

2021 Lipton Cup

June 18 - 20

SAILING INSTRUCTIONS

1. RULES

- 1.1. Addendum C - Handling Boats will replace the class rules and will apply while racing or practice sailing.
- 1.2. Addendum D - Equipment List will apply.
- 1.3. Lipton Cup Addendum Q will apply for Sir Thomas Lipton Challenge Trophy umpired fleet racing.

2. ELIGIBILITY AND ENTRY

- 2.1. Each club is responsible for damage or loss to its boat unless responsibility is otherwise assigned by the umpires, protest committee (PC) or technical committee. This will not be grounds for protest or redress by any boat. This changes RRS 62.
- 2.2. After the warning signal for a race, the registered skipper shall not leave the helm, except in an emergency.
- 2.3. When a registered skipper is unable to continue in the event, the OA may authorize an original crew member to substitute.
- 2.4. When a registered crew member is unable to continue in the event, the OA may authorize a substitute, a temporary substitute or other adjustment.

3. NOTICE TO COMPETITORS

- 3.1. All notices will also be posted on the website: <https://www.regattanetwork.com/event/20299>

4. CHANGES TO SAILING INSTRUCTIONS

- 4.1. Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 1900 on the day before it will take effect.

5. SIGNALS MADE ASHORE

- 5.1. Signals made ashore Friday will be displayed at the StFYC flagpole.
- 5.2. Signals made ashore Saturday and Sunday will be displayed at the EYC flagpole.

6. SCHEDULE OF RACES

Event	Date	Competitors Briefing	Warning	# Races
Admirals Cup	June 18	1230 hrs StFYC Parking lot	1400 hrs	1
Sir Thomas Lipton Challenge Trophy	June 19	1200 hrs, EYC docks	1300 hrs	6
Larry Knight Trophy	June 20	1100 hrs, EYC docks	1300 hrs	1

7. CLASS FLAG

7.1. The class flag will be the J/22 class flag, white with the black insignia.

8. STARTING

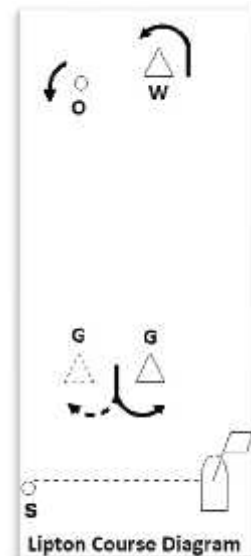
- 8.1. The Admirals Cup starting line is between an orange placard on the StFYC race deck and mark A.
- 8.2. The Lipton Challenge and Larry Knight starting line is between a staff displaying an orange flag on the EYC race committee signal vessel and nearby mark S.

9. MARKS

Mark	Description
S	Inflatable orange cylinder
W	Inflatable orange tetrahedron
O	Inflatable orange cylinder
G	Inflatable orange tetrahedrons
A	StFYC outer mark mark "A", a yellow sphere
7	R "2" Fl 6s 1 nm NW of Treasure Island
16	Yellow sphere "C", 0.2 nm east of Ft. Point, "Blackaller"
17	RG "HR" Fl (2+1) R6s, Harding Rock
18	RG "BR" Fl (2+1)G6s Bell, Blossom Rock
SC1	Red & Green "SC" Fl G(2+1) approx. 1 nm ENE of Mission Rock Term
NAS1	NAS Alameda Channel mark G "1" Fl G4s



Course Diagram



Lipton Course Diagram

10. COURSES

- 10.1. The course to be sailed will be signaled with a numeral pennant.
- 10.2. Mark W is a rounding mark.
- 10.3. When one mark is set as G, round it to port. When two marks are set, they comprise a gate.

