



# 2020 Lauderbowl

Dates: December 28-30, 2020

Hosted by Lauderdale Yacht Club

## GREEN FLEET SAILING INSTRUCTIONS

Opti Class Philosophy: USODA is a teaching class and GREEN FLEET is its introductory fleet for novice sailors. The Rules of Sailing are important and taught but learning to race while having fun is equally stressed. These sailing instructions are structured within *The Racing Rules of Sailing* to provide a flexible, less structured and less formal racing environment. Green Fleet is not scored. All participants receive participation awards. While race placement and progress may be tracked, who places first is less important than learning, improving, and having fun along the way. Parents and competitors who are looking for a more competitive environment should consider the Championship Fleet red, white and blue racing divisions.

SAFETY NOTICES COVID-19 - The Organizing Authority is fully committed to the safety of all competitors participating in this event. Depending on local conditions at the time, skippers meetings or awards parties may be held virtually or in new locations and similar adaptations may be made in full communication with the competitors. The Organizing Authority will follow all applicable government regulations and prudent best practices to mitigate any possible health risks, and we ask all competitors and support persons to do the same.

### 1. RULES

- 1.1. This regatta is organized under the authority of the Lauderdale Yacht Club and will be governed by The Racing Rules of Sailing, the USODA 'Sailor Code of Conduct' and the prescriptions of US Sailing available at [www.ussailing.org](http://www.ussailing.org).

### 2. NOTICES TO COMPETITORS

Notices to competitors will be texted to the group (we have 10-12 sailors total in Green Fleet).

### 3. CHANGES TO THE SAILING INSTRUCTIONS

- 3.1. Any change to the sailing instructions will be announced at the Green Fleet Competitors Zoom Meeting.

### 4. SIGNALS MADE ASHORE

- 4.1. AP or other signals will be sent via text to the group and coaches notified.

### 5. SCHEDULE OF RACING

**Skippers meeting** will be held on ZOOM at 6:30pm on Sunday Dec 27th.

Sharon Johnson is inviting you to a scheduled Zoom meeting.  
<https://us02web.zoom.us/j/83864283664?pwd=SU5HY1cvdGdrb0xXZWFPmjY5UGpqQT09>. Meeting ID: 838 6428 3664. Passcode: 511099

**Report time** for green fleet is 10 am December 28, 29 & 30.

Green Fleet sails an informal schedule. The Green Fleet PRO will announce the plan for the day each morning. The schedule may change based on conditions and the requirements of the sailors.

No races shall start after 2:30 pm on Wednesday Dec 30th.

### 6. CLASS FLAG

The class flag will be announced at the skippers meeting.

### 7. RACING AREA

The racing area will be in the intracoastal water way (ICW) on the east side of LYC. This may change to Sunset Lake, north east of LYC on the ICW based on conditions.



**8. THE COURSES**

The courses may be windward/leeward, triangles or other courses based on wind direction the PRO's discretion. On the water, the course will be posted on a white board on the Signal Boat and/or hailed by the race committee.

**9. MARKS**

Rounding marks may be an orange, white, green bouy or inflatable.

**10. THE START AND FINISH**

- 10.1. Races will be started with sounds according to Appendix U (3-minute sequence). The race committee may verbally hail the countdown. The class flag may be displayed on the signal boat during the start sequence.
- 10.2. The starting and finishing line will be between a staff on the signal boat displaying an orange flag and the nearby mark.
- 10.3. Boats that have finished shall immediately sail to the right of the finish line and stay clear of all other boats that are still racing.

**11. CHANGE OF THE NEXT LEG OF THE COURSE**

To change the next leg of the course, the race committee will move the original mark (or move the finishing line) before the first boat has rounded the previous mark. No signals are required for this change. This changes rule 33.

**12. PENALTY SYSTEM**

The penalty system described in rule 44.1 and 44.2 is changed so that only one-turn, including one tack and one jibe is required. This changes rule 44.1.

**13. PROTESTS AND REQUESTS FOR REDRESS**

Since Green Fleet is not scored, protests are teaching opportunities. An open discussion of the protest process (mock protest) may be held if resources are available. All competitors, parents and coaches are encouraged to attend and observe.

**14. SCORING**

Green Fleet is not scored. All participants receive participation awards. While placement and progress may be tracked, scores are less important than learning, improving, and having fun along the way.

**15. COACHING**

**Coaching is encouraged by the race committee. Coaching should focus on the bottom half of the fleet.** Coaching on the water is for all, and all coaches are required to assist all sailors.

**16. SAFETY**

- 16.1. All boats may be inspected for proper rigging and safety prior to racing.
- 16.2. At the regatta, each sailor will check in and out with their coach prior to and after sailing.
- 16.3. An adult (parent, guardian or designated adult) is responsible for the safety of their sailor. It is the responsibility of this adult to decide if the sailor should sail in the weather and sea conditions that might arise during the event. The adults supervising the competitors are ultimately responsible for the risks.
- 16.4. The designated adult shall accept full responsibility for all actions of the competitor during any activity related to the event. This includes on-shore activities before, during, and after the regatta.
- 16.5. Every sailor must wear a non-inflatable U.S. Coast Guard approved personal flotation device (PFD). PFDs must be fully secured (zipped, clipped and strapped) at all times on the water, except for brief periods for the removal or adding of clothing.
- 16.6. Each competitor must have a whistle attached to his or her PFD at all times on the water.
- 16.7. Each boat shall have a secure loop tied at the end of its painter (bow) line.
- 16.8. Any sailor retiring from a race must notify a race committee boat or safety boat before leaving the course.