



Lauderdale Yacht Club  
Lauderbowl 2020  
Laser Radial, 4.7, and Opti  
December 27-30, 2020

## SAILING INSTRUCTIONS

Competitors and coaches are strongly encouraged to read the [Notice of Race](#) and these Sailing Instructions and be familiar with special rules ashore and afloat to protect competitors, volunteers, and LYC members from unique hazards associated with COVID-19 and the Ft. Lauderdale sailing venue.

**Specific attention is drawn to NOR 9 and 13, and SIs 1.3, 3, 4, and 15.7.**

**This is an online document.**

**Hyperlinks to web pages beyond this document are indicated in [blue, underlined text](#) you can click to access from your device.**

### **1 RULES**

- 1.1 This regatta is organized under the authority of the Lauderdale Yacht Club and will be governed by the Racing Rules of Sailing (RRS) and the prescriptions of US Sailing except those of rules 63.2 and 63.4.
- 1.2 If there is a conflict between the Notice of Race and these Sailing Instructions, the Sailing Instructions will take precedence. This changes RRS 63.7.
- 1.3 Inclement Conditions.** If, in its sole discretion, the race committee determines ocean sailing conditions, or port transit conditions, are unsuitable for any class or any part of a class, designated competitors may be assigned an alternate location and courses in protected waters, or not permitted to sail. This changes RRS 4 (Decision to Race). See the [Launch Conditions Addendum](#) for additional detail.
- 1.4 All competitors shall wear a U.S. Coast Guard approved personal flotation device, or one that complies with the regulations of their National Authority. See also SI 9.1.
- 1.5 Any competitor causing damage of any kind to an anchored race committee vessel shall not be exonerated by RRS 41 (Taking a Penalty). The protest committee may impose a penalty of up to DNE for a violation of RRS 31 (Touching a Mark) that causes such damage. This changes RRS 41 and 64.1.

### **2 REGISTRATION & ENTRIES**

- 2.1 The regatta is open to Laser Radials, Laser 4.7s (both of which may be referred to collectively as “Lasers”) and Optimist Dinghies. Optimists sailing in Green Fleet have separate sailing instructions.
- 2.2 All support boats must check in during registration to receive their event identification flag.

### **3 VENUE**

- 3.1 Competitors will be assigned specific rigging areas, grouped by teams. Boats shall remain in their staging areas until released to launch, and must use the launching areas assigned.
- 3.2 Optis will stage at and launch from the Lauderdale Yacht Club.
- 3.3 Lasers will stage at and launch from Dr. Von D. Mizell-Eula Johnson State Park (formerly John U. Lloyd Beach State Park, referred to as “the Park”) located at 6503 N Ocean Dr, Dania Beach, FL 33004.

#### 4 EQUIPMENT AND INSPECTION

- 4.1 In addition to any class requirements, all entrants shall carry a tow line of at least 25 feet in length and at least ¼ inch in diameter. The tow line shall be securely tied to the mast with a bowline at all times while afloat including when racing.
- 4.2 The Race Committee may conduct random safety checks. Penalties up to disqualification may apply.

#### 5 COMMUNICATION WITH COMPETITORS

- 5.1 When official notices ashore are made to competitors they will be signified by display of Code Flag L consistent with SI 7.1.
- 5.2 The [Official Notice Board](#) can be found online at [www.lycsailing.com](http://www.lycsailing.com). Notices to competitors, including SI or schedule changes, Race Committee Actions (OCS, BFD, etc.) and Protests Filed will be posted in the “Notices” section. Protest hearing times will be posted in the “Hearing Times” section.
- 5.3 The Race Headquarters will be located at the Lauderdale Yacht Club in the Atlantic Room.
- 5.4 An [Online Race HQ](#) will be used to communicate with competitors and support persons in a non-contact manner. This is accessible by Zoom (video, not dial-in only) at links in the NOR and SIs indicated as “[Online Race HQ](#)” as well as graphic QR codes like the one on the right on other race documents and signage. the Online Race HQ will be the first communication point for coaches meetings, skippers meetings, arbitration hearings, scoring inquiries, and a help desk for all competitors
- 5.5 The Race HQ and [Online Race HQ](#) will be staffed each day from 0800 hrs until 30 minutes after launch, and from the time of the last finish until 30 minutes after the protest time limit.
- 5.6 The designated VHF channel for the race committee is 69.



#### 6 CHANGES IN SAILING INSTRUCTIONS

- 6.1 Any change in the sailing instructions will be posted before 0900 on the day it will take effect. Any change to the schedule of races will be posted by 1900 on the day before it will take effect.

