



SAILING INSTRUCTIONS



Flying Scot® Northeast Regional District Championship October 1 – 3, 2021

Hosted by Massapoag Yacht Club
58 Lakeview St
Sharon, MA 02067
(781)784-5828

Organizing Authorities: Flying Scot® Sailing Association (FSSA) and Massapoag Yacht Club (MYC)

1. RULES

- 1.1 The regatta will be governed by the rules as defined in the current *The Racing Rules of Sailing* (RRS).
- 1.2 US Sailing Prescriptions to RRS 63.2 and 63.4b will not apply.
- 1.3 The Technical Committee is the Measurement Committee appointed by FSSA.

2. NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the official notice board located on LL Locker on the MYC beach.

3. CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any changes to the Sailing Instructions (SI's) will be posted before 0900 on the day they will take effect, except that any change in the racing schedule will be posted before 1800 the day before it will take effect.

4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the flagpole on the MYC beach.
- 4.2 When Flag AP is displayed ashore, "one minute" is replaced with "not less than 15 minutes" in the Race Signal AP. This changes "Race Signals".

5. SCHEDULE OF RACES

- 5.1 Competitors' meetings will be held Saturday, October 2 and Sunday, October 3 at 9:30 on the club deck.
- 5.2 Three races are planned for Saturday, and two races are planned for Sunday.
- 5.3 Races are scheduled as follows:

5.3.1 Saturday, October 2	First Warning Signal of the Day	1000
5.3.2 Sunday, October 3	First Warning Signal of the Day	1000
5.3.3 Sunday, October 3	No Warning Signal after this time	1300
- 5.4 Flag A displayed, with no sound, while boats are finishing means "No more racing today."

6. CLASS FLAGS

- 6.1 The class flag will be a red Flag with a white FS insignia.

7. RADIO COMMUNICATION

- 7.1 The race committee (RC) will use VHF Channel 74 to communicate with competitors.
- 7.2 Competitors are only to contact the RC on the water in the event of emergencies, safety issues, to retire from a race or report a protest or penalty taken.

8. RACING AREA

- 8.1 The race area will be in Lake Massapoag in front of the clubhouse.

9. THE COURSES

- 9.1 The courses to be sailed are Windward-Leeward as shown in the Course Diagram.
- 9.2 There will be an offset mark at the windward mark.
- 9.3 There will be a leeward gate. Boats shall sail between the gate marks in the direction from the previous mark and round either mark. If a gate mark is missing, the remaining mark shall be rounded to port.
- 9.4 Except for the leeward gate, all marks shall be rounded to port.
- 9.5 The course designation will be displayed on the course holding frame on the signal boat.

10. MARKS

- 10.1 The starting marks will be a starting pin with an orange flag and the RC signal vessel.
- 10.2 The windward mark and gate marks will be orange tetrahedrons, yellow cylinders or pink cylinders.
- 10.3 The offset mark will be a white ball.
- 10.4 The finishing mark will be a finish pin with a blue flag and an RC vessel.
- 10.5 Change marks will be yellow balls. If the course is changed again, the original marks will be used.

11. SAFETY CHECK-IN

- 11.1 When the RC signal vessel displays Code Flag L prior to the first warning signal each day, competitors shall sail past the stern of the signal vessel on starboard tack and hail their sail number until acknowledged by the RC. Only the RC may protest alleged breaches of this sailing instruction. Each time a boat breaks this sailing instruction, it shall be posted on the Official Notice Board. The second time, and every time thereafter that a boat breaks this sailing instruction, the penalty shall be applied to the first race of the day on which the 2nd or 3rd infraction occurred and shall be: 1) the Scoring Penalty calculated as stated in rule 44.3(c) or 2) another penalty. This changes RRS 60.1 and 60.3.

12. THE START

- 12.1 The starting line will be between a staff displaying an orange flag on the RC signal vessel at the starboard end, and the course side of the starting mark on the port end.
- 12.2 As a courtesy, the warning signal may be preceded by a VHF announcement to alert competitors that a starting sequence is about to begin.
- 12.3 As a courtesy, the RC may, after the starting signal, hail the sail and/or bow numbers of OCS boats via VHF radio. The delay of such hails, the order of hailing, the failure of the RC to hail, or the failure of a competitor to hear such a hail shall not be grounds for redress. This changes RRS 62.1(a).
- 12.4 A boat that does not start within 5 minutes after her division's starting signal will be scored DNS without a hearing. This changes RRS 63.1 and A5.1.