Course	Description (side); P = port side, S = starboard side
1	Start - W(P) - O(P) - Finish
2	Start - W(P) - O(P) - G - W(P) - O(P) - Finish
3	Start - W(P) - O(P) - G - W(P) - O(P) - G - W(P) - O(P) - Finish
4 (9.29nm)	Start - 16 (S) - 17(S) - 18 (S) - SC1 (S) - Finish
5 (11.66nm)	Start - 16 (S) - 17 (S) - 7 (S) - NAS1 (S) - Finish
6 (14nm)	Start - 16 (S) - 17 (S) - 7 (S) - NAS1 (S) - SC1 (P) - NAS1 (P) - Finish
7 (9.05nm)	Start - SC1 (S) - Alcatraz Island (P) - 16 (P) - Finish
8 (10.6nm)	Start - SC1 (S) - 7 (P) - 17 (P) - 16 (P) - Finish
9 (12.28nm)	Start - SC1 (P) - NAS1 (P) - 7 (P) - 17 (P) - 16 (P) - Finish

11. FINISHING

- 11.1. The Admirals Cup finishing line is the entrance to McCovey Cove, between the north-eastern corner of Pier 48 and the South Beach Harbor South Entrance Light 1, FL G 2.5s "1".
- 11.2. The Lipton Challenge finishing line is between a staff displaying a blue flag on the EYC race committee signal vessel and nearby mark S.
- 11.3. The Larry Knight finishing line is between and orange placard on the StFYC race deck and mark A.

12. LINES THAT ARE OBSTRUCTIONS, PROHIBITIONS

- 12.1. Each line bound by the following two points is designated as an obstruction:
 - 12.1.a. StFYC inner mark "B" and the closest point ashore.
 - 12.1.b. The "H" Beam piling (located approximately 200 yards west of the St. Francis YC) and the closest point ashore.
 - 12.1.c. Anita Rock Light located approximately 0.30nm West of StFYC ("Anita Rock" Q 20ft 5M), and the closest point ashore.
 - 12.1.d. The buoy northwest of Alcatraz and the closest point ashore of Alcatraz.
 - 12.1.e. Pt. Blunt buoy and the closest point ashore of Angel Island.
- 12.2. Boats are prohibited from crossing any of these lines while racing.

13. EQUIPMENT RESTRICTIONS

- 13.1. Display of the K flag before or at the warning means no spinnakers are to be used for the race. Display of the K flag at a mark of the course means no spinnakers are to be used for the remainder of the race. However, display of the H flag at a mark of the course means spinnakers may again be used.

14. PENALTY SYSTEM

- 14.1. The first sentence of RRS 44.1 is changed so that the two-turns penalty is replaced by a one-turn penalty, unless a different penalty is signaled by an umpire.
- 14.2. Add to rule 44.2, "A boat taking a One-Turn or Two-Turns Penalty shall have the spinnaker head below the main-boom gooseneck each time she passes head to wind until she is on a close-hauled course."

15. RETIREMENT

15.1. A boat that retires from a race shall notify the RC as soon as reasonably possible.

16. TIME LIMITS

16.1. The First Mark Time Limit, Race Time Limit, and the Finishing Window are shown in the table below.

Race	First Mark	Race Time limit	Finish Window
Admirals Cup	n/a	1730 hrs	1 hour
Lipton Challenge	20 minutes	1 hour	15 minutes
Larry Knight	n/a	1630 hrs	1 hour

16.2. If no boat has passed the first mark within the First Mark Time Limit, the race will be abandoned.

16.3. Boats failing to finish within the Finishing Window, and not subsequently retiring, penalized or given redress, will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored points for the finishing place two more than the points scored by the last boat that finished within the Finishing Window. This changes RRS 35, A5.1, A5.2 and A10.

17. HEARING REQUESTS

17.1. For the Admirals Cup hearing request forms will be available near the SBYC club office. A request shall be delivered to a race committee representative within 45 minutes after the last boat finishes.

17.2. For the Larry Knight hearing request forms will be available near the StFYC race notice board. A request shall be delivered to a race committee representative within 45 minutes after the last boat finishes.

17.3. Notices will be posted within 15 minutes of the protest time limit to inform competitors of hearings in which they are parties.

18. CLUB IDENTIFICATION ON BOATS

18.1. Each club shall display a burgee (suggested 12 x 18 inch) on the backstay.

19. SUPPORT AND OBSERVATION BOATS

19.1. After the starting signal, observation and other support boats may follow the fleet, but must stay 75 meters from any mark or competitor; on Saturday, boats must be to leeward of the course area or above the starboard side layline of the course.

