

Student Expectations

High School Sailing General Safety Rules

The following are general safety rules that are to be followed by everyone in the Sailing Program.

1. Students agree that they are capable of swimming at least 50 yards without a lifejacket and can tread water for 2 minutes without a lifejacket.
2. Students will be expected to right a boat which is capsized by swimming around the boat and pulling/standing on the centerboard.
3. Life jackets must be worn at all times while on the water (by students and instructors). PFD's must be U.S. Coast Guard approved and must be properly fitted to an individual's size and weight.
4. Closed-toe footwear is recommended. Open-toe shoes or flip flops may be worn, but at your own risk!
5. Wear adequate sunblock and sunglasses. Students are responsible for having and applying their own sunblock.
6. Students should bring a water bottle and drink adequate water to prevent dehydration.
7. Students should notify the club via **GROUPME** about missing classes, late arrivals, early dismissals, and vacations.
8. Stay with the class unless you have permission from an instructor to leave
9. Prior to drills, all boats must stay within hailing distance of the safety/coach boat
10. All coach boats and junior sailboats must return to the dock prior to sunset
11. No guest sailors without permission from the Instructor
12. No destruction of club or private property
13. No smoking, drugs or alcohol
14. No playing on tower or hoists
15. Watch fingers and feet between boats, docks, and moving parts
16. Boats must be properly returned and put away after use
17. Make every effort to avoid collisions
18. Have fun! Learn to sail and race.....

Discipline Policy

Violations include, but are not limited to, breaking program rules, breaking club rules, inappropriate language, destruction of property, physical/verbal abuse of another student or instructor, and bullying. The Safety Boat Operator, Instructors and/or members of the HS Sailing Committee will warn students of any rule violations. Continued abuse of the rules by a student will result in expulsion from the program. Parents and the HS Program Lead will be informed. No fee will be refunded.