



21st Annual Lake Norman Hospice Regatta

September 18-19, 2021
LAKE NORMAN YACHT CLUB (LNYC)



SAILING INSTRUCTIONS FOR DIVISIONS 3, 4, & 5 (ATB)

The notation [DP] in a *rule* means that the penalty for a breach of the *rule* may, at the discretion of the protest committee, be less than disqualification.

The notation [NP] in a *rule* means that a boat may not protest another boat for breaking that rule. This changes rule 60.1(a).

1. Rules

1.1. The event is governed by the rules as defined in *The Racing Rules of Sailing* (RRS).

1.2. The rules are changed as follows:

1.2.1. Rules 35, A5.1, A5.2 and A10 are amended to add: "Boats failing to finish within 20 minutes of the first boat to finish in its class and not subsequently retiring, penalized or given redress will be scored Time Limit Expired (TLE) without a hearing and scored for the finishing place <one> more than the points scored by the last boat that finished within her Finishing Window."

1.2.2. Rule 40.1 shall be in effect for all participants in the Laser, Opti, Sunfish, O'Pen Skiff, and 420 classes. Each competitor shall wear a personal flotation device.

1.2.3. The following is added to rule 62.1: "If any part of a boat's hull is on the course side of the starting line at her starting signal and she is identified, the race committee will attempt to hail her sail number orally on all racecourses and via VHF radio on One Design and Keelboat Courses. Failure to hail her number, failure of her to hear such hail, or the order in which boats are hailed will not be grounds for a redress request."

1.2.4. The US Sailing prescriptions to rules 63.1 and 63.2 are deleted.

1.2.5. Appendices A5.1 and A5.2 are amended to add: "A boat that has not met the definition of *start* 4 minutes after her starting signal will be scored DNS."

1.2.6. Races will be started using Appendix U, on the Juniors (Dinghy) Course. Audible-Signal Racing System.

1.2.7. Appendix V1, Penalty at the Time of incident will be in effect.

1.3. [DP] Competitors and *Support Persons* are reminded that they must follow local, state, and federal guidance on safety related to COVID-19. Any person refusing to comply with a reasonable request by a race official may be subject to an RRS 69 hearing.

2. Communication

2.1. The Official Online Notice Board is the "Notices" tab on Regatta Network at <https://www.regattanetwork.com/event/21839>

2.2. The race office is located at the Race Management Center (RMC)

2.3. On the water, the race committee intends to monitor and communicate with competitors on VHF channel 71, including courtesy broadcasts.

2.4. [DP] [NP] from the first warning signal until the end of the last race of the day, except in an emergency or to inform race committee that a boat is retiring before finishing, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

3. Changes in Sailing Instructions

3.1 Any change to the Sailing Instructions will be posted no less than one hour before the first Warning Signal on the day it will take effect, or immediately after the Competitors' Meeting, except that any change to the schedule of races will be posted by 1900 on the day before it will take effect.

3.2 Changes to sailing instructions may be made on the water by displaying the “L” flag and attempting to hail competitors prior to their Warning Signal.

4. Signals Made Ashore

4.1 Signals made ashore will be displayed at the flag mast in front of the RMC

4.2 When flag “AP” is displayed ashore, “1 minute” is replaced with “not less than 30 minutes”.

4.3 When a change to the Sailing Instructions is posted on the Official Notice Board, the change will be indicated by flying an “L” flag. Additional changes will be signaled by adding a numeral pennant (“2” for the second change, etc.).

