the CYC bulletin board outside the Clubhouse.

4. CHANGES TO THE SAILING INSTRUCTIONS

Any change to the Sailing Instructions will be posted before 0900 on the day it will take effect. Any change to the schedule of races will be posted by 1800 on the day before it will take effect.

5. SIGNALS MADE ASHORE

Signals made ashore will be displayed from the flagpole located at the end of the CYC dock. If a postponement is signaled ashore, the warning signal for the first race will be made not less than 20 minutes after the AP is lowered.

6. SCHEDULE OF RACES

A competitors' meeting will be held at 0930 on Saturday August 3, 2019. The warning signal for the first race shall be approximately 1000 on Saturday and 0930 on Sunday.

7. CLASS FLAGS

Class flags for each class shall be the class insignia except for the 18-Foot Catboats which shall be "C-18", 14-Foot Catboats which shall be "C-14," the Beetle Cats which shall be "BC," and Baybirds which shall be "Bay."

8. CHECK IN BEFORE START

Boats shall check in before their first start of each day with the Race Committee at their classes' designated area. Boats that withdraw from a race or decide not to start after coming to the racing area shall advise the Race Committee as soon as reasonably possible.

9. RACING AREA

The racing area will be Pleasant Bay in three different areas. The Race Committee may change which classes are assigned to each area after registration.

Area A: Classic Boats: Sunfish, Beetle Cats, Catboats (and Baybirds if at least three boats are registered) will sail on the course established by the Committee Boat flying a red flag under its Race Committee flag. **Marks for this area shall be short (32") inflatable yellow cylinders.**

Area B: Performance Boats: Day Sailers, Flying Scots, 420s, and Lasers will sail on the course established by the Committee Boat flying a green flag under its Race Committee flag. **Marks for this area shall be tall (48") inflatable orange cylinders.**

Area C: Optimists will sail on the course established by the Committee Boat flying a white flag under its Race Committee flag. **Marks for this area shall be short (32") inflatable orange cylinders. The Race Committee may use a smaller pink ball as the starting and finishing mark.**

10. COURSES and MARKS

The diagrams in Attachment A with identifying letters show the basic courses, including the order in which marks are to be passed and the side on which each mark is to be left. The identifying letter of the basic course selected will be displayed from the Race Committee boat at each area before or with the warning signal. Courses M, W, D, and Z may be modified by additional laps around the course. When modified, the course posting will show numerically the number of laps to be sailed, (e.g. M2, W2, D2, Z2). **If a second lap is posted for M2, D2, or Z2 then the start/finish line is closed except when starting or finishing.** Note that the course T 1 1/3 will indicate a "triangle windward" course with a start at the leeward mark and a finish at the windward mark. The approximate magnetic bearing from the Race Committee Boat to Mark 1 **may** be displayed on the Race Committee Boats for areas A and B. The starting and finishing marks for courses D, M, and F are not marks of the course except when starting and finishing. The Race Committee may choose to run these courses with starboard roundings by displaying a green square after the course letter, indicating that all marks are to be left to starboard including the start and finish marks.

11. STARTING AND FINISHING LINES; STARTING SYSTEM

11.1 The starting and finishing lines will be between the flagstaff displaying the Race Committee flag aboard the Race Committee Boat and the course side of a nearby mark. Area B may choose to have the start between the flagstaff displaying the Race Committee flag aboard the Race Committee Boat and the flagstaff displaying an orange flag aboard an anchored patrol boat.

11.2 The finish line will be between the flagstaff displaying the blue flag aboard the Race Committee Boat and the course side of a nearby mark (a round ball) on the opposite side of the committee boat from the starting mark.

11.3 Races will be started using Rule 26 of the RRS. The Race Committee may elect to start the classes in any order. The first start for Area B shall be the 420 Fleet and the second shall be 420 Green Fleet. The first start for Area C shall consist of the Optimist Red, Blue, and White Fleets together and the second shall be the Optimist Green Fleet.

