

2021 WIND Opti Clinic Schedule



With exception of Tuesday's Check-In, all times will be variable.
Schedule subject to change at coach's discretion and the fate of the winds . . .

Please note: all meals are BYO

Tuesday, July 20

0900-1100: arrival, check in, pre-rigging
1100-1130: introductions, venue info, chalk-talk/demos
1130-1300: on-the-water drills
1300-1400: lunch on shore, morning debrief
1400-1600: on-the-water drills
1600-1700: de-rig, debrief, and refuel

Wednesday, July 21

0900-1000: rigging (on sailor's own time)
1000-1030: morning chalk-talk/ land demos
1030-1200: on-the-water drills
1200-1300: lunch on shore, morning debrief
1300-1500: on-the-water drills
1500-1600: de-rig, debrief, and refuel

Thursday, July 22

0900-1000: rigging (on sailor's own time)
1000-1030: morning chalk-talk/ land demos
1030-1200: on-the-water drills
1200-1300: lunch on shore, morning debrief
1300-1500: on-the-water drills
1500-1600: de-rig, debrief, and refuel

Friday, July 23

0900-1000: rigging (on sailor's own time)
1000-1030: morning chalk-talk/ land demos
1030-1200: on-the-water drills
1200-1300: lunch on shore, morning debrief
1300-1500: on-the-water drills
1500-1600: de-rig, debrief, and refuel

Wind Opti Clinic Head Coach



Andrew Nelson works at the Northwest Youth Sailing Director for The Sailing Foundation. One of his main roles is to organize and develop competitive youth sailing pathways. He regularly leads clinics, mentors coaches, and supports regional regattas. Prior to his role with The Sailing Foundation, Andrew was the race team coach at Tacoma Yacht Club, the lead 420 coach at Balboa Yacht Club, and then the director/head coach at Encinal Yacht Club. Andrew is well versed in coaching the Opti, Laser, FJ, and C420 classes, and also has racing experience in the Finn and bigger boats offshore. He is also a coach/instructor trainer with US Sailing and member of US Sailing's National Faculty. Andrew is a member of the CGRA board of directors.