13. CHANGED OR SHORTENED COURSE

- 13.1 No course shall be shortened to fewer than three legs, two of which shall be to windward, and the second windward leg shall be approximately as long as the first. The leg of the course from the windward mark to the offset mark will not count as a leg of the course for this rule.

14. THE FINISH

- 14.1 The finish will be between a staff displaying an orange flag on an RC vessel and the course side of the finishing mark.
- 14.2 Boats that retire before finishing should inform the RC as soon as possible and may do so by VHF radio.

15. PENALTY SYSTEM

15.1 RRS Appendix V Alternative Penalties

- 15.1.1 V1 Penalty At The Time Of An Incident: The first two sentences of rule 44.1 are changed to: 'A boat may take a One-Turn Penalty when she may have broken one or more rules of Part 2 or rule 31 in an incident while *racing*. However, when she may have broken one or more rules of Part 2 while in the *zone* around a *mark* other than a starting *mark*, her penalty shall be a Two-Turns Penalty.'
- 15.1.2 V2 Post-Race Penalties:
 - 15.1.2.1 Provided that rule 44.1(b) does not apply, a boat that may have broken one or more rules of Part 2 or rule 31 in an incident may take a Post-Race Penalty at any time after the race until the beginning of a protest hearing involving the incident.
 - 15.1.2.2 A Post-Race penalty is a 30% Scoring Penalty calculated as stated in rule 44.3(c). However, rule 44.1(a) applies.
 - 15.1.2.3 A boat takes a Post-Race Penalty by delivering to the race office a written statement that she accepts the penalty and that identifies the race number and where and when the incident occurred.

16. TIME LIMITS

- 16.1 The following time limits apply to each race:
 - 16.1.1 The time limit for the first boat to pass the first mark will be 30 minutes, and for the first boat to sail the course and finish will be 90 minutes.
 - 16.1.2 If either of these limits is not met, the race will be abandoned.
 - 16.1.3 Boats failing to finish within 30 minutes of the first boat to sail the course and finish will be scored Time Limit Expired (TLE) as described in the SCORING section below. This changes RRS 35 and A10.

17. PROTESTS, REDRESS

- 17.1 **Protests:** Protest forms will be available inside the clubhouse and shall be filed within 30 minutes of the RC signal vessel docking time, which will be posted on the official notice board. The order of protests will be posted within 15 minutes of the end of the protest time. Protests will be held in or near the clubhouse approximately in the order received.
- 17.2 **Redress Request:** If the RC posts a list of boats scored OCS, ZFP, UFD, or BFD on the official notice board, a request for redress shall be made no later than 30 minutes after posting or the protest time limit, whichever is later. This changes RRS 62.2.
- 17.3 On the last day of racing, a request for reopening a hearing or a request for redress based on a Protest Committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2 and 66.

18. SCORING

- 18.1 The Low Point System of Appendix A of the RRS will apply with the following modifications:
 - 18.1.1 One race must be completed to constitute a series.
 - 18.1.2 Each boat's score shall be the total of her race scores, and no score shall be excluded. This changes RRS A2.1.
 - 18.1.3 A boat scored DNC, DNS, OCS, UFD, BFD, NSC, DNF, RET, DSQ or DNE shall be scored points for the finishing place one more than the number of boats assigned to its Division. This changes RRS A5.1.

18.1.4 A boat scored TLE will be awarded points two greater than the last boat assigned to its Division to sail the course and finish within the 30 minute time limit. This changes RRS 35, A4, A5.1 and A5.2.

19. SUPPORT BOATS

19.1 A competitor shall not use support or spectator personnel or their equipment, including tow vessels, while away from the dock unless they have been pre-approved by the Protest Committee, RC, or made available to all competitors by an Organizing Authority.