12. RECALLS

Individual recalls will be indicated by a single sound signal after the starting signal and display of Code Flag "X". A general recall will be indicated by two sound signals following the starting signal and display of the First Substitute flag.

13. CHANGE OF THE NEXT LEG OF THE COURSE

To change the next leg of the course, the Race Committee will lay a new mark (or move the finish line) and remove the original mark as soon as practicable (for Area A the change mark will be yellow with a black stripe, for Area B the change mark will be yellow, and for Area C the change mark will be orange with a black stripe). The change will be signaled before the leading boat has begun the leg, although the mark may not yet be in the new position. Any mark to be rounded after rounding the moved mark may be relocated without further signaling to maintain the course configuration. This modifies RRS Rule 33.

14. TIME LIMIT

All races shall have a 90-minute time limit for the first boat to finish. Boats finishing more than 30 minutes after the first boat that sails the course finishes will be scored Did Not Finish without a hearing. This modifies RRS Rule 35.

15. PROTESTS

Protest forms will be available at the registration desk. Protests shall be delivered in writing to the Race Committee at the registration desk within 30 minutes after the Race Committee arrives at the dock after each morning or afternoon's races. The protest time limit and a list of protests received will be posted on the bulletin board. Hearings will be held as soon as possible after racing each day. Saturday protests that are not heard on Saturday will be heard at 0800 on Sunday. The Protest Committee may award a penalty other than a Disqualification for infractions outside of Part 2, including a warning. This modifies RRS Rule 64.1 (a).

16. SCORING

The Low Point System of Appendix A of the RRS will apply. If five or more races are completed in a series, the highest

score for each competitor will be dropped from its final score. One race is required to be completed to constitute a series. Since the 420, Laser, Sunfish, and Optimist (Red, Blue, and White) classes each sail in combined fleets, the 420 Green fleet, Junior Sunfish, Laser Radial, Laser 4.7, and Red, Blue, and White Optimist fleets will be scored according to official USODA policy, which is “overall scoring” – places in those classes will be determined by looking at the overall results from each fleet.

17. LIFE JACKETS

Coast Guard-approved Personal Flotation Devices must be worn and fully secured at all times while afloat except for brief periods of time during which clothing is added or removed. This modifies Rule 40.

18. REEFING

18.1 Reefing: When Code Flag “F” is displayed, Beetle Cats and 14-Foot Catboats must carry a reef and 18-Foot Catboats must carry two reefs.

18.2 No Spinnakers: When Code Flag “V” is displayed, spinnakers shall not be used.

19. CREW AND SAIL SUBSTITUTIONS

19.1 Substitutions and changes in the crew of a boat during the Regatta are allowed as long as the change made is not made to obtain a competitive advantage over other boats. This includes allowing “co-skippering.” One member of each boat’s crew must sail every race of the Regatta. Laser sailors must use the same size sail for the entire Regatta.

19.2 Crew

- a. Minimum crew is two except for single-handed classes (Sunfish, Laser, Optimist, and 14-Foot Catboats) and three for Flying Scots.
- b. Maximum crew is:
 - Day Sailers and 18-Foot Catboats – 4 adults
 - Sunfish, Lasers, and 420s – 2 adults or 2 children (or one of each)
 - Beetle Cats and 14-Foot Catboats – 3 adults or 2 adults and 2 children
 - Handicap – same as Beetle Cats
- c. For this instruction, anyone over 15 will be considered an adult.

20. COACHING, SPECTATING, SAFETY BOATS.

20.1 Coaching will be allowed between races.

20.2 Coaches, parents, and spectators may not interfere with the racers. Doing so may be grounds for removal of sailors connected to you from the Regatta. This provision modifies Rule 64.4.

