



**Fall Frostbite Series
Chicago Yacht Club
Belmont Harbor, Chicago, IL
September 29 - November 10, 2019**

SAILING INSTRUCTIONS

1 RULES

- 1.1 The series will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 The following US Sailing prescriptions will not apply: 60, 63.2, and 63.4.
- 1.3 Appendix V1 and T is in effect.
- 1.3 The Club 420 fleet shall sail with jib and main only. This changes Club 420 class rules 1.2.

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located at the Chicago Yacht Club's Belmont Station across the hall from the race committee office.

3 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted on the official notice board or announced by loudhailer on the water prior to the warning signal of each race.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed from the Belmont Station flagstaff.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes'. This changes race signal AP.

5 SCHEDULE OF RACES

- 5.1 Onsite registration will be held each day of racing from 0830-0930.
- 5.2 Racing will be held as shown in the following table:

Date	Laser	V15	Sonar	Club 420	J/70
09/29/19	X		X	X	X
10/06/19	X	X	X	X	X
10/13/19	X	X	X		X
10/20/19	X	X	X	X	X
10/27/19	X	X	X	X	X
11/03/19	X	X	X	X	X
11/10/19	X	X	X		X

- 5.3 The scheduled time of the first warning signal is 1030 each race day and there will be no warning signal after 1300.

6 CLASS FLAGS

Class flags will be flags bearing the class insignias.



7 RACING AREA

- 7.1 The racing area will be in the open waters of Lake Michigan approximately one-half mile east of Belmont Harbor or in the waters of Belmont Harbor.

8 THE COURSES

- 8.1 The diagrams in Addendum A show the Lake Michigan courses, the order in which the marks are to be passed, and the side on which each mark is to be left. For windward/leeward courses (W/L) the course will be displayed as W/L + the number of legs.
- 8.2 For Lake Michigan windward/leeward courses, Mark 2 will be a gate. If the gate is not in place, the single leeward Mark 2 shall be left to port.
- 8.3 For modified Olympic courses, the course will be displayed on a signboard as follows: Δ represents the triangle of the course, W represents a windward leg, L represents a leeward leg.
- 8.4 For W/L courses, Mark 1 will have an offset. In the event the offset is not in place, the single windward Mark 1 shall be left to port.
- 8.5 The diagram in Addendum B shows the 420 course, the order in which the marks are to be passed, and the side on which each mark is to be left. The number of legs will be posted.
- 8.6 For course M, the start line is open.

9 MARKS

- 9.1 Original turning marks will be orange shapes.
- 9.2 New marks, as provided in instruction 11.1, will be yellow shapes for the first change. Subsequent changes will alternate orange and yellow shapes.
- 9.3 The starting mark will be an orange shape.
- 9.4 The finishing mark for downwind finishes will be a white shape when a race is conducted in the open waters of Lake Michigan; the finishing mark for upwind finishes will be the active weather mark. The finishing mark will be an orange shape when a race is conducted in the waters of Belmont Harbor.

10 THE START

- 10.1 Races will be started using Appendix U, Sound-Signal Starting System. The starting order will be announced on the water.
- 10.2 The starting line will be between a staff displaying an orange flag on the signal boat at the starboard end and the course side of the port-end starting mark.
- 10.3 A boat whose warning signal has not been made shall keep clear of the starting area, defined as the area extending approximately 50 feet to windward, leeward, and either end of the starting line.
- 10.4 Flag K, if displayed before the warning, means fleets shall sail with jib and main only.

11 CHANGE OF THE NEXT LEG OF THE COURSE

- 11.1 To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.
- 11.2 Offset marks will not be set on a changed leg of the course.
- 11.3 The race committee will not signal a course change of five degrees or less. The changed leg change will continue to use the active mark. This changes rule 33(a).

12 THE FINISH

- 12.1 The finish line for courses shown in Addendum A will be between a staff displaying a blue flag on a race committee boat and the course side of the finishing mark.



- 12.2 The finish line for courses shown in Addendum B will be between a staff displaying an orange or blue flag on a race committee boat and the course side of the finishing mark.

