



## 2020 LYRA Rochester Regional Race

### SAILING INSTRUCTIONS

#### **1 RULES**

1.1 The race will be governed by the rules as defined in *The Racing Rules of Sailing* including US Sailing Prescriptions.

1.2 Class Rules of PHRF-Lake Ontario shall apply.

#### **2 NOTICES TO COMPETITORS**

2.1 Notices to competitors shall be communicated through the email using the address provided at registration on US Sailing's Regatta Network.

#### **3 CHANGES TO THE SAILING INSTRUCTIONS**

3.1 The Race Committee may make oral changes to the Sailing Instructions on the water by VHF radio. These changes shall apply 10 minutes after they are announced.

#### **4 SIGNALS MADE ASHORE**

4.1 Signals made ashore will be displayed on the flagpole at the Rochester Yacht Club and the Genesee Yacht Club. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 40 minutes' in the definition of Race Signal AP.

#### **5 SCHEDULE OF RACES**

5.1 No skippers' meeting due to COVID-19 restrictions. Any question can be addressed via text messages. Questions can be posed to Rob Reisch at 585-414-1982 SI author or Larry Sill at 585-737-0854 PRO.

5.2 An Attention Signal may be given as a courtesy at 9:54 a.m. on Saturday, Aug. 1st.

5.3 The First Warning will be at 9:55 a.m. on Saturday, August 1st

## 6 CLASS FLAGS

6.1 Division starts will follow RRS Rule 26. Code flags "1" through "8" corresponding to the division numbers defined by the final fleets splits shall signal each start. The starting signal for each division shall be the warning signal for the next. Fleet splits will be circulated via email used to register for the event on US Sailing's Regatta Network.

## 7 RACING AREA

7.1 The racing area shall be the open waters of Lake Ontario. .

## 8 COURSE

8.1 The course starts in Rochester near the end of the Genesee River East Pier and rounds to port a permanent white spar buoy in Pultneyville, approximately located at 43.17.645 N 77.10.795 W, then back to Rochester east pier. Boats shall observe the exclusion zone off the Ginna power plant.

## 9 THE START

9.1 The starting line will be located approximately ¼ to ½ mile East of the East Pier entrance to the Genesee River at the Rochester Harbour.

9.2 The Starting Line will be between the orange flag on the Signal Boat and the nearest starting mark course side edge.

9.3 Boats not in the starting area 30 minutes after the last start may use propulsion to cross the starting line to the pre-start side. No less than 5 minutes after discontinuing the use of propulsion she may properly start

9.4 Boats starting later than 60 minutes after the final start shall be scored DNS without a hearing. This changes rule A4.

9.5 The race committee shall attempt to announce boats in violation of RRS 29.1 (Individual Recall) or 30.1 (I Flag Penalty) via VHF channel 71. Failure to make a broadcast or to time it accurately will not be grounds for a request for redress. This changes RRS 62.1(a)

## 10 TIME LIMITS

10.1 The time limit will be 11:59 p.m. Saturday, August 1st.

10.2 If fewer than three boats finish within the time limit, those boats will be scored in accordance with their corrected times for the entire race. The remainder of the first three places will be determined by the corrected times reported at the Pultneyville rounding mark.

## 11 PROTEST TIME LIMIT

11.1 Protests shall be filed within 2 hours of finishing the race. Protests are filed online at: [https://www.racingrulesofsailing.org/protests/new?event\\_id=1242](https://www.racingrulesofsailing.org/protests/new?event_id=1242)

Note the form may state the following but use this form:

Freeman long distance

Hearing Request Form

Used for a Protest, Request for Redress or Request to Reopen

## 12 SCORING

12.1 Scoring shall be based on PHRF-LO Handicap time-on-time.

12.2 All boats shall use GPS time and within 5 minutes (i.e. when it is safe to do so) of the rounding or finish through a text message to Bill Thompson at (585) 734-3883 using the following prescribed format:

**Mark Rounding or Finish, Boat Name, Sail Number, time HH:MM:SS**

**12.3** In the event of boats not being able to complete the race within the final time limit, the time taken at the white spar buoy in Pultneyville may be used to score some or all of the boats. All boats shall take their own GPS times for the following 2 situations:  
12.3.1 **Mark Rounding** at the Pultneyville when the vessel is due south of the white spar buoy in Pultneyville, at 43.17.645 N 77.10.795 W. This recorded time shall be communicated via text to the event scorer Bill Thompson at (585) 734-3883 using the format specified in 12.2. Failure to report the rounding time as specified will result in a DNF.

