

## **Sailing Instructions**

Sarasota Sailing Squadron: 1717 Ken Thompson Pkwy, Sarasota, FL 34236

### **1. RULES**

1.1 This regatta will be governed by the current ISSA Procedural Rules and SAISA Supplementary Rules, The Racing Rules of Sailing, the prescriptions of US SAILING, the Notice of Race, and as modified by these Sailing Instructions.

### **2. NOTICE TO COMPETITORS**

2.1 Notices will be posted on the Official Notice Board at the Sarasota Sailing Squadron.

### **3. CHANGES IN THE SAILING INSTRUCTIONS**

3.1 Any changes in the Sailing Instructions will be posted on the Official Notice Board by the end of the competitors' meeting on Saturday.

### **4. SCHEDULE OF RACES**

4.1 Saturday, Dec 7th, 2019

0845 Arrival and check-in, boat rigging.

0915 Competitors' meeting

0945 Start of first race of the day

### **5. BOATS**

5.1 This regatta will utilize SYS 420s with sails plus competitor-provided boats and sails.

5.2 The shroud standing rigging should be set in the 3rd hole aft down from the top (or the same rake dimension if shroud lengths differ), the travelers shall be fixed/tied at the centerline and mast steps shall be in the 2nd position from the front. In addition, these settings may not be changed at any time during the course of the regatta

5.3 Equipment problems should be reported to a race committee representative as soon as possible. Breakdowns will be handled per ISSA procedural rules. If a competitor is seeking redress due to equipment failure, the failure must be shown to a designated person and logged by the skipper with the Race Committee. If this is not done, then redress for that reason cannot be considered. The designated person will be identified at the Competitors meeting and will announce how to find him/her.

### **6. SIGNALS MADE ASHORE**

6.1 Signals made ashore will be displayed on the flagpole at the Sarasota Sailing Squadron

6.2 When AP flag is displayed ashore, '1 minute' is replaced with 'not less than 15 minutes' in the race signal AP.

## **7. RACING AREA**

7.1 The racing area will be south east of the Sarasota Sailing Squadron mooring field.

## **8. ROTATION**

8.1 After each set of two races, competitors in the Varsity division will rotate boats. JV teams will sail the boat they provided for the entirety of the series.

8.2 The format for rotation of boats will be distributed at the Competitor's Meeting on Saturday and will be posted on the Official Notice Board as well.

8.3 Boats will be identified by the bow number sticker (provided by the event organizer) for the rotation.

## **9. THE COURSE**

9.1 Courses shall be approximately 18 minutes in length.

9.2 Course diagrams can be found in Appendix A.

9.3 The courses will be announced orally.

9.4 Rounding marks will be orange marks.

## **10. START**

10.1 The starting line will be between an orange flag on the race committee boat and an orange ball.

10.2 Races will be started in accordance with ISSA Procedural Rule 7.8 which states: RRS Appendix S - Sound- Signal Starting System shall be

## **11. RECALLS**

11.1 The Race Committee may also attempt to notify individual boats by hailing their organizer provided numbers.

## **12. THE FINISH**

12.1 The finish line will be between a staff displaying a flag on the Race Committee Finish boat and a white ball.

12.2 If one or more boats are unreasonably delaying the completion of a race, the race committee may score the boat(s) in place and terminate the race. This changes RRS 35 and A4.

## **13. SAFETY AND CONSERVATION**

13.1 A boat which retires from a race is asked to notify the race committee before leaving the course area.

13.2 Competitors who require assistance from a safety boat should so signify by waving their arms overhead.

13.3 Competitors are strongly encouraged to use reusable water bottles. Multiple coolers of cold water will be available for refilling and a water bottle refill station is located on the outside south wall of the Sarasota Sailing Squadron.

#### **14. SCORING**

14.1 Scoring will be in accordance with ISSA Procedural Rule 9 and 11.

14.2 Three races must be completed to constitute a regatta in accordance with ISSA Procedural Rule 17.4(c)

14.3 Junior varsity teams will be scored separately from varsity.

#### **15. PROTESTS AND REQUESTS FOR REDRESS**

15.1 Protest procedure will be in accordance with ISSA Procedural Rules Section 16.

15.2 Procedure and compensation for breakdown points shall be in accordance with ISSA Procedural Rule 9(e) and ISSA Appendix 3.

#### **16. COACHING**

16.1 Unless it is with the permission of the Race Committee: team leaders, coaches and other support personnel shall not go afloat in the racing area during the event.

16.2 All coaching, crew rotations, exchange of clothing / food / drink, and communication shall occur from land or as instructed by the Race Committee.

16.3 Coaches viewing site will be on the south most point of City Island.



## Attachment II – Sample Course Diagram

