

2021 Nova Scotia Provincial Opti Championships COVID-19 Safety Plan

Introduction

2021 Nova Scotia Provincial Opti Championships are scheduled for Monday and Tuesday, August 30th & 31st at Hubbards Sailing Club.

The purpose of this document is to describe how the restrictions associated with COVID-19 on competitors, support persons, volunteers, and members will be implemented. The event will be run in accordance with public health regulations that may be in effect at the time. Many usual regatta procedures and supports for all participants will be adjusted to minimize contact and limit numbers.

Here is a link to the Province of Nova Scotia's Covid plans and guidelines.

novascotia.ca/coronavirus/

Sailing-specific guidelines, developed by Sail Canada and Sail Nova Scotia, can be found here.

www.sailnovascotia.ca/other-documents/399-return-to-sailingcompetition-and-training/file.html

General

- Competitors, support persons, volunteers, and members are asked to stay home if they have any symptoms of COVID-19 or have been in contact with someone who has or had the virus in the previous 14 days.
- Mask wearing at all times will be reinforced on the HSC property, both indoors and outdoors. All competitors and support persons are responsible for having their own mask. Additional masks will be available in case a mask is lost or becomes unusable.
- Competitors, support persons, and volunteers will be asked not to share personal water bottles, food, gear, tools, equipment, sunscreen, towels, PFDs, etc.
- There will be no more than 50 people (participants and Race Officials) on any race start.

Communications

- The club is closed to the public, competitors, support persons, and volunteers will be permitted access, depending on the public health restrictions at the time of the event.
- Due to the age of the competitors, **one parent only** will be allowed on-site with each competitor.
- The club will maintain a list of all competitors, support persons, and volunteers that take part in the regatta, and all members on-site during the regatta, in the event contact tracing due to COVID-19 exposure is required.
- Sailing Instructions will contain as much information as possible and be distributed electronically. Physical copies will be posted on the property.

Onshore

- Staff or volunteers will be stationed at the entrance to record those arriving, confirm their registration status, ask them to confirm they have no COVID symptoms, etc., and reinforce the COVID safety measures.
- All non-registered visitors will be asked by a volunteer upon arrival to attest that they do not have COVID symptoms, etc. and that they agree to follow the event's COVID prevention measures. Their contact information will be saved.
- Competitors, support persons, volunteers, and members will be asked to sanitize their hands upon arrival at the club. Additional hand sanitizer stations will be provided at key locations on the property and encouraged to be used frequently.
- Indoor washrooms will be available for visitors during the regatta but indoor access will be limited.
- There will be a water bottle filling station on the property. Competitors will be asked to use hand sanitizer before filling their water bottle to arrive each day with their water bottles prefilled. Competitors, support persons, staff, and volunteers will be asked to bring their own prefilled water bottles.

Volunteers/Support Boats

- On property volunteers will be required to wear masks
- Those volunteering on support boats should prepare and get on the water while remaining physically distanced (6' apart at all times).
- On water volunteers will launch from a separate location
- On water volunteers will meet at Tuna Blue and be picked up at a designated time and delivered to their place on the water.
- Support boats (race committee, safety, mark and jury boats) will be staffed with the minimum number of people required to manage races effectively

Competitors' Food

- There will be no Saturday evening meal this year.
- Snacks for competitors will be packaged in one large container, per club and distributed to coaches.
- Any other food will be handed out by a volunteer thru an upstairs clubhouse door

Competitor Boat Launch/Haul

- There will be staggered daily launches and haul-outs of competitors' boats to avoid congestion on the launch.
- Competitors and volunteers must wear masks while on land but masks are not to be worn on the water.
- Volunteers will assist competitors with their dollies and boats during launching/hauling.

Awards Ceremony

- The awards ceremony will be held outdoors.
- Masks are required but can be removed briefly for a picture