



Single-Handed Long-Distance Race

July 18, 2020

Monterey Peninsula Yacht Club

SAILING INSTRUCTIONS

- 1. RULES**
 - 1.1. The race will be governed by the rules as defined in The Racing Rules of Sailing.
 - 1.2. The 2020 Monterey Peninsula Yacht Club Sailing Instructions will apply. The Sailing Instructions are available at www.mpyc.org
 - 1.3. All boats shall have only one person onboard. Each boat shall submit a float plan as part of its registration through Regatta Network.
 - 1.4. All competitors are required to wear personal flotation devices while racing. The “Y” flag will not be displayed. This changes RRS 40.
 - 1.5. The “T” flag will be displayed on the race committee boat. All boats shall have jack lines, tethers and safety harness installed and in use.
- 2. NOTICE TO COMPETITORS**
 - 2.1. A mandatory skippers meeting will be held at 0900hrs via Zoom.
<https://middlebury.zoom.us/j/8316476575?pwd=cDBRTXpQa2twNWRud3dvOTNOTUo2UT09>, Password: 1945
 - 2.2. On the water, the Race Committee may use VHF channel 68 for communication.
 - 2.3. Additional sailing instruction may be issued at the skippers meeting.
- 3. SCHEDULE AND CLASS FLAGS**
 - 3.1. The first warning signal is scheduled for 1155hrs.
The class flag will be code flag B for all Divisions.
 - 3.2. One start is scheduled for all Divisions.
- 4. RACE AREA AND COURSE**
 - 4.1. Racing will occur between Monterey, the MBARI “A” Buoy and Santa Cruz Bay.
 - 4.2. The starting area will be in the vicinity of Monterey Mile buoy on a line between the buoy and the race committee boat.
 - 4.3. The course: MPYC “Mile” buoy - MBARI “A” (to starboard) - Santa Cruz Mile “A” (to starboard), and MPYC “F” buoy to port (approx 42 Nm)
- 5. THE START**
 - 5.1. The starting line will be between a staff displaying an orange flag on the race committee boat and Monterey “Mile” buoy.
 - 5.2. All boats are required to check in with the race committee prior to the first warning on VHF Channel 68.
 - 5.3. After the starting signal, the race committee may hail the sail number(s) of the boat(s) identified on the course side of the starting line by VHF channel 68.
- 6. THE FINISH**
 - 6.1. The finish line will be between MPYC “F” buoy which shall be left to port and the rooftop flag pole on the MPYC club house.
 - 6.2. Finishing boats shall take their own time and report their arrival and finish time to the race committee using either a VHF radio (Channel 68) or a cellular phone. A mobile number will be provided at the skippers meeting. Failure to check in with the race

committee at the time of finish, or soon thereafter may lead to disqualification from the race.

7. PENALTIES AND PROTEST

7.1. RRS Appendix V1 and V2 will apply.

7.2. While participating boats shall adhere to RRS, no protests will be accepted. In the Corinthian spirit and tradition of this race, skippers involved in possible rules altercations and or contact between boats, shall resolve their differences between themselves. MPYC bears no responsibility for any bruised egos, limbs or boats.

8. TIME LIMIT

8.1. The time limit for the race will be 2000hrs.

9. SAFETY REQUIREMENTS

9.1. In addition to the safety requirements specified in the 2020 Monterey Peninsula Yacht Club Sailing Instructions, all boats shall be equipped with the following minimum safety equipment:

9.1.1. Life lines appropriate for the particular boat design;

9.1.2. A VHF marine radio capable of dual band monitoring, or two radios, monitoring Channels 16 and 68 respectively;

9.1.3. A GPS tracking device;

9.1.4. Installed jack lines, tethers and safety harness;

9.1.5. Working navigation lights;

9.1.6. A working cellular phone;

9.1.7. A working flashlight with additional batteries.

9.2. Skippers shall check in with the race committee by text when they pass the MBARI "A" and Santa Cruz "A" buoys.

10. SCORING

10.1. Scoring will be in accordance with the 2020 MPYC Sailing Instructions. Finish times will be calculated on the basis of Time-On-Time (TOT). The corrected time will be calculated as $CT = ET * (650 / (550 + PHRF))$.

10.2. For PHRF A and PHRF B boats to be scored separately a minimum of three boats in each fleet should have properly checked in with the race committee. In case of fewer boats in any of the fleets, all boats will be scored together.

11. PRIZES

11.1. The names of MPYC owned winning boats in each fleet will be engraved on the perpetual trophy. Prizes will be awarded to the first boat in each division. Additional prizes will be given at the discretion of the organizing authority.

12. DISCLAIMER AND LIABILITY

12.1. Competitors participate in this race entirely at their own responsibility. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

12.2. All skippers shall submit the MPYC liability waiver form as part of their registration.