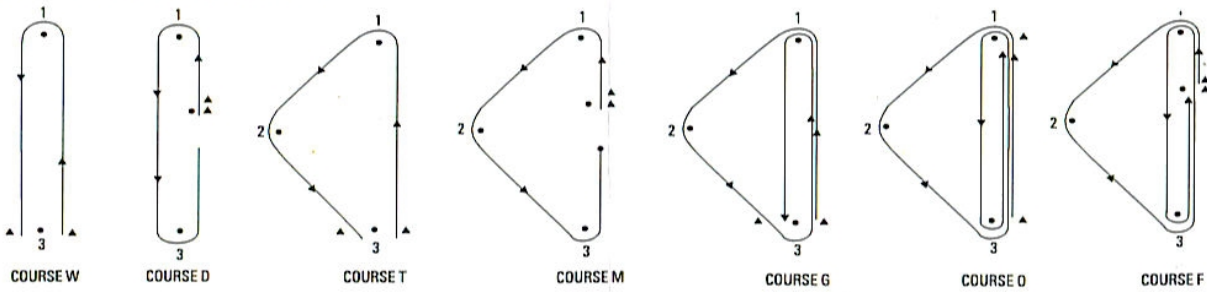
20.3 All spectator and/or coach boats must register online prior to the Regatta or with the Race Committee on the day of the Regatta. Only boats that have registered with the Race Committee and carry identification satisfactory to the Race Committee will be allowed in the race area. Coaches and other Support Persons shall neither create wake nor otherwise interfere with competitors.

20.4 All spectator and/or coach boats are expected to act as safety boats at the direction of the Race Committee.

20.5 Coaching will be allowed in the 420 Green, Optimist Green, and the Junior Sunfish fleets during any given race only at the discretion of the Race Committee (indicated by verbal instruction to a Patrol Boat) as follows: Coaching of 420 Green, Optimist Green, or Junior Sunfish skippers while racing is permitted but limited to skippers in the bottom half of the fleet in any given race. Coaches shall provide fair and consistent support to all competitors, not just their team or sailor. Violation of this instruction may result in any penalty that the jury deems appropriate, up to and including the disqualification of the coached skipper from the Regatta. This modifies RRS Rules 41 and 64.4.

20.6 Except as stated above, coaching is NOT permitted while boats are racing. Team leaders, coaches, and other support personnel shall stay outside the race area from the time of the preparatory signal for the first class to start until all boats on that line have finished that race or the Race Committee signals a postponement, general recall, or abandonment.

Attachment A: Course Diagrams



<u>LETTER</u>	<u>COURSE DESCRIPTION</u>
W	Windward, leeward
D	Windward, leeward, with start and finish in middle of leg
T	Triangle
M	Triangle, with start and finish in middle of leg
O	Triangle followed by windward, leeward, windward (Olympic)
G	Triangle followed by windward, leeward (Gold Cup)
F	"O" with start and finish in middle of leg (Modified Olympic)

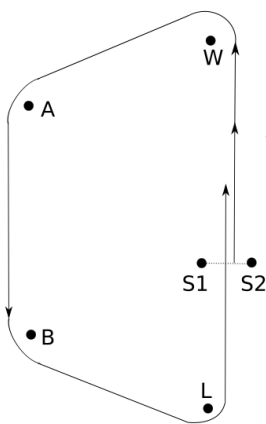
The starting and finishing marks for courses D, M, and F are not marks of the course except when starting or finishing.

Courses M, W and D may be modified by additional laps around the course. When one of these courses is modified, the course posting will show numerically the number of laps to be sailed, (e.g. M2, W2, D2,). **If a second lap is posted for M2, D2, or Z2 then the start/finish line is closed except when starting or finishing.** Note that the course T 1 1/3 will indicate a "triangle windward" course, with a start at the leeward mark and a finish at the windward mark.

The Race Committee may choose to run these courses with starboard roundings by displaying a green square after the course letter, indicating that all marks are to be left to starboard including the start and finish marks.

Attachment B: Trapezoidal Course Diagrams

Course Z



Course ZD

Using the same diagram below, the marks will be rounded in this order: W – A – B – A – B – L - finish

Start line is between S1 and S2 (one of which will be the committee boat).

Marks W, A, B, and L are all to be rounded to port (unless starboard roundings are indicated – see 10.)

If the course is Z2 or ZD the boats shall NOT pass between S1 and S2 except to start or finish the race.