



GSBYRA Adult Championships Women's Morgan Bowl September 11th, 2021



Organizing Authority – GSBYRA

Host Club: Westhampton Yacht Squadron
9 Yacht Club Drive
Rensenburg, NY 11960



SAILING INSTRUCTIONS

1. RULES –

- 1.1 The regatta will be governed by the rules as defined in “*The Racing Rules of Sailing 2021-2024, including US Sailing Prescriptions*” (“RRS”), except as changed by these Sailing Instructions.
- 1.2 The following documents shall apply:
 - 1.2.1 [US Sailing Regulation 2, 10, 14 and 15.](#)
 - 1.2.2 [The Conditions for the United States Adult Championships.](#)
 - 1.2.3 [The US Sailing Championship Support Vessel Policy.](#)
 - 1.2.4 This championship is not being conducted as a sanctioned or class association event. Only the Equipment Measurement Rules for the Flying Scot class will apply. However, US Sailing encourages sailors to join the Flying Scot Association to support their efforts.
- 1.3 Racing Rules will be changed as follow **Rule 29.1 and Rule 30.1** are changed to permit the hailing of recall numbers. The failure of any boat to hear the hail, an untimely hail of OCS boats, failure to hail any boats, and the order of the boats in the hail shall not be grounds for granting redress;

The preamble to Part 4 and Rule 40 are changed so that competitors shall wear a US Coast Guard (USCG) approved personal flotation device (PFD), while on the water other than for brief periods while adding or removing clothing. The PFD shall depend 100% on foam for flotation. No modifications of the PDF are permitted, and it shall be the appropriate size for the sailor.

Rule 60.1(a) is changed to prohibit a boat from protesting another boat for an alleged breach of any class rule other than class equipment measurement rules;

RRS 61.1(a) is changed so that “A boat intending to protest about an incident that occurs in the racing area shall notify the race committee finish boat of

her intention as soon as possible after finishing, including the boat identification number of the boat(s) being protested”;

Rule 64.1 is changed to allow penalties imposed by the Protest Committee, for hearings held under Rule 60.3, as changed, which may range from a reprimand to a dismissal from the regatta;

Rule 77 is changed such that a boat is not required to display national letters; however, competitors may be required to apply recall numbers to their boat or sail.

2. CLASS DISCIPLINE

2.1 The regatta shall be sailed in Flying Scots with a crew of three.

2.2 Each boat shall comply with the equipment measurement rules of the Flying Scot Class and may be inspected for compliance at any time during the regatta at the discretion of the Protest Committee.

3. NOTICE TO COMPETITORS – Notices to competitors will be posted on the official WYS Notice Board, found online at <https://wys.clubexpress.com/> under the racing tab and which also may be found at:

[WYS Official Bulletin Board](#)

4. CHANGES TO SAILING INSTRUCTIONS - Changes to the Sailing Instructions will be posted by 1000 on the day it will take effect. Oral instructions may be given on the water, as necessary, with a loud hailer from the Race Committee boat or by an Official support boat. RRS 90.2(c) refers.

5. SIGNALS MADE ASHORE – Signals made ashore will be displayed from the WYS Flag Pole.

- **Code Flag L** with one horn blast means “come within hail”. On the water, it means check in with the Race Committee Boat.
- **Code Flag AP** (red and white stripes) with two horn blasts means the race is postponed. A single horn blast accompanies the lowering of the flag.

6. COACHING

6.1 Announcements from the RC to Support, Coaching & Spectator Boats shall be made over VHF. The channel being used will be identified in the Sailing Instruction and at the coaches’ meeting.

6.2 Support, Coaching & Spectator Boats shall stay well clear of the race course area while boats are racing and shall monitor the VHF radio for updates and directives coming from the race committee.

- 6.3 Support, Coaching & Spectator Boats shall stay outside areas where boats are racing, and at a minimum wake speed, from the time of the warning signal until all boats in that class have finished or retired, or the race committee signals a postponement or abandonment. Coaching is not permitted after a general recall
- 6.4 Outside contact with competitors is prohibited on racing days commencing with the competitors arrival at the host club and shall continue until released by the Protest Committee on racing days.
- 6.5 Outside contact is defined as a parent, family member, spectator, or coach. Competitors shall not receive advice, instruction, or any type of outside assistance (other than that provided by US Sailing) including using electronic communication devices while at the sailing venue during racing days. It is the intent of this rule to prohibit contact between any person, who, in the opinion of the Protest Committee, is a coach, instructor, or advisor.
- 6.6 The Protest Committee may protest and disqualify a competitor for breaking the rules of NOR 10 on racing days.

7. SAFETY AND PERSONAL EQUIPMENT

- 7.1 All Competitors shall wear an approved PFD at all times on the water when the Code Y Flag is flown on the race committee boat.

