



ILCA NO COAST CHAMPIONSHIPS
ILCA-7, ILCA-6 & ILCA-4
Hosted by Crescent Sail Yacht Club (CSYC)
August 7- 8, 2021
SAILING INSTRUCTIONS



The notation '[DP]' in a rule in the SI means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.

The notation '[NP]' in a rule in the SI means that instruction is not grounds for protest or a request for redress by a boat. This changes rule 60.1.

1 RULES

The regatta will be governed by the *rules* as defined in the *Racing Rules of Sailing* (RRS).

2 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions shall be posted not less than 2 hours prior to the first scheduled race on the day it shall take effect, except that any change to the schedule of races shall be posted by 1800 hrs on the day before it shall take effect.

3 COMMUNICATIONS WITH COMPETITORS

- 3.1 Notices to competitors will be posted on the official notice board located next to the south door of CSYC. The race office will be at CSYC.
- 3.2 There will be a competitors' meeting near the launching area on August 7 at 0915 hrs.
- 3.3 [DP] A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

4 CODE OF CONDUCT [NP][DP]

- 4.1 Competitors and support persons shall comply with reasonable requests from race officials.

5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore shall be displayed from the club flagpole at CSYC, north of the clubhouse.
- 5.2 When flag AP is displayed ashore, "1 minute" is replaced with "not less than 30 minutes" in race signal AP. *This changes Race Signals AP.*

6 SCHEDULE OF RACES

- 6.1 Racing is scheduled as follows:

Friday, August 6

1400 – 2000 Venue available for competitor arrival, staging & practice

Saturday, August 7

0730 – 0930 Registration & sail measurement
0915 Competitor's meeting
0930 Launch
1025 First warning signal, races to follow

Sunday, August 8

0915 Competitor's meeting
0930 Launch
1025 First warning signal, races to follow

- 6.2 No warning signal will be made after 1500 hrs on Sunday, August 8.

7 CLASS FLAGS

- 7.1 The class flag for the ILCA-7 class will be **white** flag with red ILCA logo.
- 7.2 The class flag for the ILCA-6 class will be **green** flag with red ILCA logo.
- 7.3 The class flag for the ILCA-4 class will be **yellow** flag with red ILCA logo.

8 RACING AREA

The racing area will be east and north of CSYC in the open waters of Lake St. Clair.

9 THE COURSES

- 9.1 The diagrams in Attachment A show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.
- 9.2 The course length will be adjusted to target a race time of 35-40 minutes. [NP]
- 9.3 No later than the warning signal, the RC signal boat will display the approximate compass bearing and distance from the starting line to Mark 1.

10 MARKS

- 10.1 Mark 1 (the long weather mark) will be an **orange tetrahedron**.
- 10.2 Mark 4 (the short weather mark) will be a **yellow tetrahedron**.
- 10.3 Marks 2S and 2P (the gate) will be **orange** inflatable marks.
- 10.4 The offset mark (1A) will be a **white** "hippity-hop" style mark. Mark 4 has no offset mark.
- 10.5 New marks, as provided in instruction 12, will be an **orange** cylinder for the long course and a **yellow** cylinder for the short course.
- 10.6 The starting and finishing marks will be small **yellow** cylinders.

11 THE START

- 11.1 The starting line shall be between a staff displaying an orange flag on the signal boat and the course side of the mark as described in instruction 10.6.
- 11.2 A boat starting later than 5 minutes after her starting signal shall be scored Did Not Start without a hearing. *This changes RRS 63.1 and A5.1.*

12 CHANGE OF THE NEXT LEG OF THE COURSE

To change the position of the next mark, the RC shall lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it shall be replaced by an original mark.

13 THE FINISH

The finishing line shall be between a staff displaying a blue flag on the RC signal boat and the course side of the mark as described in instruction 10.6.

14 PENALTY SYSTEM

- 14.1 RRS Appendix P will be in effect.
- 14.2 RRS P2.3 does not apply and RRS P2.2 is changed so that it applies to any penalty after the first one.

15 TIME LIMIT

- 15.1 In accordance with RRS 35, the time limit for each division in each race is 1.5 hours.
- 15.2 Boats failing to finish within 30 minutes after the first boat in their division sails the course and finishes will be scored Time Limit Expired (TLE) without a hearing. *This changes RRS 35, A5.1, A5.2 and A10.*

16 HEARING REQUESTS

- 16.1 RRS Appendix V2 (Penalty Taken After a Race) shall be in effect.
- 16.2 The protest time limit is 60 minutes after the RC Signal Boat docks at the end of each racing day or when the RC signals 'No more racing today' ashore, whichever is later. The time will be posted on the official notice board.
- 16.3 Hearing request forms are available near the Official Notice Board or online ([US Sailing Hearing Request Form](#)).

