

## ATTACHMENT B - STARTING TIMES

### COURSE D

Length of course: 8.21 n.mi.

<u>P.H.R.F.</u>	<u>START</u> <u>TIME</u>	<u>P.H.R.F.</u>	<u>START</u> <u>TIME</u>	<u>P.H.R.F.</u>	<u>TIME</u>	<u>P.H.R.F.</u>	<u>TIME</u>
300	0:00:00	198	0:13:57	96	0:27:55	-6	0:41:52
297	0:00:25	195	0:14:22	93	0:28:19	-9	0:42:17
294	0:00:49	192	0:14:47	90	0:28:44	-12	0:42:42
291	0:01:14	189	0:15:11	87	0:29:09	-15	0:43:06
288	0:01:39	186	0:15:36	84	0:29:33	-18	0:43:31
285	0:02:03	183	0:16:01	81	0:29:58	-21	0:43:55
282	0:02:28	180	0:16:25	78	0:30:23	-24	0:44:20
279	0:02:52	177	0:16:50	75	0:30:47	-27	0:44:45
276	0:03:17	174	0:17:14	72	0:31:12	-30	0:45:09
273	0:03:42	171	0:17:39	69	0:31:37	-33	0:45:34
270	0:04:06	168	0:18:04	66	0:32:01	-36	0:45:59
267	0:04:31	165	0:18:28	63	0:32:26	-39	0:46:23
264	0:04:56	162	0:18:53	60	0:32:50	-42	0:46:48
261	0:05:20	159	0:19:18	57	0:33:15	-45	0:47:12
258	0:05:45	156	0:19:42	54	0:33:40	-48	0:47:37
255	0:06:09	153	0:20:07	51	0:34:04	-51	0:48:02
252	0:06:34	150	0:20:31	48	0:34:29	-54	0:48:26
249	0:06:59	147	0:20:56	45	0:34:54	-57	0:48:51
246	0:07:23	144	0:21:21	42	0:35:18	-60	0:49:16
243	0:07:48	141	0:21:45	39	0:35:43	-63	0:49:40
240	0:08:13	138	0:22:10	36	0:36:07	-66	0:50:05
237	0:08:37	135	0:22:35	33	0:36:32	-69	0:50:29
234	0:09:02	132	0:22:59	30	0:36:57	-72	0:50:54
231	0:09:26	129	0:23:24	27	0:37:21	-75	0:51:19
228	0:09:51	126	0:23:49	24	0:37:46	-78	0:51:43
225	0:10:16	123	0:24:13	21	0:38:11	-81	0:52:08
222	0:10:40	120	0:24:38	18	0:38:35	-84	0:52:33
219	0:11:05	117	0:25:02	15	0:39:00	-87	0:52:57
216	0:11:30	114	0:25:27	12	0:39:24	-90	0:53:22
213	0:11:54	111	0:25:52	9	0:39:49	-93	0:53:47
210	0:12:19	108	0:26:16	6	0:40:14	-96	0:54:11
207	0:12:44	105	0:26:41	3	0:40:38	-99	0:54:36
204	0:13:08	102	0:27:06	0	0:41:03	-102	0:55:00
201	0:13:33	99	0:27:30	-3	0:41:28	-105	0:55:25