8. SCHEDULE

Saturday September 11th, 2021 MORGAN BOWL – Women’s Triple Handed Championship

0830 to 0900	Check in
0900	Skippers Meeting
1000	First warning for racing
1400	No race will start after 1400

- 9. RACING AREA** - The regatta will be sailed in the Moriches Bay area of Great South Bay, in the vicinity of the host club.

10. CHECK-IN

- 10.1 Check-in with the Race Committee on the water prior to the first race of the day.

11. THE COURSE-

- 11.1 The courses to be used during this series will be posted on the Club Website prior to the commencement of the series and can be found at:

Course Diagrams

The course or courses to be used on any given race day will be announced and reviewed at the Skippers meeting

- 11.2 After completing the first leg of the course a boat shall not cross the starting line (“S”). A boat that breaks this rule shall be exonerated if she takes a two-turn penalty (see RRS Sec. 44.2) after getting clear of the other boats as soon after the incident occurs.
- 11.3 On a leg of the course from windward (“W”) to leeward (“L”) of form L to W, boats may leave the line between S and F either to port or starboard. For reasons of safety, on legs of the course from W to L or from L to W, the starting and finishing lines, including the signal boat or pin boat, if any, and the buoys that form the S and F are, taken together, one continuing obstruction, and therefore rules 19 and 20 apply.

12. MARKS – Marks 1, 2, and 3 will be orange inflatable pyramids. The start-finish line will be between an orange flag on the Race Committee boat and the small orange ball in the water (the pin) or an anchored pin boat with a staff.

13. THE START - The races will be started by using a modified Rule 26. Times shall be taken from the visual signals; the failure of a sound signal shall be disregarded. A siren will be sounded as an “Alert” approximately one minute before the warning signal but is not part of the 5-minute sequence, which is as follows:

<u>Signal</u>	<u>Flag and Sound</u>	<u>Minutes before Start</u>
Warning	Class flag UP, 1 horn	3
Preparatory	Flag P UP, 1 horn	2
One Minute	Flag P DOWN, 1 <u>long</u> horn	1
Start	Class flag DOWN, 1 horn	0

If RRS 30.1 is invoked, the “I” Flag (black ball on a yellow field) will be hoisted instead of the Preparatory Flag P two minutes before the start and lowered at one minute before the start.

14. RECALLS

14.1 Code Flag X (blue cross on a white field) and 1 horn blast signals an individual recall. As a courtesy, the Race Committee will attempt to hail the sail numbers for boats that are OCS (on the course side). This modifies RRS 41. Boats shall not be entitled to redress for the following: the failure of a boat to hear or receive a recall hail; the order of recall numbers hailed; the promptness of the hail. This modifies RRS 62.1(a).

14.2 Code Flag First Substitute (blue pennant with yellow triangle) and 2 horn blasts signals a general recall. A single horn blast accompanies the lowering of the flag. The warning signal will be made one minute after removal.

15. ABANDONING AFTER THE START

15.1 Code Flag S (white flag with blue square) and 2 horn blasts signals a shortened course, the finishing line shall be at a rounding mark, between the mark and a staff displaying flag S. This modifies RRS 32.2.

15.2 Code Flag N (blue and white checks) and 3 horn blasts signal abandon race; return to start area. A single horn blast accompanies the lowering of the flag. The warning signal will be made one minute after removal.

15.3 Code Flag N over Code Flag H (blue and white checks over white and red vertical stripe) and 3 horn blasts signal abandon race, return to shore.

16. TIME LIMIT – Boats failing to finish within 15 minutes after the first boat in the class sails the course and finishes will be scored DNF (did not finish). This changes RRS 35.

17. RETIREMENT – A boat that retires from a race shall notify the Race Committee as soon as possible.

18. PROTESTS AND REQUESTS FOR REDRESS – The Race Committee will post the docking time at the end of racing each day on the bulletin board by the flagpole. Protest forms are available at the club and completed protest forms shall be delivered to the Protest Committee no later than 30 minutes after the docking. The same time applies to protests by the Race Committee about incidents they observe in the racing area and to requests for redress. This changes Rules 61.3 and 62.2. Protests will be heard in approximately the order of receipt as soon as possible.

19. SCORING

19.1 The Low-Point Scoring System of Appendix A will apply, including the provisions of Appendix A5.3.

19.2 Five (5) races are scheduled.

19.3 One (1) race is required to be completed to constitute a series.

(a) When fewer than 5 races have been completed, a boat's series score will be the total of her race scores.

(b) When 5 races have been completed, a boat's score will be the total of her race scores excluding her worst score.

(c) This changes Appendix A2.1

20. **DISCLAIMER OF LIABILITY** - Competitors in the Series subject to these Sailing Instructions are participating entirely at their own risk, and assume full responsibility for starting or continuing to race – Rule 3, Decision to Race. The organizing authority, host club and/or personnel conducting this event will not accept any liability for material damages or personal injury or death sustained in conjunction with or prior to, during, or after the event.