



**2020 USSCMC Crossroads Regatta**  
January 18, 2020  
Sailing Instructions  
US SAILING Center of Martin County  
1955 NE Indian River Dr. Jensen Beach, FL 34957



## 1. RULES

- 1.1 This regatta will be governed by the current ISSA Procedural Rules and SAISA Supplementary Rules, *The Racing Rules of Sailing*, the prescriptions of US SAILING, the Notice of Race, and as modified by these Sailing Instructions.

## 2. NOTICE TO COMPETITORS

- 2.1 Notices will be posted on the Official Notice Board at the US Sailing Center of Martin County.

## 3. CHANGES IN THE SAILING INSTRUCTIONS

- 3.1 Any changes in the Sailing Instructions will be posted on the Official Notice Board by the end of the competitors meeting on Saturday.

## 4. SCHEDULE OF RACES

- 4.1 Saturday, January 18
- |      |                                     |
|------|-------------------------------------|
| 0900 | Arrival and check-in, boat rigging  |
| 0930 | Competitors' meeting                |
| 1000 | Start of first race of the day      |
|      | Cookout to follow the day of racing |

## 5. BOATS

- 5.1 This regatta will utilize 12 USSCMC 420s with sails. Private boats are welcome after twelve teams are registered.
- 5.2 The shroud standing rigging should be set in the 3rd hole aft down from the top (or the same rake dimension if shroud lengths differ), the travelers shall be fixed/tied at the centerline and mast steps shall be in the 2nd position from the front. In addition, these settings may not be changed at any time during the course of the regatta
- 5.3 Standing rigging shall not be adjusted once rigged.
- 5.4 Equipment problems should be reported to a race committee representative as soon as possible. Breakdowns will be handled per ISSA procedural rules.

## 6. RACING FORMAT

- 6.1 This will be a single-division regatta; teams will stay in the boat they start with; however, teams of 3 may rotate positions in the boat between races. There will be no additional time allotted for teams to rotate their sailors.
- 6.2 Teams with more than 2 sailors will at no time race with more than two persons in a boat.
- 6.3 Competitors should expect numerous short races. It shall be the goal of the race committee to complete as many races as possible for the day.
- 6.5 One race constitutes a regatta.

## 7. SIGNALS MADE ASHORE

- 7.1 Signals made ashore will be displayed on the flagpole at the of the USSCMC dock.
- 7.2 When AP flag is displayed ashore, '1 minute' is replaced with 'not less than 15 minutes' in the race signal AP.

## 8. RACING AREA

- 8.1 The racing area will be on the Indian River adjacent to the Sailing Center.

## 9. ROTATION

- 9.1 After each set of two races teams with three sailors may rotate boats provided the skipper always remains as JV skipper.
- 9.2 Boats will be identified by the sail number.

## **10. THE COURSE**

- 10.1 Courses shall be approximately 15 minutes in length.
- 10.2 Course diagrams can be found in Appendix A.
- 10.3 The courses will be announced orally.
- 10.4 Rounding marks will be red marks

## **11. START**

- 11.1 The starting line will be between a staff displaying an orange flag on the race committee boat, and a yellow mark.
- 11.2 Races will be started in accordance with ISSA Procedural Rule 7.8 which states: RRS Appendix U – Sound Signal Starting System shall be used.

## **12. RECALLS**

- 12.1 The Race Committee may also attempt to notify individual boats by hailing their sail numbers.

## **13. THE FINISH**

- 13.1 The finish line will be between a staff displaying a flag on the Race Committee Finish boat and a yellow finishing buoy.
- 13.2 If one or more boats are unreasonably delaying the completion of a race, the race committee may score the boat(s) in place and terminate the race. This changes RRS 35 and A4.

## **14. SAFETY AND CONSERVATION**

- 14.1 A boat which retires from a race is asked to notify the race committee before leaving the course area.
- 14.2 Competitors who require assistance from a safety boat should so signify by waving their arms overhead.
- 14.3 Competitors are strongly encouraged to use reusable water bottles. Multiple coolers of cold water will be available for refilling.

## **15. SCORING**

- 15.1 Scoring will be in accordance with ISSA Procedural Rule 9 and 11.
- 15.2 One race constitutes a regatta

## **16. PROTESTS AND REQUESTS FOR REDRESS**

- 16.1 Protest procedure will be in accordance with ISSA Procedural Rules Section 16.
- 16.2 Procedure and compensation for breakdown points shall be in accordance with ISSA Procedural Rule 9(e) and ISSA Appendix 3.

## **17. COACHING**

- 17.1 If possible, the host will provide safety boats for coaches to share in order to be on the water. If it is not possible to offer this to all coaches, then all coaches will be required to remain on shore during racing.
- 17.2 Provided all coaches are given the opportunity on the water, then coaching, crew rotations, exchange of clothing / food / drink, and communication will be allowed on the water outside of the race course.