



**29th Annual Carolina Keelboat One Design Regatta
Lake Norman Yacht Club
November 9-10, 2019**

SAILING INSTRUCTIONS

1 RULES

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS).
- 1.2 Racing rule(s) will be changed as follows:
 - 1.2.1 In Para. 14.2 rule 62.1(a) is changed to provide a time limit for boats who do not meet the 30-minute window for finishing after the first boat.
 - 1.2.2 In Para. 13.1 and 13.2 Appendix V1 & V2 replace rule 44.1 for the One-Turn and Two-Turn penalty and the 30% penalty option after racing but before a Protest Hearing.
 - 1.2.3 Rule A2.1 is changed such that there will be no throw outs if less than 5 races and 1 throw if 5 or more races are sailed.

2 NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the official notice board(s) located at LNYC Race Management Center (RMC).

3 CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any change to the sailing instructions will be posted before 0900 on the day it will take effect, or immediately after the Competitor Meeting in if necessary.
- 3.2 Any change to the schedule of races will be posted by 1700 on the day before it will take effect.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed at the RMC Flag Staff.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the Race Signal AP.

5 SCHEDULE OF RACES

- 5.1 The schedule of races is as follows:

Saturday November 9th

- 0930 Competitors' Meeting - Clubhouse
- 1100 1st Warning Signal (Additional races to follow)

Sunday November 10th

- 0955 Warning Signal – Racing continues
- 1500 No Warning Signal after this time

- 5.2 An "A" flag will be displayed to indicate no more racing for the day.

- 5.3 There is no limit as to the number of races to be sailed.
- 5.4 Awards will be presented ASAP after racing has ended for the day

6 CLASS FLAGS

- 6.1 Class flags will be announced at the Competitors' Meeting and posted at the Notice Board shortly thereafter.
- 6.2 Each Class Flag will be a numeral pennant.

7 CLASS/COURSE SIGNAL

- 7.1 The Class starting will be signaled with the appropriate Class Flag at the Warning Signal.
- 7.2 Course designations will be displayed on both sides of the Signal Boat.
- 7.3 The numeral signal "2" or "4" when posted with the Course designates that the number of legs to be sailed. The distance between Mark 1a and Mark 1b does not count as a leg of the course.

8 THE COURSES

- 8.1 The attached diagram illustrates the course(s), including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left. The approximate course length will be determined according to wind conditions.
- 8.2 The race area will be Lake Norman in the vicinity of Channel Marker D-7 or T-1 depending upon wind direction.

9 MARKS

- 9.1 Marks 1a, 1b, 2a and 2b are rounding marks.
- 9.2 Marks 1a and 2a and 2b will be Orange Tetrahedrons. Mark 1b will be a Green Tetrahedron. Mark 1a and 1b shall be rounded to port. If Mark 2a or Mark 2b is missing, the remaining mark shall be left to port.
- 9.3 New marks, as provided in instruction 11, will be yellow Tetrahedrons.
- 9.4 The starting marks will be the Signal Boat displaying an orange flag on its port side at the starboard end and a white staff with an orange flag in a white buoy at the port end.
- 9.5 The finishing marks will be the Signal Boat displaying an orange flag on its starboard side at the starboard end and a white staff with an orange flag in a white buoy at the port end.

10 THE START

- 10.1 Races will be started by using rule 26.
- 10.2 The starting line will be between a staff displaying an orange flag on the port side of the Signal Boat and the port end starting mark.
- 10.3 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 10.4 A boat that has not met the definition of *start* within four (4) minutes after her starting signal will be scored Did Not Start (DNS) as allowed in rule A5.

11 CHANGE OF THE NEXT LEG OF THE COURSE

- 11.1 To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable.
- 11.2 When, in a subsequent change, a new mark is replaced, it will be replaced by an original mark.
- 11.3 When a new weather mark is placed during a race, it will not be accompanied with an offset buoy.

12 THE FINISH

- 12.1 The finishing line will be between the staff displaying an orange flag on the starboard side of the Signal Boat and the port end finishing mark.

