

Tips to *REDUCE Risk* of COVID Transmission while Racing:

These tips may reduce risk of COVID 19 transmission, but will not eliminate risk of COVID 19 Transmission. The safest practice from a COVID 19 standpoint is to sail only with members of your own household. The consensus of the information available at this time indicates that outdoor activities are lower risk, as the wind will dissipate the virus. Indoor activities, over a longer period of time, in poor ventilation, are much higher risk.

1. If sailing with others outside your household, sail with as few crew members as is safe. Ask all potential crew members to self-report any symptoms, and don't allow anyone to sail if they have had any symptoms recently.
2. Restrict rigging and de-rigging to household members, rather than having crew from outside your household help rig and de-rig. This reduces others touching more parts of the boat unnecessarily.
3. Assign each crewmember their duties before boarding. Reduce movement to other areas on the boat unless needed for safety. Crew assigned to the bow, stay on the bow. Crew assigned to the jib, stay near your winch, etc. Reduce handling of lines by multiple crew members. If possible, each crew member should have their own winch handle.
4. Encourage each crew member to bring their own cooler with snacks and drinks. Find a way to store and secure same above decks.
5. Keep above decks as much as possible. Avoid the cabin as much as possible. Ventilate the cabin as much as possible.
6. Keep hand sanitizer and disinfectant wipes on board so folks can wipe down anything they touch and keep their hands clean.
7. Wear masks below decks and above decks if you cannot keep 6 feet apart.
8. If the wind dies, turn on your motor and ***keep the boat moving***. Get everyone off the water as soon as possible. Wind, or apparent wind of a moving boat helps dissipate the virus.