

Jack and Jill Race

5 September 2020

Sailing Instructions

4 September 2020

1. RULES

1.1 The race will be governed by the rules as defined in US Sailing's "The Racing Rules of Sailing" with the exception of any special instructions stated herein; stated at the Skipper's meeting; or as stated during the on-water check-in.

1.2 Rule RRS 40 is changed: all competitors are required to wear a life jacket or other adequate personal flotation device during the race.

1.3 See the "Safety Requirements" section in the 2020 MPYC Sailing Instructions.

2. COMMUNICATIONS (including changes)

2.1 Amendments/changes will be announced at the Skipper's meeting at 0900 on 5 September 2020. Oral instructions/ changes may also be made during the on-water check-in.

2.3 Communications with boats will be on VHF Channel 68.

3. SIGNALS MADE ASHORE

3.1 No signals will be made ashore.

4. SCHEDULE OF RACE

4.1 The race will start at 13:00 on Saturday, September 5, 2020.

4.2 All competing boats must check-in with the designated boat no later than 1245 hrs on VHF 68.

4.3 The Skipper's Meeting will be held via ZOOM on Saturday, September 5, 2020 at 0900. The Zoom link is:

<https://middlebury.zoom.us/j/8316476575?pwd=cDBRTXpQa2twNWRud3dvOTNOTUo2UT09> Password: 1945

5. CLASSES

5.1 Unless there are 3 or more boats in a One Design Class, all boats will be racing under PHRF handicap rules.

5.2 All classes will start at the same time and sail the same course. The class flag will be "F" will be used.

5.3 The race committee may decide to change the starting sequence and courses. Such changes will be posted on the race committee boat prior to the start of the starting sequence.

6. **RACING AREA**

6.1 Racing will occur in the Monterey Bay in the area between MPYC "G," "Lovers" and "H" buoys.

7. **COURSE**

7.1 All classes will sail the same course.

7.2 The course will posted on the race committee boat.

8. **PENALTIES**

8.1 RRS Appendix V1 will apply.

10. **SCORING**

10.1 Unless 3 or more boats registered for a One Design class, all competitors will be scored under PHRF handicap rules as per the 2020 MPYC Sailing Instructions. Disclaimers, Liability, and Health Department

11. **LIABILITY**

11.1 Competitors participate in the race entirely at their risk. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the race.

11.2 In accordance with Monterey County Health Department directives all social distancing practices are to be followed while participating in a MPYC racing event.