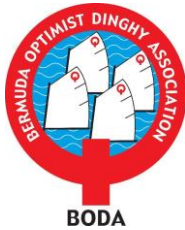




CHUBB®



BERMUDA NATIONAL AND OPEN OPTIMIST CHAMPIONSHIP

Presented by PWC

Supporting Sponsors CHUBB & SOL PETROLEUM BERMUDA LTD

Royal Hamilton Amateur Dinghy Club

November 8th-11th 2019

ORGANISING AUTHORITY

The regatta is organized by the Royal Hamilton Amateur Dinghy Club (RHADC) with the endorsement of the Bermuda Sailing Association; under the authority of the Bermuda Optimist Dinghy Association (BODA), registered charity #662.

SAILING INSTRUCTIONS (SI) for the GREEN Fleet

Green Fleet is designed as an introductory level of Optimist racing and all are participating at an elementary level of expertise, many for the very first time. Therefore, every effort will be made to ensure that this event is:

- A. FUN! On and off the water. (If it's fun... they will want to keep doing it).

- B. An experience based on learning as opposed to competition based experience. Not to say that competition isn't a part of it, but it will not be allowed to overshadow the more positive intrinsic aspects that this level of sailor craves, FUN and LEARNING. Sailors, parents and coaches should expect the Green Fleet at this event to de-emphasize, but not exclude, competitiveness and to accentuate the FUN and learning aspects. This will include group games, clinics and coaching each day as well as racing.

Skippers, (parents and coaches), desiring more than the above level of racing may be better served by participation in one of the more competitive, age appropriate Opti fleets.

Schedule of Races:

There will be a daily Green Fleet Skipper's meeting immediately following departure of the other fleets. Races to follow. This will entail race instruction modifications (if any), go fast and racing tips, games, rigging clinic etc.

Safety:

All competitors must have proper safety equipment including: correct size life jacket with whistle attached by a lanyard / 28' bow line free of knots (but 6" bowline in end), adequately secured to the mast step and led through a bow loop / mast tie down system (not just a clamp) / 3 good airbags / two (2) adequate bailers (not "Clorox" type bottles) / boom bridle within 10cm of boom.

All competitors shall wear life jackets at all times while on the water. Failure to do so may result in disqualification.

There will be a daily safety check in and check out system which will be used by the RC to keep track of all skippers on the water. Failure to check in AND check out may result in penalties or disqualification. Sailors arriving to the racecourse late or leaving the racecourse early are to notify the Race Committee.

Rules:

We will be using a simplified version based on the Racing Rules of Sailing. These "simplified rules" were proposed by US Senior Judge, Don Becker.

TEN RACING RULE COMMANDMENTS:

- 1) Port keeps clear of starboard.
- 2) Windward keeps clear of leeward
- 3) The boat astern keeps clear of the boat ahead.
- 4) A boat Tacking or Jibing keeps clear of one that is not.
- 5) Avoid collisions. Racing Rules are defensive to prevent collisions not offensive racing tactics.
- 6) If you gain right of way or change course, give the other boat time to keep clear.
- 7) The inside boat(s) at three boat lengths from the mark is entitled to room to round the mark.
- 8) A boat that is backing up or not racing keeps clear.
- 9) If you have violated a rule, take one penalty turn. If you hit a mark, take one penalty turn.
- 10) It is better to give way than to spend hours explaining what happened.

Boats are asked to have a unique numbered sail distinguishing it from the other Green Fleet competitors.

Protests:

Formal protests are discouraged for Green Fleet competitors. Any issues or questions that come up will be dealt with in a group setting as a learning experience.

Coaching:

Green fleet guidelines allow for on the water coaching of the bottom half of the fleet while racing. Coaches must check in with Head Coach each day. Any boat in the race area not following these requirements will be asked to leave or their sailors may be disqualified at the discretion of the race committee. All coaches must have a VHF radio. A working channel for communication will be announced at the green fleet parent and support boat meeting each morning.

By entering the sailing area, coaches agree to coach the bottom half of the fleet fairly and equitably, but with emphasis on those who are having trouble or in the back. Coaches must agree to this even if hired to coach a team or individual. Coaches observed acting in conflict with this may be warned or asked to leave the sailing area. Coaches may actively assist sailors (bottom half) in capsize situations in order to get the sailor back in the race ASAP, but with emphasis on sailor autonomy and instruction. To sum up; the coaches role is of support, encouragement and instruction so that even the last sailor has a great experience.

Racing:

There will be a courtesy attention signal about a minute before each sequence. We will use the standard 5 minute starting sequence and it may be called out over a loud hailer, including the last 10 seconds.

5-minutes before starting signal:	Class flag will go up with one sound
4-minutes before starting signal:	“P” flag will go up with one sound. (We will never use a Black flag.)
1-minutes before starting signal:	“P” flag will be removed with one sound.
0-minutes before starting signal:	Class flag will be removed with one sound.