13 PENALTY SYSTEM

- 13.1 Rule 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.
- 13.2 A Sonar competitor who has entered a seasonal rental agreement shall notify the Regatta Manager in writing no less than 48 hours prior to the check-in time for a scheduled session if he or she will not use a rented boat for that session.
- 13.3 A boat that breaks 13.2 will be scored DNE for all races sailed that day. This changes rule 90.3(b) and A5.

14 COACHING

- 14.1 The organizing authority may provide on the water coaching during the racing.
- 14.2 Only for the purposes of instruction 14.1, rule 41 will not apply.
- 14.3 A competitor shall not seek redress for failure to receive specific coaching instruction or as the result of the consequences of a particular coaching instruction. This changes rule 62.1(a).

15 PROTESTS AND REQUESTS FOR REDRESS

The time limit for protests and requests for redress is 30 minutes after the docking time of the race committee signal boat for the session in which the incident occurred.

16 SCORING

- 16.1 Nine completed races constitute a series.
- 16.2 Once a series has been completed, each boat may exclude her worst scores, one race for every 5 sailed, for the entire series.

17 SAFETY REGULATIONS

- 17.1 U.S. Coast Guard approved PFDs shall be worn properly secured from the time a boat leaves the dock until she returns to the dock.
- 17.2 Unless equipped with an engine, all boats shall have an attached bow line conforming to its class rules. If a class does not have such a rule, the line must be at least 15 feet in length, 1/4 inch in diameter, and properly attached at all times.
- 17.3 Boats equipped with daggerboards shall tether them to the boat.
- 17.4 Boats sailing from Belmont Harbor shall not launch before a safety boat is on the water.
- 17.5 When races are sailed in Belmont Harbor, a boat shall not leave Belmont Harbor unless there is no more racing for the day or the boat has retired from racing for the day.
- 17.6 A boat that retires from a race shall notify the race committee as soon as possible.

18 PRIZES

Prizes will be awarded in accordance with the notice of race.

19 DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.



20 FURTHER INFORMATION

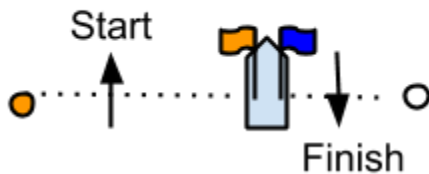
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ADDENDUM A LAKE MICHIGAN COURSES

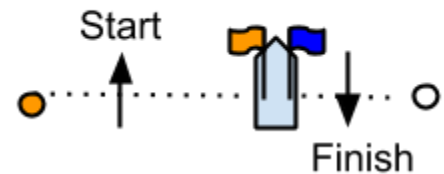
W/L Course

Start - 1 - 2 - 1 - Finish (W +4)
Start - 1 - 2 - 1 - 2 - Finish (W+5)
Start - 1 - 2 - 1 - 2 - 1 - Finish (W+6)



Modified Olympic Course

Start - 1 - 2 - 3 - 1 - Finish (Triangle - WL)
Start - 1 - 2 - 3 - 1 - 3 - 1 - Finish (Triangle - WLWL)

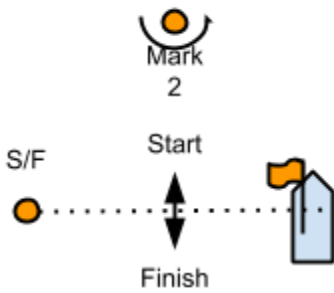




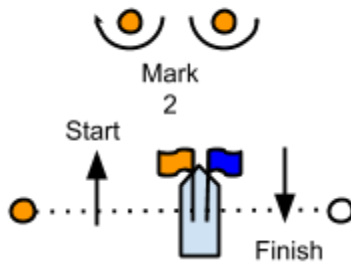
ADDENDUM B

HARBOR COURSES

Course WL
Start - 1 - 2 - 1 - Finish (W + 4)
Start - 1 - 2 - 1 - 2 - 1 - Finish (W + 6)



Course WL-OPP
Start - 1 - 2 - 1 - Finish (W + 4)
Start - 1 - 2 - 1 - 2 - 1 - Finish (W + 6)



Course M
Start - 1 - 2 - 1 - 2 - Finish (W+5)
Start - 1 - 2 - 1 - 2 - 1 - Finish (W+6)
Start - 1 - 2 - 1 - 2 - 1 - 2 - Finish (W+7)