20. RADIO COMMUNICATIONS

20.1. The RC may communicate with racing boats on VHF Channel 66.

20.2. Each team is expected to provide a VHF radio to monitor those communications.

20.3. The RC may hail the signaled course for the race and may hail boats that are OCS. The inability of a competitor to hear a hail or any other information shall not relieve her of her responsibility, nor shall it be grounds for redress. This changes RRS 62.1.

20.4. In accordance with RRS 90.2(c), oral changes to the Sailing Instructions may be made on the water. If the RC needs to communicate oral changes, "L" flag will be displayed with one sound and attempt to hail competitors on VHF will be made.

21. PRIZES

- 21.1. These races are competing for the traditional perpetual trophies provided by the PICYA. Take home and participation trophies will also be provided.
- 21.2. Three trophy presentations will take place:
 - 21.2.a. At SBYC on the evening of Friday, June 18, for the Admirals Cup Race, with the second place Valhalla Cup also presented.
 - 21.2.b. At EYC on the evening of Saturday, June 19, for the Sir Thomas Lipton Challenge Trophy, with the second place Edward E. Peck Trophy also presented.
 - 21.2.c. At StFYC in the afternoon of Sunday, June 20, for the Larry Knight Trophy, with the second place Treasurer's Cup also presented.
 - 21.2.d. At StFYC in the afternoon of Sunday, June 20, for the Lipton Pacific Coast Perpetual Challenge Trophy, which will be presented to the club with the top combined scores for the regatta.
 - 21.2.e. Please also note that while take-home trophies will be awarded during the above three presentations, the actual perpetual trophies will be awarded at the PICYA September Delegates Meeting.

22. COMMERCIAL TRAFFIC

- 22.1. Boats are reminded to observe Inland Navigation Rule 9 regarding vessels which can safely navigate only within a narrow channel or fairway (See US Dept. of Commerce Chart 18649 for designated narrow channels and fairways of SF Bay). Boats identified by sail number who endanger their own safety or that of a commercial vessel or government vessel will be subject to protest.

23. DISCLAIMER OF LIABILITY

- 23.1. Competitors participate in the regatta entirely at their own risk. See RRS 3, Decision to Race. The organizing authority, EYC, SBYC, StFYC, & PICYA, boat owners and others associated with facilitating the conduct of this event will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta. The Encinal Yacht Club, the South Beach Yacht Club, the St. Francis Yacht Club, PICYA, the J/22 Class Association, volunteers, employees, officers and agents shall not be responsible for any loss, damage or injury that may occur to person(s) or property whether ashore or at sea as a consequence of the participation of any boat.

ADDENDUM C - HANDLING BOATS

1. GENERAL

1.1. While all reasonable steps are taken to equalize the boats, variations will not be grounds for redress. This changes RRS 62.

2. PROHIBITED ITEMS and ACTIONS

Except in an emergency or to prevent damage or injury, or when directed by an umpire otherwise, the following are prohibited:

2.1. Any additions, omissions or alterations to the equipment supplied.

2.2. The use of any equipment for a purpose other than that intended or specifically permitted

2.3. The replacement of any equipment without the sanction of the RC.

2.4. Sailing the boat in a manner that it is reasonable to predict that significant further damage would result.

2.5. Moving equipment from its normal stowage position except when being used.

2.6. Boarding a boat without prior permission.

2.7. Taking a boat from its berth or mooring without having signed the Damage Authorization Form or having permission from the RC, or, on race days, while 'AP' is displayed ashore.

2.8. Hauling out a boat or cleaning surfaces below the waterline

2.9. Attaching lines to the fabric of spinnakers.

2.10. Perforating sails, even to attach tell tales.

2.11. Adjusting or altering the tension of standing rigging, excluding the backstay.

2.12. Using a winch to adjust the mainsheet, backstay or vang.

2.13. Omitting any headsail car or turning block before sheeting onto a winch.

2.14. The use of electronic instruments other than hand held GPS, timers and watches.

2.15. Using the spinnaker pole to wing out the foresail.

2.16. Marking directly on the hull or deck with permanent ink.

2.17. After the starting signal and while sailing close hauled for more than a few seconds, the main boom position shall be controlled only by using the mainsheet, traveler and vang

2.18. The use of the shrouds (including any inner shrouds) above the lower bottle screw (turnbuckle) to facilitate tacking or gybing, or to aid the projection of a crew member outboard.

