



**NOTICE OF RACE**  
**Lady at the Helm**  
**Saturday, ~~October 5~~ ~~September 28~~, 2019**  
**Co-Sponsored by**  
**Channel Islands Yacht Club and**  
**Channel Islands Women's Sailing Assn**



**1 RULES:** The race will be governed by the rules as defined in the current *Racing Rules of Sailing*, the Sailing Instructions, and PHRF of Southern California. The PHRF Marine Industry Racer (MIR) Rule is not in effect. This modifies PHRF Class Rule 8. Area A Random Leg Course (RLC) ratings will be used. At least one female crew must be onboard, and **a female must be at the helm during the entire race**. Periodic, short breaks are allowed but not at the start, finish, or mark roundings.

**2 RACE CLASSES:** Spinnaker class is open to all boats with current PHRF ratings. Non-spinnaker class is open to any boat of LOA 20' or greater. If a boat does not have a current PHRF rating, the Race Committee may assign a rating for purposes of this race only. Final classes and class breaks will be established at the Skippers Meeting after all entries have been received.

~~To encourage inexperienced racers to participate, the Race Committee (RC) will present the basics of race starts and reading the course chart immediately preceding the Skippers Meeting.~~

**3 RACE ENTRY & FEES:** Register for the race and access race documents online at the following link: (<http://www.regattanetwork.com/event/19799>). After the Skippers Meeting, the Race Committee will assist any skippers who did not pre-register.

Entry fees are \$35 with a \$5 discount for members of CIWSA, CIYC, and/or USSA. Fees are payable online with registration (credit card or PayPal) or at the Skippers Meeting (cash or check).

**4 SCHEDULE, Saturday, ~~October 5~~ ~~September 28~~, Channel Islands Yacht Club, 4100 Harbor Blvd, Oxnard:**

~~0830 Basics of Race Starts and Reading the Course Chart~~

**0900** Mandatory Skippers Meeting

**1130** Planned first start (Mandalay race buoy)

**5 SAILING INSTRUCTIONS:** The Sailing Instructions (SIs) and courses will be available at the Skippers Meeting and may be posted online (<http://www.regattanetwork.com/event/19799>) in advance. The race will begin near the Mandalay race buoy and finish in Channel Islands Harbor in front of CIYC. Courses will be selected from the CIYC Course Chart ( ~~5.1 4.2~~ – ~~23.0 22.3~~nm).

**6 PRIZES AND TROPHIES:** Individual and perpetual trophy winners will be awarded at CIYC after racing. The Lady at the Helm Perpetual Trophy will be engraved with the names of the winning boats and skippers and kept at CIYC.

**7 HOSPITALITY:** Complimentary breakfast items will be provided at the Skippers Meeting, and a complimentary hot buffet will be provided at CIYC after racing.

**8 INSURANCE & DISCLAIMER OF LIABILITY:** Each participating boat shall be insured with valid third-party liability insurance. Competitors participate in the race entirely at their own risk. See Rule 4, Decision to Race. The organizing authority will not accept any liability for material damage, personal injury, nor death sustained in conjunction with, prior to, during, or after the regatta.

**9 ADDITIONAL INFORMATION:** Contact the Event Chair, Jane Thomas (415.518.4046 or [Sunglade@prodigy.net](mailto:Sunglade@prodigy.net)).