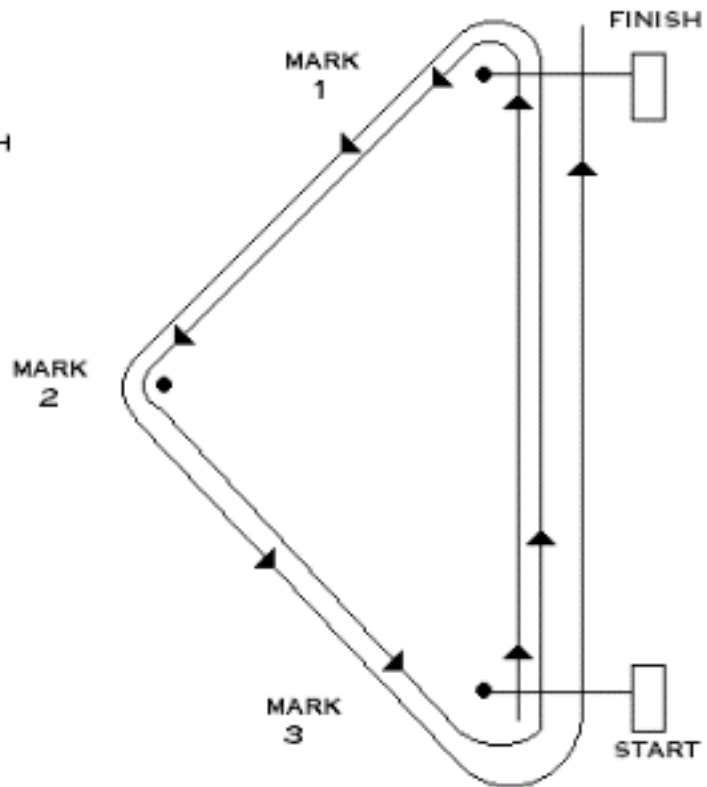
We will try to do as many races as possible, usually completing more races than the competitive fleet. Races may be delayed or cancelled due to weather conditions not conducive to Green Fleet.

Courses will be triangle, windward / leeward, modified Olympic as discussed at daily skipper’s meetings.

Course type will be displayed of the back of the RC boat.

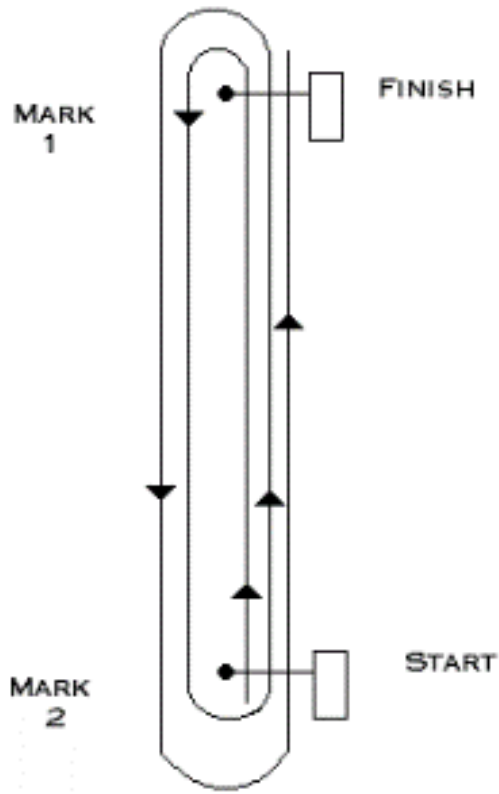
TRIANGLE-
TWICE AROUND

START-1-2-3-1-2-3-FINISH



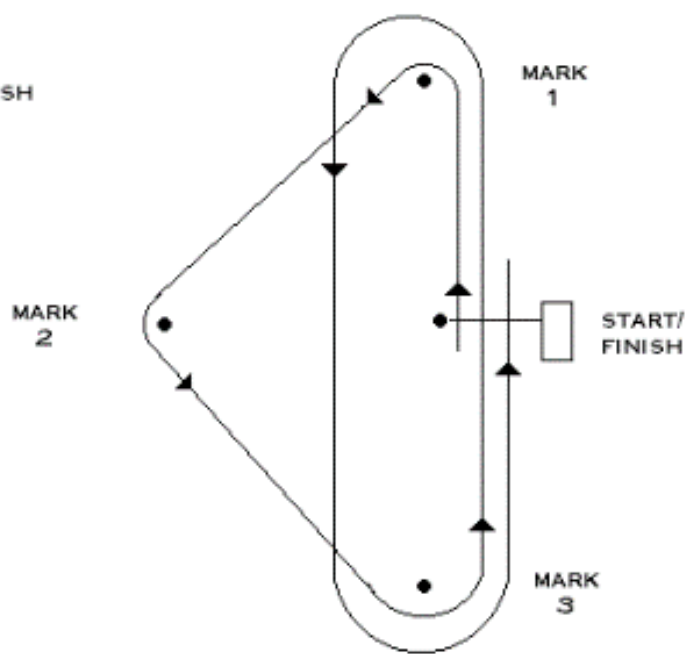
WINDWARD-LEEWARD

START-1-2-1-2-FINISH



MODIFIED OLYMPIC

START-1-2-3-1-3-FINISH



Triangle (Shown twice around) Windward/Leeward (Shown twice around) Modified Olympic

FUN is mandatory! Expect it!!!