



Point Loma Yacht Club

5000 North Harbor Drive
Suite 205
San Diego, CA 92106
(619) 800-0178

www.pointlomayachtclub.org

SAILING INSTRUCTIONS - 2020 Charity Bay Race - Saturday, September 26, 2020

Entry Fee Required For This Race is \$20.00 MAX FEE. CSSD Boats are exempt for fees. Please make check payable to Point Loma Yacht Club 5000 North Harbor Drive, Suite 205, San Diego, CA 92106.

1. RACING RULES:

- 1.1. This regatta will be governed by the rules as defined in The Racing Rules of Sailing for 2013 - 2018, (RSS) including US Sailing Prescriptions.
- 1.2. USCG "Navigation Rules, International-Inland"; Bylaws and Class Rules of [PHRF](#) Southern California and PHRF San Diego; The Entry Form and these Sailing Instructions and any amendments hereto will apply.
- 1.3. Amendments to these Standard Sailing Instructions will be distributed using Regatta Network web site and will be emailed to registrants on Friday September 25, 2020.
- 1.4. PHRF Random Leg "RLC" Ratings will be used to score all races. PHRF non-spinnaker offsets will not be used for scoring. Yachts shall carry all "Standard Equipment" listed in the [PHRF](#) Southern California Class Rules for Category 4 events.
- 1.5. Martin 15 from CSSD will race as a one design and be scored according.
- 1.6. Racing boats encountering non-racing craft shall conform to 1.2 above, USCG Navigation Rules, International-Inland. Be advised that no vessel has the "right-of-way" over a large ship in the deep water channel. USCG Navigational Rules will be strictly enforced.
- 1.7. *Any boat participating in a PLYC race that is identified in any complaint from the Coast Guard, Harbor Pilot or commercial vessel captain that has sounded 5 horns will be presumed to have infringed this instruction. **RRS 60.2, 63.1 and A5 are modified to add that the Race Committee (R/C) may disqualify a yacht infringing this instruction without a hearing. NAVAL and CRUISE SHIP PROTECTION ZONE: No vessel is allowed within 100 yards of NAVAL and CRUISE SHIP traffic.***
- 1.8. Classes, class pennants and pennant colors: **Class pennants must be flown from the backstay.**

| CLASS | CLASS DESCRIPTION | BACKSTAY PENNANT |
|---------|-------------------|------------------|
| Class A | Non-Spinnaker | White |
| Class B | Spinnaker | Blue |
| Class C | Martin 16 | N/A |

2. ENTRIES & CHECK-IN:

- 2.1. An entry form is required from each boat participating in the Race.
- 2.2. Competitors participate in this regatta entirely at their own risk. See rule 4, Decision to Race. Competitors acknowledge that sailing involves potential risks. As a condition of their participation in this regatta, competitors release all claims they may have against Point Loma Yacht Club and its officers, directors, members, committees and employees for damage to property, personal injury or death sustained in conjunction with or prior to, during or after the regatta. Competitors shall be responsible for damage or injury caused by their breach of The Racing Rules of Sailing or applicable governmental rules for the avoidance of collision
- 2.3. An entry fee is required from each boat participating. The fee is one dollar (\$1.00) per foot of the participating boat's length (max \$20.00)
- 2.4. Point Loma Yacht Club Asks that you register for this race through Regatta Network www.regattanetwork.com/event/20346
- 2.5. All Race Entries will be entered through Regatta Network www.regattanetwork.com/event/20346
- 2.6. Yachts will have completed their "Check-In" when they check-in with and are acknowledged by the R/C.
- 2.7. Check-In will commence when the "L" flag is hoisted. After the lowering of the "L" flag, check-in, and radio check-in will continue at the discretion of the Race Committee on VHF channel 68.

3. STARTING & RACING AREAS:

- 3.1. The STARTING AREA will be near the center of Harbor Island, by Race Committee Boat/Ashore.
- 3.2. FIRST START will be at approximately 1200.
- 3.3. The RACING AREA covers the general locations known as San Diego Bay.
- 3.4. For navigation, refer to NOAA Chart #18733.