#### 7 SIGNALS MADE ASHORE AND AFLOAT

- 7.1 Signals made for the Opti class will be displayed at the easternmost flagpole of the Lauderdale Yacht Club. Signals made for the Laser classes will be made at the temporary flagpole near the boat ramps in Dr. Von D. Mizell-Eula Johnson State Park (formerly John U. Lloyd Beach State Park, referred to as “the Park”).
- 7.2 Code flag AP, Answering Pennant, displayed with two accompanying sound signals means the racing is postponed. When AP is lowered with one accompanying sound signal, the time of the warning signal for the next race is posted on the regatta notice board. This changes Race Signals.
- 7.3 While afloat, signals applying to each class shall be accompanied by a flag with a Laser Radial, Laser 4.7, or Opti logo unless the signal applies to all classes.
- 7.4 If the race committee displays Code Flag L, the race committee may display written instructions on a white board on the stern of a signal boat.

## 8 SCHEDULE

The following is the anticipated schedule of the event:

<u>Event</u>	<u>Day</u>	<u>Time</u>	<u>Location</u>
Registration	Sunday, 27th	0730 - 0900 hrs	<a href="#">Online Race HQ</a> , Atlantic Terrace
Registration	Sunday, 27th	01530 - 1630 hrs	<a href="#">Online Race HQ</a> , Atlantic Terrace
Registration	Monday, 28th	0730 - 0830 hrs	<a href="#">Online Race HQ</a> , Atlantic Terrace
<i>[Amendment 1]</i>			
Skippers Meeting	Monday 28th	0900 hrs	<a href="#">Online Race HQ</a> only
Coaches Meeting	Monday 28th	0915 hrs	<a href="#">Online Race HQ</a>
First Warning Signal	Mon-Wed	1100 hrs	Racing area
Coaches Meeting	Tue-Wed	0900 hrs	<a href="#">Online Race HQ</a>
Last Warning Signal	Wednesday	1500 hrs (no later)	Racing area

Flag “A” displayed, with no sound signal while boats are finishing, means “No more racing today.”

## 9 SAFETY

- 9.1 Except for brief periods when adding or removing clothing, all sailors must wear their personal flotation device at all times while on the water. Code Flag “Y” will not be displayed. This changes RRS 40.
- 9.2 Boats choosing to remain ashore leaving the harbor for the day’s racing shall inform the [Online Race HQ](#) prior to the harbor start.
- 9.3 A skipper requesting assistance will attempt to signal by waving one arm over the skipper’s head.
- 9.4 A boat that decides not to compete in the race or retires after starting a race shall notify the Race Committee or report to a safety boat as soon as practical. No boat shall leave the vicinity of the racing area without notifying and obtaining specific permission from a safety boat.
- 9.5 Competitors and support persons ashore shall wear masks that cover their mouth and nose at all times when within six feet of persons not on their registered team.
- 9.6 A [Safety Protocols Addendum](#) contains additional safety-related requirements.

## 10 START

- 10.1 Class flags for each class racing will be described at the Skipper’s Meeting. Multiple classes may be started at the same time.
- 10.2 The Start will be in accordance with Racing Rule 26.
- 10.3 The starting line will be between a staff displaying an orange flag on the Race Committee Signal Boat at the starboard end and a starting mark at the port end.
- 10.4 When there is a Mid-line Boat, the starting line will be between a staff displaying an orange flag on the Race Committee Signal Boat at the starboard end and a staff displaying an orange flag on the Mid-line Race Committee Boat, and also between the staff displaying an orange flag on the Mid-line Race Committee Boat and a staff displaying an orange flag on a Race Committee Boat at the port end of the line or a starting mark at the port end of the line.
- 10.5 The Race Committee may attempt to hail boats which are on the course side of the starting line during the final minute of a starting sequence conducted under the “I” flag. This changes RRS Rule 30.1. Failure to hear the hail, or the order or timing of hails, shall not be grounds for redress.
- 10.6 If the “I” flag has been displayed, boats subject to RRS rule 30.1 shall sail from the course side of the starting line across an extension at either end of the starting line to the pre-start side before starting, or around the mid-line Race Committee boat leaving it to port, as if it were the port end of the starting line, before starting.
- 10.7 Boats of any class whose preparatory signal has not been made shall keep clear of the starting area, including the signal boat, and of all boats whose preparatory signal has been made.

