



**2019 Junior Ol' Man of the Sea Regatta**  
September 28-29, 2019  
Fort Worth Boat Club  
1000 Boat Club Road, Fort Worth, TX 76179  
Revised 09.16.19

## **Sailing Instructions**

### **1. RULES**

- 1.1. The regatta will be governed by the rules as defined in *The Racing Rules of Sailing (2017-2020)*.
- 1.2. The Texas Youth Racing Circuit Conditions apply and are available on the web site at <http://www.txsail.org/> . A copy will also be available at the regatta site.
- 1.3. The rules for all classes are altered so that membership in a class organization is not required.
- 1.4. Racing Rule 49.1 is changed to allow the use of hiking pants.
- 1.5. All boats shall have sail numbers which match the registration form and are identifiable and readable from both sides of the sail. Sail numbers meeting class standards are required.
- 1.6. Appendix P - Special Procedures for Rule 42, will apply to all fleets except Opti Green. However, P2.1 will apply for all penalties, P2.2 and P2.3 are deleted.

### **2. ELIGIBILITY**

- 2.1. The regatta is open to all boats of the Optimist, Laser (Radial and 4.7), and Double-handed (420 Club, 420 Collegiate, I-420) classes. All classes are "Bring your own boat". A minimum of three (3) boats is required to form a fleet for a class.
- 2.2. The regatta is open to all junior sailors who are less than twenty years of age and who do not turn twenty years of age during this calendar year.

### **3. NOTICES TO COMPETITORS**

Notices to competitors will be posted on the official notice board located on the porch at the front of the Dogie Room next to the FWBC office. See attachment A, Figure 1.

### **4. CHANGES TO THE SAILING INSTRUCTIONS**

- 4.1. Any changes to the sailing instructions will be posted on the official notice board before at least one hour before the warning signal for the first race on the day that they will take effect.
- 4.2. For the Optimist Green Fleet only, oral changes may be made by the Race Committee on the water prior to the time of the warning signal of any race upon the raising of signal flag "L" with one sound.

### **5. SIGNALS MADE ASHORE**

- 5.1. Signals made ashore will be displayed from the harbor flagpole.



5.2. When signal flag “AP” is displayed, “1 minute” is replaced with “not less than 30 minutes” in race signal AP. This changes Race Signal AP. DO NOT leave the club area.

## 6. SCHEDULE OF RACES

6.1. Subject to the discretion of the Race Committee, six or more races are scheduled.

6.2. Completion of one (1) race shall constitute a TSA Youth Circuit Regatta.

### Saturday, September 28, 2019:

0930	Skipper’s Meeting at the Jr. Sailing Dogie Room (Attendance Mandatory)
1000	Harbor Start
1100	Warning Signal for the first race, additional races to follow
Between Races	Lunch will be served on the water, subject to change due to weather.

### Sunday, September 29, 2019:

0900	Harbor Start
1000	Warning Signal for the first race, additional races to follow

6.3. No Warning signal for a race will be given after 1300 on Sunday

6.4. Attendance at the skippers meeting at 0930 on Saturday is mandatory.

## 7. CLASS FLAGS AND ORDER OF STARTS

7.1. The class flags shall be assigned by the race committee and posted prior to the skippers meeting.

7.2. The order of the starts shall be at the discretion of the Race Committee.

## 8. RACING AREA

8.1. The general racing area is shown in Attachment A, Figure 2.

8.2. Three racing areas will be set. Optimist red, white and blue fleets will be in Racing Area 1. Optimist green will be in Racing Area 2. All other fleets will be in Racing Area 3. The location of the racing areas will be announced at the Mandatory Skippers Meeting.

8.3. Boats shall not sail between the marker buoys surrounding the Azle water pump station because of the Regulations of the Tarrant Regional Water District. This area is designated as an Obstruction.