- 16.4 Notices shall be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings shall be held in the protest room in the CSYC clubhouse, beginning at the time posted on the official notice board.
Notices of Race Committee or Protest Committee protests shall be posted to inform boats under RRS 61.1(b).

17 SCORING

- 17.1 Three (3) races are required to be completed to constitute a series.
17.2 When fewer than five races have been completed, a boat's series score is the total of her race scores. *This changes RRS A2.*

18 SAFETY REGULATIONS [DP][NP]

- 18.1 Before the start of the first race of the day, and after any postponement ashore, competitors are requested to sail past the stern of the signal boat on starboard tack and hail their sail numbers to check in.
18.2 A boat that retires from a race shall notify a safety boat or the RC as soon as possible.

19 SUPPORT TEAMS [NP][DP]

- 19.1 Coaches and support persons who are on the water either in support or coach boats are considered coaches for the purpose of SI 19 and NOR 11.
19.2 General coach and support boat requirements – refer to NOR 11.
19.3 No 'team' flags, private signal flags, or any object that might be construed as a signal shall be flown from coach or support boats while racing is underway.
19.4 Coach and support boats shall follow the instructions of RC, patrol, safety, PC, and other race management boats at all times.
19.5 All coach and support boats shall stay out of the racing area while boats are racing and at least 100 yards away from any racing boat, and move slowly and with minimal wake, except where permitted in this instruction.
19.6 Certain coach boats may be designated as rescue craft by the PRO or Safety Officer and given permission to enter the racing area for the purposes of rescue operations only.
19.7 After the start, coach and support boats may exit the waiting area and proceed slowly with minimal wake to the weather mark, **only on the starboard side of the course.**
19.8 Coaches, parents, or support boats that repeatedly and/or intentionally break SI 19 may be subject to disciplinary actions up to and including exclusion from the venue.

20 RISK STATEMENT

RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. **Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.**

21 AWARDS

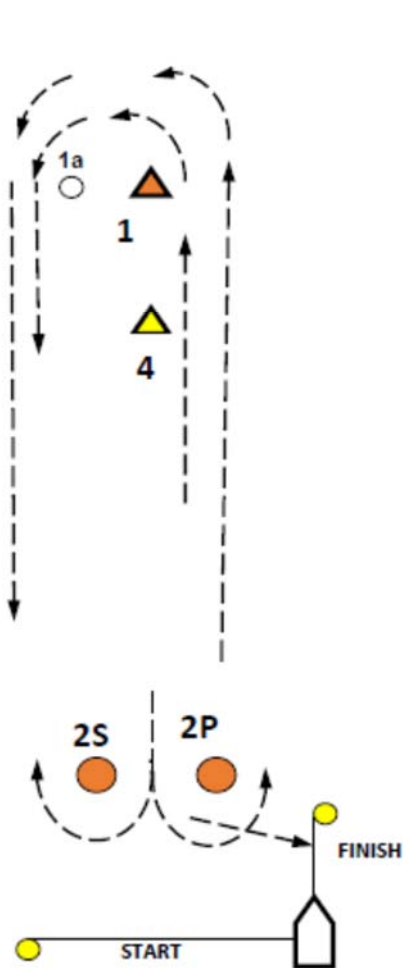
Plaques will be awarded to the sailors of the top three finishing boats in each class. Additional awards may be given based on the number of registered competitors in each class.

ATTACHMENT A
ILLUSTRATING THE COURSES

Course 1 (Not to Scale)

ILCA 7 / ILCA 6 – LONG COURSE
START – 1 – 1a – 2P/2S – 1 – 1a – 2P – FINISH
 (2 laps / 4 legs, reaching finish)

ILCA 4 - SHORT COURSE
START – 4 – 2P/2S – 4 – 2P – FINISH
 (2 laps / 4 legs, reaching finish)



Course 2 (Not to Scale)

ILCA 7 / ILCA 6 – LONG COURSE
START – 1 – 1a – 2P/2S – 1 – 1a – 2P/2S – FINISH
 (2½ laps / 5 legs, upwind finish)

ILCA 4 - SHORT COURSE
START – 4 – 2P/2S – 4 – 2P/2S – FINISH
 (2½ laps / 5 legs, upwind finish)