5. Schedule of Races

| | | |
|------------------------|------|--------------------------------------------------------|
| Friday, September 17 | 0930 | Competitors’ Meeting on Clubhouse Lawn |
| Saturday, September 18 | 1030 | 1 st Warning Signal; other races to follow. |
| Sunday, September 19 | 1000 | 1 st Warning Signal; other races to follow. |
| | 1400 | No Warning Signal after this time. |

5.1 There is no limit to the number of races.

5.2 One race must be completed to constitute a regatta.

6. Class Flags

6.1 Class Flags will be numeral pennants.

| <u>Class</u> | <u>Flag</u> |
|---------------------------------|-------------|
| Ultimate 20 | 3 |
| Highlander | 4 |
| Flying Scot | 5 |
| Sunfish/Laser Full/Laser Radial | 6 |
| Miscellaneous | 7 |

7. Courses

7.1. The courses to be sailed are illustrated in Section 16.

7.2. The course designation will be displayed on both sides of the race committee signal boat.

8. Mandatory Check In

[DP] [NP] Each boat shall check in before its first warning signal each day. Competitors shall sail past the stern of the race committee signal boat on starboard tack and hail their sail number until acknowledged by the race committee.

9. Marks

9.1. The starting mark will be the staff with an orange flag in a white buoy.

9.2. Mark 1 and Mark 2 will be orange tetrahedrons.

9.3. Mark 1a will be a small green tetrahedron.

9.4. The finishing mark will be the staff with a blue flag in a white buoy

9.5. New marks will be yellow tetrahedrons. If the course is changed again, the original marks will be used.

10. The Start

10.1. Races will be started using RRS 26.

10.2. The starting line will be between the “Orange” flag on the race committee signal boat at the starboard end and the starting mark at the port end.

10.3. The starting signal for each race may be preceded by short repetitive sound signals to alert competitors that a starting sequence is about to begin.

10.4. Boats whose warning signal has not been made shall keep clear of the starting area.

10.5. If any part of a boat’s hull is on the course side of the starting line at her starting signal and she is identified, the race committee will attempt to hail her sail number orally and via VHF radio. Failure to hail her number, failure of her to hear such hail, or the order in which boats are hailed will not be ground for a redress request.

10.6. A boat that has not met the definition of start within four (4) minutes after her starting signal will be scored DNS.

11. Change of the Next Leg of the Course

- 11.1. The Race Committee may make minor adjustments (up to 10 degrees and 0.1NM in length) to the course during a race without signaling a course change.
- 11.2. To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

12. The Finish

- 12.1. The finishing line will be between the “Blue” flag on a race committee boat and the finishing mark.
- 12.2. Boats that retire before finishing shall inform the race committee as soon as possible.
- 12.3. If the race committee finish boat displays Code Flag “A” with no sound signal while boats are finishing it means “No more racing today”.

13. Time Limits

- 13.1. The mark 1 Time Limit, Race Time Limit (see rule 35) and Finishing Window are shown in the table below.

| Mark 1 Time Limit | Race Time Limit | Finishing Window |
|-------------------|-----------------|------------------|
| 30 minutes | 90 minutes | 20 Minutes |

- 13.2. If no boat in a class has passed the first mark within the Mark 1 Time Limit, the race for that class will be abandoned.
- 13.3. If no boat in a class has finished within the Race Time Limit, the race for that class will be abandoned.
- 13.4. The Finishing Window is the time for boats to finish after the first boat in that class sails the course and finishes. Boats in that class failing to finish within the Finishing Window, and not subsequently retiring, penalized, or given redress, will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored points for the finishing place one more than the points scored by the last boat that finished within the Finishing Window.

14. Protests and Requests for Redress

- 14.1. The protest time limit is 45 minutes after the Signal Boat docks. The race committee will sound one sound signal, signifying the beginning of the protest period.
- 14.2. Protest forms are available at the Race Management Center. Protests and requests for redress or reopening a hearing shall be delivered there within the protest period.
- 14.3. Notices to inform competitors of hearings in which they are parties will be posted on the Official Notice Board within 15 minutes of the protest time limit. This will constitute notice to all parties under RRS 61.1(b) and 63.2. It is each skipper’s responsibility to check these notices and report for the hearing as notified.

15. Safety Regulations

- 15.1. In the event a boat retires, she shall notify the race committee as soon as possible.
- 15.2. Each boat shall be equipped with all required safety gear and is subject to inspection by the race committee. Failure to have proper equipment required by its Class could result in disqualification from a race or the regatta.