4. THE START AND FINISH:

- 4.1. All races will be started in accordance with RRS 26.
- 4.2. The Start and Finish Line are the same and will lie between an orange flag on the Race Committee vessel (or ashore) and an orange or yellow Mark/Pin on the water south of the orange flag.
- 4.3. A distance buoy may be streaming aft from the Race Committee vessel (if on station) and this buoy is considered part of the Race Committee vessel.
- 4.4. Yachts whose preparatory signal HAS NOT been made shall keep clear of the starting area and of all vessels attempting to start.
- 4.5. The first warning will be approximately 1155. After the first start, subsequent classes will start at five (5) minute intervals, per RSS 26.
- 4.6. As a courtesy to participants, an attention signal consisting of 5 horn blasts may be used to alert all yachts that in approximately one minute the first starting sequence is to begin.
- 4.7. The start sequence for all classes will be:

| | |
|---------|-----------------------------|
| First: | Class A - Non-Spinnaker |
| Second: | Class B - Spinnaker |
| Third: | Class C - Martin 16 / Dingy |

- 4.8. Race Committee reserves the right to alter or combine classes or courses as appropriate

5. RECALLS:

- 5.1. Individual recalls will be signaled by one sound signal, in accordance with RRS 29.1.
- 5.2. Race Committee will attempt to hail "On Course Side" (OCS) yachts on VHF 68. The failure of a yacht to hear or receive a hail shall not be grounds for redress.
- 5.3. General recalls will be signaled by hoisting the "First Substitute" flag and two (2) sound signals, in accordance with RRS 29.2. The warning signal for a new start for the recalled class shall be made as close to one minute after the "First Substitute" is **removed**. The warning signal shall be one (1) sound. The starts for any succeeding classes shall follow the new start.
- 5.4. It is the intent of the Race Committee to avoid General Recalls by using the Individual Recall to the maximum extent possible.

6. COURSE:

- 6.1. Course numbers will be displayed by Race Committee no later than the preparatory signal for each class.
- 6.2. The course will not be changed after the start.
- 6.3. Marks are to be left to port.
- 6.4. Course numbers are listed below and are intended to be a part of these Sailing Instructions.
- 6.5. Race Committee reserves the right to alter or combine classes or courses as appropriate

| COURSE # | COURSE | DISTANCE |
|----------|--|----------|
| 1 | S - R20p - G21p - FM19p - G21s - FM19p - F | 2.7 NM |
| 2 | S - R20p - G21p - FM19p - R20s - FM19p - F | 4.3 NM |
| 3 | S - 19 - 17 - 20 - FM 19 - F | 4.55 NM |
| 4 | S - 19p - 17p - 15p - 20s - FM 19s - 23p - F | 7.9 NM |
| 5 | S - 19p - 21s - 22p - FM 19p - F | 5.45 NM |

7. POSTPONEMENT AND ABANDONMENT:

- 7.1. Before the starting signal, the race committee may for any reason postpone (display flag AP with two sounds) or abandon the race (display flag N over H, or N over A, with three sounds).

8. TIME LIMIT:

- 8.1. The RC will retire at 1600 HOURS (earlier if all yachts have finished), however it will stay on line any additional time equal to any postponement time, and those yachts that have not finished will be recorded as DNF. This changes Rule 35.
- 8.2. Any yacht withdrawing from the race for any reason will notify the RC either by coming along side or by radio VHF channel 68.

9. SCORING:

- 9.1. In accordance with RSS Appendix A3 of the Racing Rules: *The time of a boat's starting signal shall be her starting time, and the order in which boats finish a race shall determine their finishing places. However, when a handicap or rating system is used, a boat's corrected time shall determine her finishing place.*

10. PROTESTS:

- 10.1. Protests shall be initiated in compliance with Rule 61 except as amended by these Sailing Instructions.
- 10.2. Skippers are required to inform the Race Committee after finishing and/or before retiring from the course area of the sail number(s) or name(s) of the yacht(s) being protested.
- 10.3. The Protest Procedure (RRS Part 5) is modified here. After a valid protest is lodged there will be an arbitration hearing involving one Rules Judge, the Protestee, and the Protestor. The arbitration will be held at PLYC as soon as possible post-race. If the arbitration participants agree that the protested or protesting yacht infringed a rule, the judge will penalize the infringing yacht by applying a maximum 60-minute time penalty or a disqualification. Arbitrations will not be reopened and arbitration rulings and penalties are not subject to redress. If the arbitration fails to resolve the protest, a regular protest hearing will be held at a time and place to be determined by the Protest Committee Chairman and the parties to the protest. Protest Committee penalties shall be time penalties. The Minimum Time Penalty shall be 60 seconds.