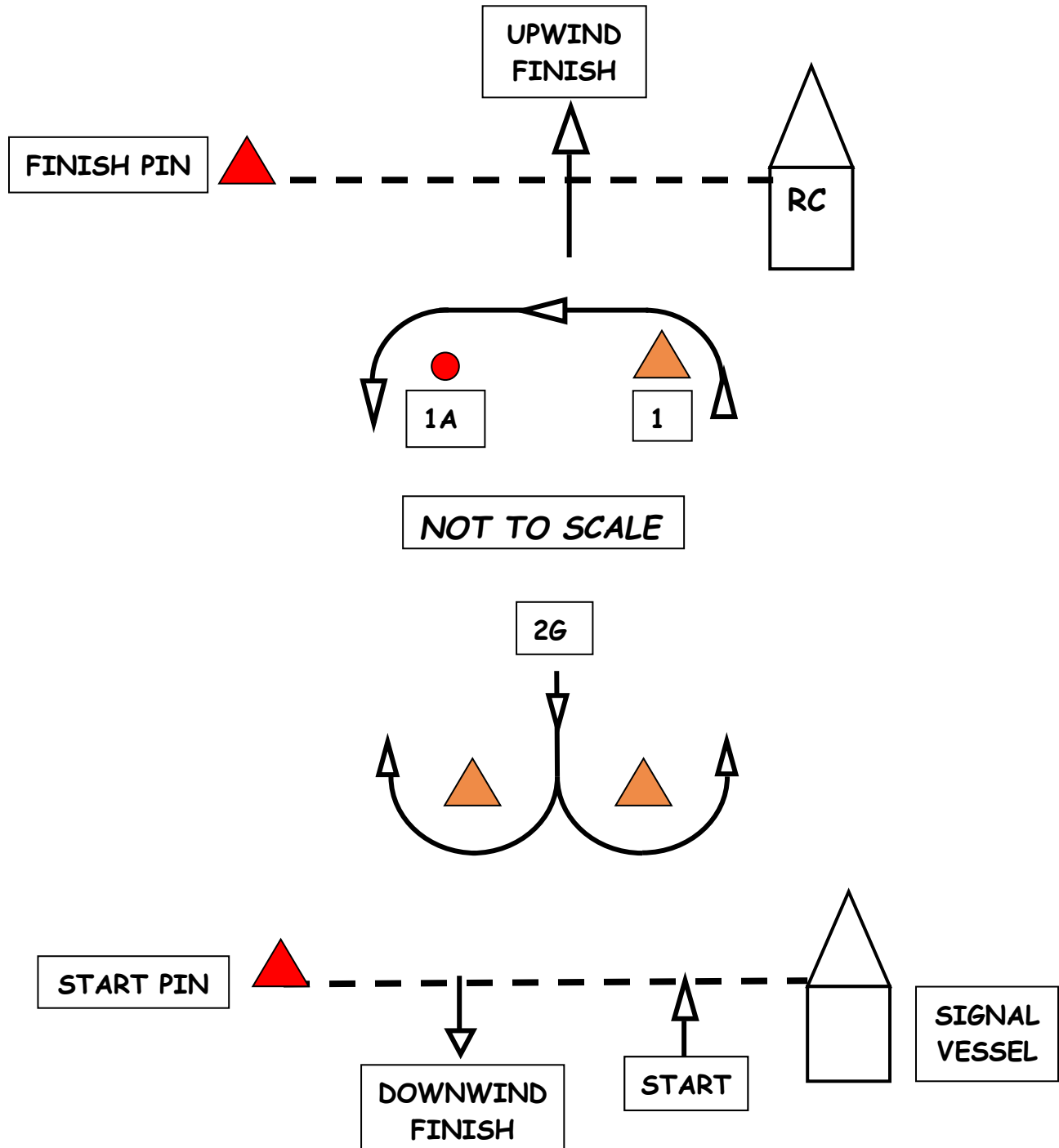
20. PRIZES

20.1 Trophies will be awarded as stated in the Notice of Race.

21. DISCLAIMER OF LIABILITY

21.1 The disclaimer is as stated in the Notice of Race.

COURSE DIAGRAM
WINDWARD-LEEWARD



COURSE 3: START-1-1A-2G-FINISH (upwind)
COURSE 4: START-1-1A-2G-1-1A-FINISH (downwind)
COURSE 5: START-1-1A-2G-1-1A-2G-FINISH (upwind)
NOTE: MARK COLORS AND SHAPES ARE SCHEMATIC ONLY.