

**Spring Fling High School Regatta
Jackson Yacht Club
May 1-2, 2021**

SAILING INSTRUCTIONS

1. RULES:

- 1.1. The regatta will be governed by the current Racing Rules of Sailing, the prescriptions of US Sailing, the ISSA Procedural Rules, the Notice of Race, and these Sailing Instructions. In the event of a conflict between the governing documents and the Sailing Instructions, the latter shall take precedence.
- 1.2. The Organizing Authority (OA) is the Interscholastic Sailing Association (ISSA) in conjunction with the Jackson Yacht Club (JYC).

- 2. NOTICE TO COMPETITORS:** Official notices including changes to sailing instructions will be posted on the official notice board (Chalk Board Door) located in the John McGowan Sailing Center. Changes to the sailing instructions shall be posted no later than one half hour prior to the first warning signal on the day it will take effect.

3. SCHEDULE:

- 3.1. Report time for Saturday and Sunday will be 0830. The number of races each day will be at the discretion of the regatta chairperson.
- 3.2. No race will start after 1400 on Sunday October 25.
- 3.3. Rotation schedules and boat assignments will be available at the Skipper's meeting.

4. COURSES AND MARKS:

- 4.1. Courses will be in accordance with ISSA PR 7.7 as further described in these Sailing Instructions.
- 4.2. The race committee may designate course selection orally.
- 4.3. All marks on the "A/B" course will be LARGE orange or yellow tetrahedrons. All marks on the "Open" course will be SMALL orange tetrahedrons.
- 4.4. In accordance with ISSA PR 7.7(c) after the starting signal, the race committee may change the position of any mark to maintain course configuration, provided that no boat is on that leg of the course. No signals are required (changes RRS 33).

5. START, FINISH, AND RECALLS:

- 5.1. Races will start in accordance with ISSA PR 7.8(a) which prescribes that RRS Appendix S Sound Signal Starting System shall be used. Both courses plan to use horns, but reserve the right to use whistles.
- 5.2. Individual recalls will be made in accordance with RRS Appendix S6.
- 5.3. General recalls will be signaled by a series of short whistles. After a general recall, the round the ends provision of RRS 30.1 shall apply except Flag I need not be displayed in accordance with ISSA PR 7.8(b) (Changes RRS 30.1).
- 5.4. The start line will be between a Sailing Team flag on the Race Committee Boat and a mark. The "A/B" course Race Committee will display the St. Andrew's Sailing Team. The "Open" course Race Committee shall display the Prep Sailing Team Flag.
- 5.5. The finish line will be as described in 5.4 above.

6. BREAKDOWNS:

- 6.1. Breakdown requests shall be filed in the same manner as protests.
- 6.2. Breakdowns shall be scored in accordance with ISSA PR 12.2. Compensation shall be consistent with ISSA PR Appendix 3.

7. PROTESTS:

- 7.1. Protests procedure will be in accordance with ISSA PR Part VI.
- 7.2. Per Procedural Rule 8(b), competitors shall not communicate with a coach before reporting to the race committee their intent to protest.

- 8. SCORING:** Scoring will be in accordance with ISSA PR 9.

9. COACHING:

- 9.1. On the "A/B" course, a competitor may receive coaching, assistance, equipment or sustenance only while on shore or on the dock. When boats do not return to the dock after each race, the Race Committee may designate an area where all of the above may take place, provided that at least one coach from each team has equal access to the area, which may be a boat or a float. Support Person(s) may go afloat in the sailing area but contact with the sailors shall be limited as directed at the Skipper's meeting.
- 9.2. On the "Open" course, on water coaching is allowed between races.

10. SAFETY:

- 10.1. Competitors shall wear USCG approved lifejackets as outlined in Procedural Rule 2.2.
- 10.2. A boat that retires from a race shall notify the race committee either before leaving the course, or if that is impossible, immediately after arriving ashore.

11. FORMAT:

The racing format will be fleet racing. The race committee will attempt to complete two or more Round Robins.

12. TROPHIES:

- 12.1. Prizes will be awarded to schools placing 1st, 2nd and 3rd in each division and for the overall school ("A" and "B" divisions, "Open" division and "Overall School"). The "A" and "B" divisions will be combined to determine the overall school results.

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Marks of the course shall be left to port