12.3.2 **Finish** The finishing line for all divisions shall extend due north 1/8 nautical mile from the end of the East Pier of the Genesee River. When you have crossed the finishing line, record and report your finishing time via text to the Event Scorer, Bill Thompson at (585) 734-3883 using the format specified in 12.2. Failure to report your finish time as specified will result in a DNF.

**12.4** If you do not have a GPS receiver that displays the time in hours, minutes and seconds, you can calculate your GPS finish time by adding your elapsed time (HH/MM/SS) to the actual GPS start time (as announced by the Race Committee). For example:

GPS Start Time:	10:00:00
Your Elapsed Time:	+9:27:12
Calculated GPS Finish Time:	19:27:12

## **13 SAFETY REGULATIONS**

### **13.1 Single-Handed Divisions**

**13.1.1** The use of Auto-pilots and or self steering devices shall be permitted for Single handed sailors only.

**13.1.2** While racing and on deck single handed sailors shall wear a PDF and tether to jack lines or sound clipping points.

### **13.2 Boats Retiring**

**13.2.1** Boats retiring from the race shall contact the event scorer Bill Thompson at (585) 734-3883 via text message that contains the Boat Name and Retired

## **14 FINISHING**

**14.1** All boats shall record their own GPS time when crossing the finish line and report this time in accordance of section 12 Scoring

**14.2** The Finish line for all divisions shall extend due North 1/8 nautical mile from the end of the East Pier of the Genesee River.

## **15 COMMUNICATION**

**15.1** Radio Communication it is mandatory that all boats have VHF radios that are able to communicate on channel 16, and 71.

**15.2** Sailing Vessel must have a cell phone fully charged and capable of texting.

**15.3** All boats shall monitor VHF Channel 71 during the start and Channel 16 during the rest of the race.

**15.4** Boats may not use VHF, mobile, satellite, and cellular telephones to exchange information that would change the conduct of the race for any competitors. This excludes the exchange of location specifics of an emergency communications that is fully allowed and expected.

**15.5** The Race Committee may make courtesy announcements on channel 71.

## **16 PRIZES**

**16.1** First-, Second-, and Third-place, corrected, finishers in each division will win flags. First place finishers in each division will win LYRA trophies. All prizes will be physically presented at the LYRA Annual General Meeting at Youngstown Yacht Club on Saturday, November 14, 2020.

**17           DISCLAIMER OF LIABILITY**

**17.1**       Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

**18           OWNER/SKIPPER RESPONSIBILITIES**

**18.1**       The safety of a sailing yacht and her crew is the sole responsibility of the owner and the skipper. The owner and the skipper must make certain that the yacht is fully found seaworthy and well crewed. They must satisfy themselves as to the soundness of the hull, spars, rigging, sails, and equipment. They must see to it that all safety equipment is properly maintained and stowed, that the crew has been instructed in its use, and that the equipment is deployed when necessary.

**19           COVID-19 COMPLIANT RACE GUIDELINES**

**19.1**       Bob Duffy's office as approved the following guidelines:  
During the COVID-19 pandemic these rules shall be followed during the 2020 LYRA Rochester Regional Race. Given that social distancing cannot likely be maintained wearing a mask on a sailboat is a requirement. If anyone chooses to not follow the rules specified within section 19 it will not be a protestable issue.  
For each captain or crew if they have a yes answer to any of the following questions then they must stay home / do not participate.

Do you have:

- A new fever (100.4°F or higher), or a sense of having a fever?
- A new cough that you cannot attribute to another health condition?
- New shortness of breath that you cannot attribute to another health condition?
- A new sore throat that you cannot attribute to another health condition?
- New muscle aches that you cannot attribute to another health condition, or that may have been caused by a specific activity (such as physical exercise)?
- A new loss of smell or taste.

Make and maintain a log entry of contact information for your crew. Boat Equipment must be sanitized.