3. PERMITTED ITEMS and ACTIONS

The following are permitted:

3.1. Taking on board the following equipment:

3.1.1. basic hand tools;

3.1.2. electrical adhesive tape, NO DUCT TAPE;

3.1.3. line (elastic or otherwise of 4 mm diameter or less);

3.1.4. pencils;

3.1.5. tell-tale material;

3.1.6. watch, timers, hand held compass and hand held GPS;

3.1.7. shackles and clevis pins;

3.1.8. Velcro tape; and

3.1.9. Spare flags;

3.1.10. PFDs

3.2. Using the items in 3.1 to:

3.2.1. prevent fouling of lines, sails and sheets

3.2.2. attach tell-tales

3.2.3. prevent sails being damaged or falling overboard

3.2.4. mark control settings

- 3.2.5. make minor repairs and permitted adjustments
- 3.2.6. personal safety
- 3.3. Fixing a spinnaker sheet catcher at the bow, providing that it does not extend the length of the boat more than 100 mm and does not require any repair after removal.
- 3.4. Changing the number of mainsheet purchases.
- 4. MANDATORY ITEMS and ACTIONS
 - 4.1. At the end of each sailing day:
 - 4.1.1. rolling, bagging and placement of the sails as directed;
 - 4.1.2. leaving the boat in the same state of cleanliness as when first boarded that day; and
 - 4.1.3. releasing backstay tension, provided that the slightly tensioned backstay adjustment lines will be used to secure the tiller.
 - 4.2. At the end of each day, cleaning the boat (cabin and decks), removing all trash and removing all marks and tape, except tape applied to turnbuckles and for chafe protection.
 - 4.3. Any request to alter, in any way, the equipment on a boat shall be in writing and worded to permit a yes/no answer.
 - 4.4. Complying with any regulations, including speed restrictions and navigation marks, while leaving or returning to the berth or mooring.
 - 4.5. A breach of items 4.1 and 4.2 will be considered as damage.

ADDENDUM D – EQUIPMENT LIST

The following non-fixed items, provided on the boats, are to be carried on board at all times in their designated place while sailing. Any loss shall be reported immediately to the OTW bosun, who will monitor CH 66.

SAILS and SAILING EQUIPMENT

Mainsail and set of battens
 Jib
 Spinnaker
 One winch handle
 Two winch handle holders
 One spinnaker pole
 Two spinnaker sheets
 Two headsail sheets
 Tiller extension
 Jib cars
 Red flag
 L “Lima” flag
 Y “Yankee” flag

SAFETY GEAR

First aid kit
 Bucket and sponge
 Flares
 Type IV throwable PFD
 Four adult PFDs
 Bilge pump
 Paddle
 Tow line
 Anchor with chain and line

MOORING LINES and FENDERS

Two mooring lines
 Two fenders

LIPTON CUP ADDENDUM Q

UMPIRED FLEET RACING

PICYA Lipton Cup

Q1 HAILING FOR ROOM TO TACK

Q1.1 When RRS 20 applies, the following arm signals are required in addition to the hails:

- (a) for “Room to tack”, repeatedly and clearly pointing to windward; and
- (b) for “You tack”, repeatedly and clearly pointing at the other boat and waving the arm to windward.

Q2 GENERAL PROTEST RULES CHANGES

Q2.1 RRS 60.1 is changed to: “A boat may protest another boat, but not for an alleged breach of a rule of RRS Part 2 unless she was involved in the incident.”

Q2.2 A boat may not request redress under RRS 62.1(a), (b) or (d). However, the protest committee may call a hearing to consider redress under those rules if it believes that there is a significant reason for doing so.

Q3 PROTESTS AND PENALTIES DURING THE RACE

This section changes RRS 61, 63 and 64.