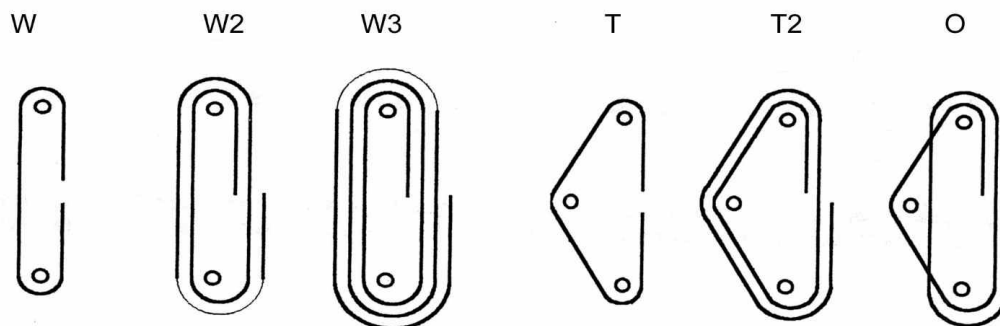
## 9. CHECK IN ON THE WATER

Prior to the first warning signal of the competitor’s fleet of the day, each competitor shall sail past the stern of the Race Committee Boat on starboard tack, hail its sail number and be acknowledged by the Race Committee.

Failure to do so will result in a 20% penalty for the first race of the day.

## 10. RACE COURSES

- 10.1. There will be three (3) types of race courses as follows: “W” (windward/leeward) – windward, leeward, windward to finish; “T” (triangle) – windward, reach, reach, windward to finish; or “O” (Olympic) – windward, reach, reach, windward, leeward, windward to finish. Multiple time around the course will be designated by the number following the “T” or “W”.
- 10.2. The following diagrams show the courses to be sailed and the order in which the marks are to be rounded:



- 10.3. Unless a race is shortened in accordance with the Rules, the start/finish line will be in the middle of the windward leg. During the race, if the Race Committee boat is displaying an orange flag on a staff, the start/finish line is restricted and will be an obstruction, except to finish. Boats that sail through the obstruction will be scored points equal to DNF, unless they properly unwind.

## 11. MARKS

- 11.1. For Racing Area 1, rounding marks shall be yellow tetrahedrons. Start/finish marks shall be red/orange spheres. New marks will be orange tetrahedrons.
- 11.2. For Racing area 3, rounding marks shall be orange tetrahedrons. Start/finish marks shall be red/orange spheres. New marks will be yellow tetrahedrons.
- 11.3. For Racing Areas 1 and 3, to change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced with the original mark.
- 11.4. For Racing Area 2, rounding marks shall be green spheres. To change the next leg of the course, the race committee will move the original mark (or the finish line) to a new position.

## 12. THE START



- 12.1. Races will be started in accordance with Rule 26. A series of short signals may be made before any starting sequence begins to attract attention.
- 12.2. At the discretion of the Race Committee, the starting line shall be between a staff displaying an orange flag on the Race Committee Signal Boat and a) a staff displaying an orange flag on an anchored boat at the port end of the starting line, or b) the course-side of the starting mark.
- 12.3. A boat may not start later than five (5) minutes after the starting signal for its class. Boats attempting to start after this time shall be scored DNS. This changes Rule A 4.1.
- 12.4. Boats whose warning signal has not been made shall keep clear of both the start line and all boats whose warning signal has been made.

### **13. RECALLS**

Recalls will be signaled in accordance with Rule 29. The Race Committee intends to hail the sail numbers of OCS boats after the starting signal. The failure of any boat to hear the hail, an untimely hail of OCS boats, failure to hail any boats, and the order of the boats in the hail shall not be grounds for granting redress. This changes rules 41 and 62.1.

### **14. THE FINISH**

The finish line shall be between a staff displaying an orange flag on the Race Committee Signal Boat and the course-side of the finish mark.

### **15. TIME LIMIT**

- 15.1. The time limit for each race will be sixty (60) minutes for the first boat to finish.
- 15.2. Boats failing to finish within 20 minutes after the first boat in their fleet will be scored two (2) points more than the last boat to finish within the time limit but in any case no more than a score of DNF; However, at its discretion, the Race Committee may finish any boat in place and it will be scored based on its position on the race course. This modifies Rules 32 & 35.
- 15.3. A race may be abandoned by the Race committee if the leading boat has not rounded the first mark within 20 minutes of the start. This modifies Rule 32.