16. Radio Communications

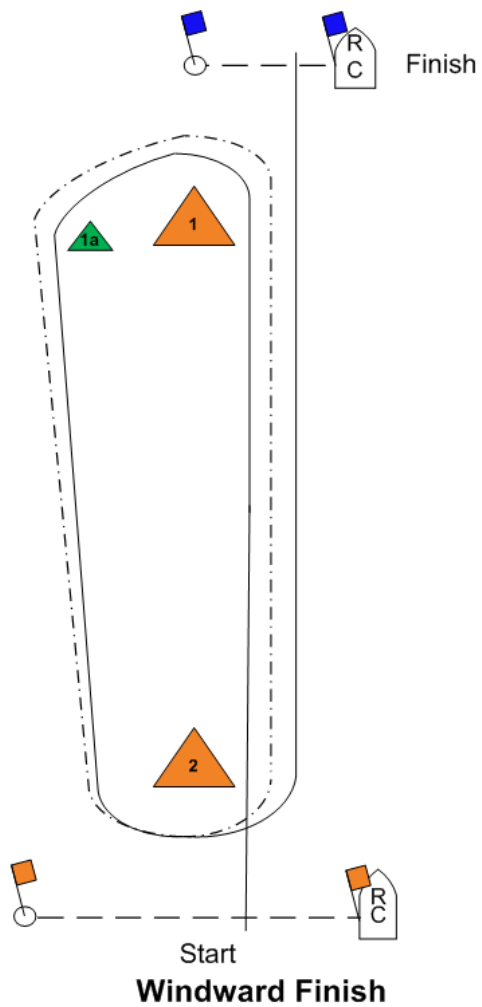
- 16.1. Radios are to be used for emergency use only. This restriction also applies to mobile phones and other forms of electronic communication. A boat is not allowed to call the race committee except for emergency, safety issues, or if it is retiring from the race(s).
- 16.2. The race committee will use VHF Channel 71 to communicate with competitors.

17. Disclaimer of Liability

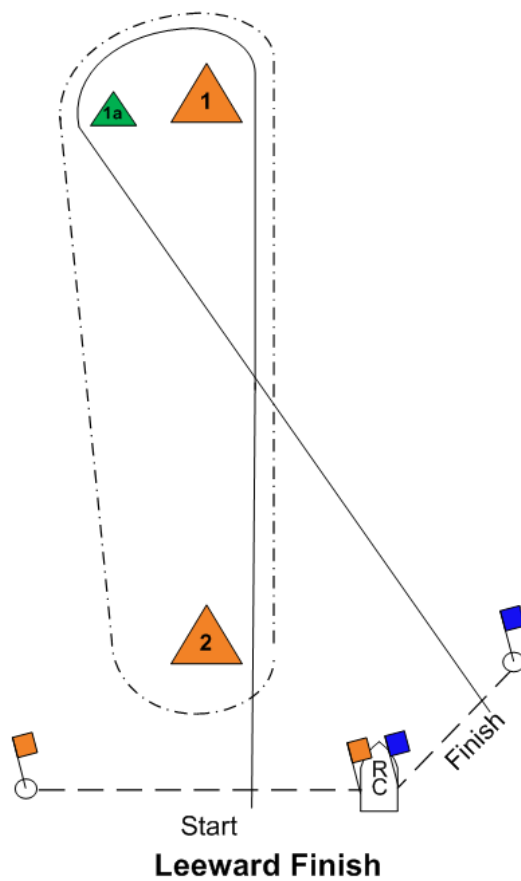
Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury, or death sustained in conjunction with or prior to, during or after the regatta.

18. Courses

- Numbers represent the number of legs.
- Course Diagrams are not to scale.



Course 'WL3' Start – 1 – 1a – 2 – Finish
 Course 'WL5' Start – 1 – 1a – 2 – 1 – 1a – 2 – Finish



Course 'WL2' Start – 1 – 1a – Finish
 Course 'WL4' Start – 1 – 1a – 2 – 1 – 1a – Finish
 Course "WL6": Start – 1 – 1a – 2 – 1 – 1a – 2 – 1 – 1a – Finish