

Practicing Friday out of LYC - For those arriving on Friday for the Ron Payne to practice, the tide will be coming in until 1:27 PM, when it's high tide. Here are the alternatives for getting through the bridge (1) Connie and I plan to push off the dock at 10:00 AM to practice; there will be a tow through the bridge for us and all who want to join in; we plan to be coming back through the bridge before 1:27; (2) if you want to go out later but before 1:27, bring a big paddle; (3) if you go out after 1:27, you won't need a tow through the bridge on the way out, but to get back in, either bring a big paddle, or call me (954-610-9346), and I'll tow you back in; no tows back in from me after 5:30 PM.

Towing notes: (1) bring a class legal tow line; (2) tie the tow line onto your mast, and tie the boat behind you into the loop of your tow line; (3) sails up or down; it's up to you, but if you have your sails up, make sure that your tow line is under your jib sheets, so that you can backwind your jib on the way out; also, trim your main on the way out to save its longevity; (4) centerboard up and sit back.

Practicing rule: you must wear your life jackets at all times.