### **16. PROTESTS AND REQUESTS FOR REDRESS**

- 16.1. A boat intending to file a protest for an incident occurring in the racing area shall inform the race committee finish boat of its intent to protest immediately after finishing.
- 16.2. An Optimist boat intending to protest must fly a protest flag in accordance with 61.1(a). This changes rule 61.1(a) (2).
- 16.3. Protests shall be in writing. Protest forms are available at the Protest Committee Desk on the porch at the front of the Doggie Room. Protests and requests for redress or reopening shall be delivered there within sixty (60) minutes after the Race Committee Boat docks.



- 16.4. Before any protest is heard, a pre-hearing with one Judge, the Protestor and Protestee will be conducted. If these three can unanimously agree on a resolution of the protest within fifteen (15) minutes, no protest hearing will be held. If the pre-hearing participants agree that the protested or protesting boat infringed a rule, that boat may take the scoring penalty set forth below by completing a report indicating acceptance of the penalty and submitting it to the protest committee. If the protest is not resolved during the pre-hearing, a full protest hearing will be conducted according to the Racing Rules Part 5. The person who served as mediator may not serve on the protest committee. This modifies Rules 63.1 and 63.2.
- 16.5. Any boat accepting a scoring penalty in a pre-hearing will receive a penalty score equal to the score she would have received without that penalty, made worse by the whole number (rounding .5 upward) nearest to 40% of the number of boats racing in the race in which the infringement occurred, except that it shall not be scored worse than DNF. The scores of the other boats in the race shall not be changed; therefore two boats may receive the same score.
- 16.6. The protest time limit and a list of protests will be posted on the official notice board within thirty (30) minutes of the end of protest time. This posting constitutes the notification required in Rule 61.1(b) and 63.2.
- 16.7. A boat is not permitted to protest another boat for breaking sailing instructions 10, 19, 20 & 21. This changes Rule 60.1(a). The penalty for breaking these instructions may be less than disqualification at the discretion of the protest committee.
- 16.8. Parents, coaches, advisors, etc. not competing in the event will not be permitted to participate in or monitor pre-hearings. If the protest committee decides to hold open hearings these individuals will be permitted to monitor protest hearings within the constraints required by the RRS.

## **17. SCORING**

- 17.1.1. The Low Point Scoring System, Appendix A will apply, modified so that each boat's series score will be the total of her race scores with her worst score excluded if five (5) or more, but not ten (10), races are completed; if ten (10) or more races are completed the two worst scores will be excluded.
- 17.1.2. The regatta shall be scored as a whole with all boats receiving scores according to recorded finish position regardless of whether the sailor meets the age requirement of a junior sailor under the Texas Youth Racing Circuit Conditions. "Overall Scoring" shall be used to determine the finish place of each junior aged sailor for purposes of junior awards and junior place finish in the regatta.



Awards for adult sailors (i.e. those sailors who exceed the junior age eligibility limit) are at the host club's discretion.

**18. DISPOSAL OF TRASH**

Boats observed purposefully discharging trash into the water will either be disqualified from all races sailed on the day the infraction is observed or be subject to other suitable disciplinary action or both.

**19. SAFETY**

19.1. A U.S. Coast Guard approved personal buoyancy device will be worn by all competitors while on the water. Wet or Dry suits are not considered adequate buoyancy devices for this purpose. All buoyancy devices shall be worn on the outside of all clothing.

19.2. A competitor who withdraws from a race or does not intend to start a race shall inform the Race Committee as soon as possible. This may also be accomplished by the competitor returning to the club and notifying the Race Committee by radio from the club.

**20. SUPPORT BOAT RESTRICTION**

20.1. Team leaders, coaches, parents and other support personnel shall keep at least Two Hundred (200') feet away from all competitors and shall not communicate with any racing competitor from the time of the preparatory signal for the first class to start a race until after the competitor has finished or the Race Committee signals a postponement or abandonment. The Race Committee, at its discretion, may deem a violation of this provision to be a violation of Rule 2 and may impose a penalty which will be a scoring penalty per Rule 44.3(c) applied to the finishes in the next race sailed of all boats associated with the support personnel who have violated this provision.