11. ALTERNATIVE PENALTIES:

- 11.1. RRS 44.2 (the One Turn Penalty) will apply.

12. RADIO:

- 12.1. The Race Committee will monitor VHF channel 68 except during any starting sequence.

13. RESPONSIBILITY, PERSONAL FLOTATION, AND SAFETY:

- 13.1. It is the sole responsibility of the skipper of each yacht to decide whether or not to start or to continue to race.
- 13.2. While racing each competitor will be required to have onboard all USCG required safety devices and flotation devices.
- 13.3. Notwithstanding any safety requirements, the ultimate safety of a yacht and her crew is the sole and inescapable responsibility of the owner or charterer. He/she must do his/her part to ensure that the yacht is fully sound, thoroughly seaworthy and manned by an experienced crew who are physically fit. He/she must be satisfied as to the soundness of hull, spars, rigging, sails and all gear. He/she must ensure that all safety equipment is properly maintained and stowed and that the crew knows where it is kept and how it is used.

14. RACE RESULTS, TROPHY PRESENTATION, & POST-RACE ACTIVITIES:

- 14.1. Due to Coronavirus restrictions on Gathering there will not be an after race party or silent auction as in past years. Nor will trophies be awarded this year. All proceeds from the entry fees will be provided as a donation to CSSD.

15. FURTHER INFORMATION

All racers /boat owners must follow the Safe Opening Protocol for Recreational Boating as included at the end this document:

QUESTIONS MAY BE ADDRESSED TO R/C CHAIR AT INFO@POINTLOMAYACHTCLUB.ORG

SAFE REOPENING PROTOCOL

RECREATIONAL BOATING (NON-COMMERCIAL) ADDENDUM

Purpose

The purpose of this document is to provide guidance for San Diego County Yacht Clubs, Port Tenants, and Public Parks/Launch Ramps, where boaters embark on their outings, to amend their sanitization and social distancing protocols to include vessels.

Signage (Mandatory)

- This Addendum must accompany the Safe Reopening Protocol posted at each marina yacht club or public launch ramp where recreational boats are docked or launched.
- This Addendum must also be sent to each boat owner at each marina or yacht club where recreational boats are docked.

Measures to Protect Guest Health (Mandatory)

- Each boat will be required to log all persons aboard for purposes of contact tracing during the incubation period.
- The person in charge of each boat will confirm that each person aboard has shown no signs of illness and does not live with or had contact with any person who has had signs of illness for at least 14 days. Signs of illness can include but are not limited to: fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, and diarrhea.
- Face coverings will be required to be available for everyone on the boat and must be worn properly when within 6' of another person not in the same household.

Measures to Prevent Crowds from Gathering

- No land-based social event or gathering associated with boating.
- When rafted together, persons transiting across boats or on someone else's boat will wear face covering when 6' of separation cannot be achieved.

Measures to Keep People at Least Six Feet Apart

- Limit number of persons on board based on the natural configuration of the boat to allow a 6 foot separation between non-household persons unless face coverings are worn.

Measures to Prevent Unnecessary Contact

- Face coverings will be utilized in interior areas where more than one person is present.

Measures to Increase and Ensure Hygiene and Sanitation

- The person in charge of the boat shall be responsible for the cleanliness and sanitation of the boat prior to allowing persons on board.
- The person in charge of the boat will be responsible for providing hand washing facilities and/or hand sanitizer effective against COVID-19 to all persons on the boat, to include requiring hand sanitizing before boarding.
- The person in charge of the boat will be responsible for providing disinfecting sprays or wipes that are effective against COVID-19 to sanitize equipment and frequently touched surfaces.

References:

SD County COVID-19: <https://www.sandiegocounty.gov/coronavirus.html>

CDC COVID-19: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>