Q3.1 Protests by Boats

When a boat protests under a rule of RRS Part 2 or under RRS 31 or 42 for an incident in the racing area, she is not entitled to a hearing and the following applies:

- (a) She shall hail ‘Protest’ and conspicuously display a Y (Yankee) flag at the first reasonable opportunity for each. She may remove her flag after it has been conspicuously displayed.
- (b) Both boats will be given time to respond by taking a penalty under SI 14 or indicating clearly that they will do so.
- (c) If no boat takes a penalty or clearly indicates that she will do so, an umpire will decide whether to penalize any boat.
- (d) If more than one boat breaks a *rule*, an umpire will decide whether to penalize any boat that did not take a penalty.
- (e) An umpire will signal a decision in compliance with Q3.3

Q3.2 Penalties and Protests Initiated by an Umpire

An umpire may penalize a boat without a *protest* by another boat, or report the incident to the protest committee, or both, when the boat

- (1) breaks RRS 31 or 42 and does not take a penalty.
- (2) gains an advantage despite taking a penalty.
- (3) breaks RRS 14 and there is damage or injury.
- (4) clearly indicates that she will take a penalty and fails to do so.
- (5) fails to take a penalty signaled by an umpire.
- (6) commits a breach of sportsmanship.

The umpire shall signal a decision in compliance with Q3.3.

Q3.3 Umpire Signals

An umpire will signal a decision as follows:

- (a) A green and white flag with one long sound means “No penalty.”
- (b) A red flag with one long sound means “a penalty is imposed or remains outstanding.” The umpire will hail or signal to identify each such boat.

- (c) A black and white flag with one long sound means incident will be referred to the protest committee.

Q3.4 Penalties Imposed by Umpires

A boat penalized by an umpire shall take a Two-Turns Penalty. However, when an umpire penalizes a boat without a protest by another boat and an umpire hails or signals a number of turns, the boat shall take that number of One-Turn Penalties.

Q4 PROTESTS AND REQUESTS FOR REDRESS AFTER A RACE

Q4.1 At the finishing line, the race committee will inform the competitors about each boat's finishing place or scoring abbreviation via VHF. After this has been done, the race committee will promptly display B flag with one sound. B flag will be displayed for at least two minutes and then removed with one sound.

Q4.2 A boat intending to protest another boat under a rule other than rule of RRS Part 2, RRS 31 or 42 or Q3.4; protest another boat under RRS 14, if there was contact that caused damage or injury; or request redress shall hail the race committee before or during the display of B flag.

Q4.3 The race committee will promptly inform the protest committee about any protests or requests for redress made under rule Q4.2.

Q4.4 The race committee will not protest a boat.

Q4.5 The protest committee may protest a boat under RRS 60.3. However, it will not protest a boat for breaking a rule of RRS Part 2 (except RRS 14 if there is damage or injury), RRS 31 or 42.

Q4.6 The technical committee may protest a boat for breaking RRS 14 with damage or injury or any rule in Addendum C or D.

Q4.7 The time limit defined in rule Q4.2 also applies to protests under rules Q4.5 and Q4.6. The protest committee will extend the time limit if there is good reason to do so.

Q4.8 Protest/Redress Filing requirements

This section changes RRS 61.2, 62.2, 63 and 64.1.

- (a) Protests and requests for redress need not be in writing.
- (b) The protest committee may inform the protestee and schedule the hearing in any way it considers appropriate and may communicate this orally.
- (c) The protest committee may take evidence and conduct the hearing in any way it considers appropriate and may communicate its decision orally.
- (d) The protest committee may impose any penalty it sees fit on a boat that broke a rule, up to and including disqualification in all races in which she broke that rule. If the protest committee decides that a breach of a rule has had no effect on the outcome of the race, it may impose a penalty of points or fraction of points or make another arrangement it decides is equitable, which may be to impose no penalty.
- (e) If the protest committee penalizes a boat in accordance with rule Q4.8(d), all other boats will be informed about the change of the penalized boat's score.

Q5 BREAKDOWN and TIME FOR REPAIRS

Q5.1 Before the preparatory signal of a race, a boat may display L flag to signal breakdown or damage to the boat, her sails or injury to her crew and request a delay to the next start. She shall proceed as soon as possible to a position just to leeward of the RC boat and remain there, unless otherwise directed.

Q5.2 The time allowed for repairs will be at the discretion of the RC.