## **Women On Water Overview**

Located on the grounds of Lake Norman Yacht Club, the Women On Water program offers an opportunity for women to learn the basics of sailing. Whether your goals are taking friends/family out for a pleasant afternoon sail, learning to race, or a Caribbean Charter, LNYC can help.

Women On Water meets every Tuesday evening from 6-8pm for four (4) weeks and is designed to provide a low pressure learning environment to build your sailing knowledge and empower females to get on the water. Each session will start with a brief chalk talk discussing the topics and objectives for the day, followed by on the water practice. The goal is to maximize time on the water. Following the on the water practice there will be an instructor-led debrief (with your drink of choice) where the participants can socialize and learn from each other.

This class is open to those who used to sail, are currently sailing, are trying to learn, or have watched from ashore and always wanted to give it a try. This is a fun opportunity to connect (or re-connect ) with sailing and like minded women. Now is the time, come join us for some fun on the water!