

SAILING INSTRUCTIONS

SOUTHOLD YACHT CLUB Sunfish New York Downstate Championship August 10 & 11, 2019

RULES:

The regatta will be governed by the “rules” as defined by the current Racing Rules of Sailing (RRS), the prescriptions of US Sailing, the rules of the Sunfish class, and by the Sailing Instructions.

NOTICES TO COMPETITORS:

Notices to competitors will be posted near the registration table on the front porch of the Southold Yacht Club (SYC).

CHANGES IN SAILING INSTRUCTIONS:

1. All amendments to the SI's will be posted on the notice board outside the Southold Yacht Club adjacent to registration by 10:30am each day of competition.
2. When the “L” flag is flown all competitors shall come alongside the signal boat for verbal amendments.
3. All competitors shall check in at the signal boat prior to the first race each day of competition.

SAILING AREA:

The sailing area will be in Southold Bay.

SCHEDULE:

Saturday, August 10th

0830 to 1030 Registration, check-in & Breakfast

1045 Skippers Meeting

1130 Start of first race

Five races are scheduled, weather permitting.

Post-race Buffet and cold drinks

Sunday, August 11th

0900 to 1030 Continental Breakfast.

1100 Start of first race

Three races are scheduled, weather permitting.

Post-race Awards, buffet and cold drinks

Eight (8) races are scheduled, of which a minimum of one race must be completed to constitute a regatta.

TIME LIMIT:

The time limit for each race will be 1 hour. Competitors who have not finished at the 1 hour limit will be scored DNF. No race shall start after 1500 on Sunday.

In the event of severe weather or exceedingly light wind conditions, the RC may delay, shorten or abandon the race. (RRS 32.1) Please refer to the RRS those procedures.

COURSE AND MARKS:

Courses are at the discretion of the race committee, and may include windward/leeward, triangle, modified Olympic, and variations on same. Competitors can only sail through the start/finish line while starting or finishing, aka the gate is closed.

Courses will be indicated by number flags, as noted below. A courtesy hail of the courses will be made. Failure to hear the courtesy hail will not be a cause for redress. See addendum for illustration of courses.

Course #1: windward/leeward/finish

Course #2: windward/leeward/windward/leeward/finish

Course #3: triangle/finish

Course#4: modified Olympic aka triangle/windward/leeward/finish

Course #5: Harry Anderson

*A gate may be added to the leeward mark at the Race Committee's discretion.

Marks shall be inflatable yellow or red buoys. The pin mark may be a larger inflatable cylinder.

STARTING AND FINISHING LINES AND STARTING SYSTEM:

The committee boat will display a blue RC flag, and an orange flag on the committee boat and an orange or yellow buoy will define the start/finish line.

Boats are not eligible for redress for the following: Failure to make a recall hail; failure to hear a recall; the order of recall numbers; or the timeliness or promptness of the hail. This modifies RRS 62.

No boat will be scored if it starts 5 minutes after the start of its class.

RRS Appendix S three minute dinghy start will be used. See addendum. Note that visual signals rule. Sound signals are a courtesy. In case of general recall a new starting sequence will be initiated (no rolling starts).

RECALLS:

INDIVIDUAL: The RC will attempt to hail the sail numbers of OCS boats but the onus to start properly remains with each competitor. RC will fly signal flag X and drop when all competitors have properly started.

GENERAL: The RC will hail General Recalls and fly signal flag First Substitute. No rolling starts: after a General Recall a new independent starting sequence will be enacted.

WITHDRAWING FROM THE RACE:

A boat that withdraws from the race or does not intend to continue to participate in the race shall inform the Race Committee or a safety boat as soon as possible.

SCORING:

Low Point Scoring will be used. There will be one discard when eight or more races are completed. A DSQ cannot be discarded.

SAFETY:

A U.S. Coast Guard approved PFD must be worn and fastened at all times while on the water. **Any sailor not complying will be disqualified from the regatta.** Weather: Common sense please. The RC and safety boats will attempt to hail all competitors as quickly as possible in the event of lightning or other severe weather threat. Competitors are ultimately responsible for their personal safety. Pay attention to the conditions and use your best judgment.

Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own risk. See RRS 4, Decision to Race.

PROTESTS AND REQUESTS FOR REDRESS:

The time limit for filing a notice of protest or request for redress is 30 minutes after the Race Committee boat has returned to shore at the end of the day's racing. The Protest form or request for redress must be given to the regatta PRO at this time. As a courtesy protest forms can be found on the race committee board inside the SYC club house.

REGATTA OFFICERS:

Beth Fleisher, Race Committee Chair, SYC
Paul Nardone, US Sailing PRO

ADDENDUM TO SAILING INSTRUCTIONS

Starting sequence

Time until start(mm:ss)	Loud Horn	Description
3:15	5 short	Alert - optional
3:00	3 long	Course Flag up
2:00	2 long	
1:30	1 long 3 short	
1:00	1 long	
0:30	3 short	
0:20	2 short	
0:10	1 short	
0:05	1 short	
0:04	1 short	
0:03	1 short	
0:02	1 short	
0:01	1 short	
0:00	1 long	START / Course Flag down