20.2. Support boats shall neither create wakes nor otherwise interfere with competitors.

20.3. Optimist Green Fleet: Notwithstanding 21.1, coaching of Green Fleet Optimist skippers while racing is permitted, however coaching shall be limited to skippers in the bottom half of the fleet in any given race. Coaches shall provide fair and consistent support to all competitors, not just their team or sailor.

**21. TROPHY PRESENTATION:** Trophy presentations will be held on Sunday afternoon approximately one hour after the last race or when protest hearing(s) are completed. There will be three (3) places awarded for each fleet within a class. There will be an overall award for the top Three (3) places in the Optimist Red / White / Blue fleets. Each competitor in the Optimist Green fleet will receive a participation award.

**Above all, HAVE FUN!!!**

# Attachment A

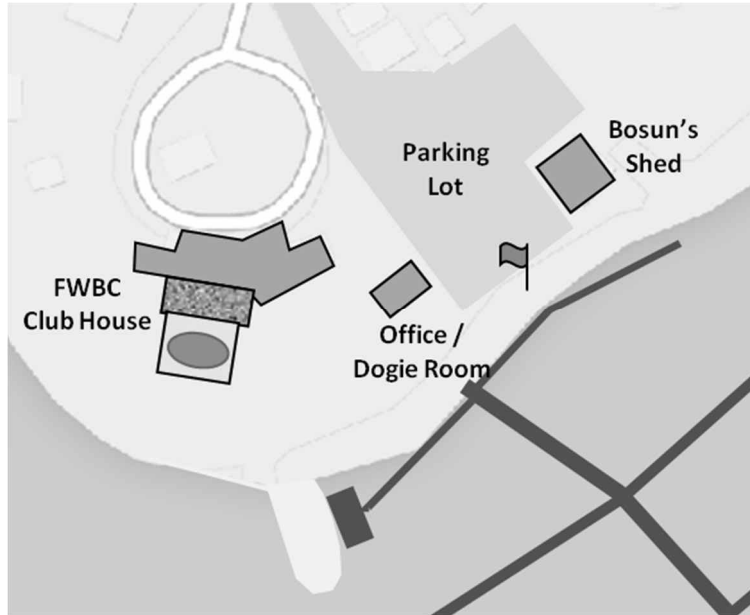


Figure 1 – FWBC Facility Layout

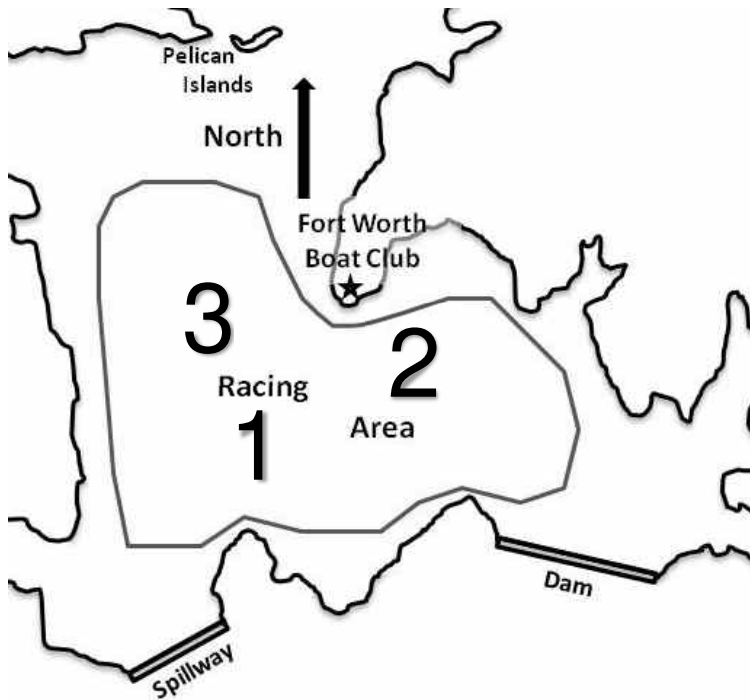


Figure 2 – General Racing Area