13 PENALTY SYSTEM

- 13.1 **Penalty at the Time of an Incident.** The first two sentences of rule 44.1 are changed to: ‘A boat may take a One-Turn Penalty when she may have broken one or more rules of Part 2 or rule 31 in an incident while *racing*. However, when she may have broken one or more rules of Part 2 while in the *zone* around a *mark* other than a starting *mark*, her penalty shall be a Two-Turns Penalty.’
- 13.2 **Penalty Taken After a Race.** After a race, a boat that may have broken one or more rules of Part 2 or rule 31 in an incident while *racing* may take a Post-Race Penalty for that incident. A boat takes the penalty by delivering a written notice to the race office that identifies the race number and when and where the incident occurred. The penalty shall be a 30% Scoring Penalty, calculated as stated in rule 44.3(c). However, rules 44.1(a) and (b) apply, and the penalty shall not be taken after a protest hearing involving the incident has begun.

14 TIME LIMITS

- 14.1 The time limit for the first boat of each class to sail the course and finish is 90 minutes.
- 14.2 If no boat of its class has passed Mark 1a within 30 minutes after the start, the race for that class will be abandoned.
- 14.3 Boats failing to finish within 30 minutes after the first boat in its class finishes will be scored Time Limit Expired (“TLE”) and will be given two points more than the last boat in its class that finishes within its time limit. This is added to rules 35, A4 and A5.

15 PROTESTS AND REQUESTS FOR REDRESS

- 15.1 Protest forms are available at the RMC located by the Race Committee Dock. Protests and requests for redress or reopening shall be delivered there within the time limit which is 45 minutes after the Signal Boat docks. The Race Committee will make one sound signal signifying its docking time and beginning of the protest period.
- 15.2 Notices will be posted no later than 10 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located at the RMC 2nd floor, beginning ASAP after the end of the protest period.
- 15.3 Notices of protests by the race committee or protest committee will be posted to inform boats under rule 61.1(b).

- 15.4 On the last scheduled day of racing a request for reopening a hearing shall be delivered
- a) within the protest time limit if the requesting party was informed of the decision on the previous day;
 - b) no later than 30 minutes after the requesting party was informed of the decision on that day. This changes rule 66.
- 15.5 On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This is added to rule 62.2.

16 SCORING

- 16.1 The scoring system is as follows according to Appendix A2.
- 16.2 One completed race constitutes a regatta for each Class.
- 16.3 When fewer than five races have been completed, a boat's series score will be the total of her race scores.
- 16.4 When five or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

17 SAFETY REGULATIONS

- 17.1 Check-In. Each boat shall check in at the Signal Boat at the beginning of each day on starboard tack hailing its sail number.
- 17.2 A boat that retires from a race should notify the race committee as soon as possible. VHF notification is acceptable.

18 REPLACEMENT OF CREW OR EQUIPMENT

- 18.1 Substitution of competitors will not be allowed without prior written approval of the protest committee. Class Rules apply in this instance.

19 RADIO COMMUNICATION

- 19.1 Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.
- 19.2 The Race Committee will communicate with the competitors on VHF Channel 69.

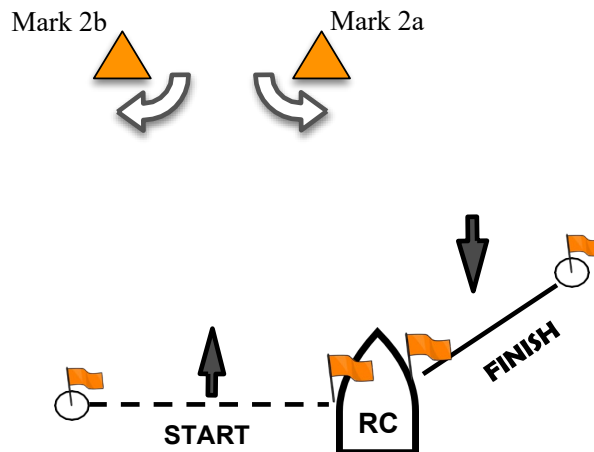
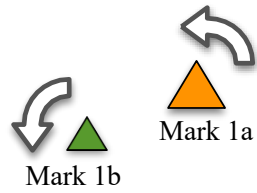
20 PRIZES

- 20.1 Awards will be according to the Notice of Race.

21 DISCLAIMER OF LIABILITY

- 21.1 Competitors participate in the regatta entirely at their own risk. The organizing authority will not accept any liability for material damage, personal injury or death sustained in conjunction with or prior to, during, or after the regatta. (RRS 4 Decision to Race)

Attachment: Course Diagram



WL2	Start-1a-1b-Finish
WL4	Start-1a-1b-2a(2b)-1a-1b-Finish
(Marks 2a and 2b are not marks of the course on the final leg)	