10.8 A boat starting later than four minutes after her starting signal will be scored DNS. This changes RRS A4.

10.9 There may be multiple attention sounds before the warning signal.

## **11 COURSES, MARKS, FINISH**

11.1 Courses are shown on the attached [Course Diagrams](#).

11.2 The course to be raced for each class will be displayed on a course board on the signal boat and announced on the designated VHF channel prior to the warning signal of each race.

11.3 All rounding marks (except a leeward gate) shall be rounded to port. If only one of the gate marks is present, then that mark shall be rounded to port.

11.4 Before any boat has begun a leg, the race committee may change the position of a mark on that leg without signaling the competitors. This is added to RRS 33.

11.5 The finishing line for each fleet will be between a staff displaying an orange flag on a Race Committee Finish Boat and a mark in accordance with the course diagram.

11.6 The starting mark will be yellow. All rounding marks will be orange except mark “Y” and mark “L3” will be yellow. The finish mark may be an orange ball or an inflated mark.

## **12 TIME LIMIT**

12.1 Any race in which no boat rounds the first windward mark within 25 minutes, or finishes within 75 minutes of the start, will be abandoned. Boats failing to finish within 20 minutes after the first boat in her class finishes will be scored DNF. This modifies Rule 35.

## **13 PROTESTS, PENALTIES AND REDRESS**

13.1 Starting penalties, protests filed, hearing times, and scoring penalty notices will be posted on the [Official Notice Board](#). Time limits will be strictly enforced for notices properly posted, and failure to check the board will not be grounds for redress.

13.2 Online protest forms and scoring inquiry forms are available on the [Official Notice Board](#).

13.3 The protest time limit is 45 minutes after the docking of the Race Committee signal boat.

13.4 A request for redress for a scoring penalty (OCS, ZFP, BFD, UFP) shall be made no later than 30 minutes after the protest time limit when the scoring penalty was posted on the [Official Notice Board](#) prior to the protest deadline. Requests for redress relating to a scoring penalty must state the procedural error the competitor believes the race committee may have made. Further, the competitor will be expected to establish that he or she started properly. This changes RRS 62.2.

13.5 Appendix T (Arbitration) is in effect. The Post-Race Penalty available under T1 is 20% if taken prior to the beginning of an arbitration meeting. After an arbitration meeting but before the beginning of a protest hearing, the Post-Race Penalty is 30%.

13.6 Only the Race Committee or Protest Committee may protest a competitor for violation of SI's 3.1, 4, 9.5, 16 and NOR 13, and the Protest Committee may assess a scoring penalty other than disqualification for their violation.

## **14 SCORING**

14.1 The Low Point scoring system, RRS Appendix A, will apply modified so that each boat's regatta score will be the total of her race scores, with her worst score discarded if six or more races have been completed. Ten races are anticipated though more may be held, of which one race shall be completed to constitute a regatta.

14.2 *[Amendment 2]* Optis (RWB) will have a Qualifying Round followed by a Final Round. The Qualifying Round will be used to split the Opti fleet into Gold and Silver Fleets of approximately the same size for the Final Round. Division assignments each day will be posted on the [Official Notice Board](#). Further information can be found in the Fleet Format Addendum in SI Amendment 2.

## 15 PRIZES

15.1 Race trophies will be awarded for 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place in each class (or greater at the discretion of the Lauderdale Yacht Club Race Committee).

## 16 SUPPORT AND SPECTATOR BOATS

16.1 Except when providing safety assistance to a competitor, support boats shall not be in the racing area from the time of the preparatory signal for the first class to start until all boats have finished or the race committee signals a postponement, general recall or abandonment. The racing area is defined as fifty yards away from the outside of the exterior lay lines of the race course, including the windward mark and finish lines.

16.2 All support and spectator boats shall monitor the designated VHF channel for requests from the Race Committee to assist with fleet safety. The Race Committee may protest for violations of this section. Support boats may enter the race area at the request of the Race Committee or when they deem it necessary to provide support to a boat in distress.

16.3 Anchoring on Coral Reefs, Hardbottom or Seagrass is prohibited under Florida law.

16.4 Special provisions are in effect for the protection of, including but not limited to Manatee, Sea Turtle & Sawfish, as well as critical habitat, including but not limited to Johnson Sea Grass, Staghorn and Elkhorn corals. See attached information for further reference.

16.5 Competitors may not drop off or retrieve gear from Race Committee boats. Competitors may drop off trash on Race Committee boats.

16.6 Support and coach boats are subject to additional restrictions in the [Safety Protocols Addendum](#).

Principal Race Officer  
Tom Lihan

Race Committee Chairman  
Clyde Wright

Regatta Chairman  
Chris Hamilton