



**Lauderdale Yacht Club
Lauderbowl 2020
Laser Radial, 4.7, and Opti
December 27-30, 2020**

SAFETY INSTRUCTIONS

COVID-19 Protocols

LYC is committed to run a safe and appropriate event for all sailors, parents and participants. Below are some guidelines to follow for the event;

- Mask are mandatory while onshore and at the club/rigging area
- Parents should drop off sailors and not be in the rigging area
- Please maintain 6 feet of separation and limit any group to under 10 people
- If you or anyone in your household or immediate family is sick or showing symptoms, please do not attend.
- If you are traveling from out of state, please follow the below:
 - It is requested that competitors and support persons complete a Covid-19 test with negative results within 72hrs of arrival to LYC or the State park rigging area.
 - If you are coming from an area of a high COVID-19 positive rate or been exposed to someone with COVID 19, please follow CDC Guidelines and do not travel unless you meet these criteria:
<https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/attending-sports.html>

Safety Notices

- All competitors must have a registered coach for the event.
- Coaches will be limited to an 8:1 coach to sailor ratio.
- Coaches shall wear engine kill-switch cords or devices while afloat during the regatta, or during practice prior to the start of the regatta.
- All sailors will wear a USCG approved life jacket.
- Each boat shall have a bowline of at least 25' and a diameter of 1/4" connected to the mast at all time while afloat.