



COVID-19 EVENT SAFETY

Competitors, Parents, Coaches, Volunteers, Staff MUST be familiar with and abide by these rules.

- All CDC recommendations must be followed. To include washing hands, face coverings, social distancing, and keeping people away when they have symptoms of COVID-19 or a fever over 100.3 degrees.
- While outdoors, onshore face coverings are recommended any time social distancing cannot be maintained
- Face masks are required any time anyone enters inside the building.
- All staff and volunteers must have their temperature checked upon arrival.
- Volunteers who do not report to the Sailing Center, Competitors, Parents, Coaches, and Vendors are advised to check their own temperature before arriving at the Sailing Center AND to do a personal health check to make sure they are free from any COVID-19 symptoms.
- The USSCMC strongly advises to all attendees that government health organizations are recommending people 65 years and older, those who live in nursing homes or long-term care facilities, and people with underlying medical conditions (particularly if not well controlled) should remain home. Underlying medical conditions include chronic lung disease or moderate to severe asthma, serious heart conditions, immunocompromised, severe obesity diabetes, chronic kidney disease undergoing dialysis, and liver disease. Reference: <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html>
- Maintain social distance when entering or existing restrooms. Please avoid creating lines and practice good hygiene using hand disinfectants (provided by the USSCMC).
- Remind attendees to avoid touching surfaces that do not need to be touched.
- Check-in will be on the grounds, outdoors, using the PA System, and volunteers with clipboards.
- The competitors' meeting will be held outdoors via the PA system.
- The awards ceremony will be outdoors and announced via the PA system. Coaches will distribute the awards to their children.
- There will be NO FOOD or drink provided by the venue for this event. Come with your own food or drink.
- Chairs will be removed from the upper deck to discourage social gatherings.