



**2022 USSCMC Crossroads Regatta**  
**January 15, 2022**  
**Sailing Instructions**  
**US SAILING Center of Martin County**  
**1955 Indian River Dr. Jensen Beach, FL 34957**



## **1. RULES**

- 1.1. This regatta will be governed by the current ISSA Procedural Rules and SAISA Supplementary Rules, *The Racing Rules of Sailing*, the prescriptions of US SAILING, the Notice of Race, and as modified by these Sailing Instructions.

## **2. NOTICE TO COMPETITORS**

- 2.1. Notices will be posted on the Official Notice Board at the US Sailing Center of Martin County.

## **3. CHANGES IN THE SAILING INSTRUCTIONS**

- 3.1. Any changes in the Sailing Instructions will be posted on the Official Notice Board by the end of the competitors meeting on Saturday. The Official Notice Board will be online through Regatta Network.

## **4. SCHEDULE OF RACES**

Saturday, January 15

0900 Arrival and check-in, boat rigging (Check-in is remotely in yard w/ electronic waivers in advance)

0930 Competitor's meeting (via PA competitors remain in yard)

1015 First Warning

1500 No starts after this time

## **5. BOATS**

5.1. Each team must bring their own 420 sailboat.

5.2. The Mainsheet shall be fixed/tied at the centerline and mast steps shall be in the 2nd position from the front.

5.3. Equipment problems should be reported to a race committee representative as soon as possible. Breakdowns will be handled per ISSA procedural rules.

## **6. RACING FORMAT**

6.1. This will be a single-division regatta; teams will stay in the boat they start with; however, teams of 3 may rotate positions in the boat between races. There will be no additional time allotted for teams to rotate their sailors.

6.2. Competitors should expect numerous short races. It shall be the goal of the race committee to complete as many races as possible for the day.

## **7. SIGNALS MADE ASHORE**

7.1. Signals made ashore will be displayed on the flagpole at the of the USSCMC dock.

7.2. When AP flag is displayed ashore, '1 minute' is replaced with 'not less than 15 minutes' in the race signal AP.

## **8. RACING AREA**

8.1. The racing area will be on the Indian River adjacent to the Sailing Center.

## **9. ROTATION**

9.1. After each set of two races teams with three sailors may rotate boats provided the skipper always remains a JV skipper.

9.2. Boats will be identified by the sail number.

## **10. THE COURSE**

10.1. Courses shall be approximately 15 minutes in length.

10.2. Course diagrams can be found in Appendix A.

10.3. The courses will be announced orally.

10.4. Rounding marks will be yellow marks

## **11. START**

- 11.1. The starting line will be between a staff displaying an orange flag on the race committee boat, and a red mark.
- 11.2. Races will be started in accordance with ISSA Procedural Rule 7.8 which states: RRS Appendix U – Sound Signal Starting System shall be used.

## **12. RECALLS**

- 12.1. The Race Committee may also attempt to notify individual boats by hailing their sail numbers.

## **13. THE FINISH**

- 13.1. The finish line will be between a staff displaying a flag on the Race Committee Finish boat and a red finishing buoy.
- 13.2. If one or more boats are unreasonably delaying the completion of a race, the race committee may score the boat(s) in place and terminate the race. This changes RRS 35 and A4.

## **14. SAFETY AND CONSERVATION**

- 14.1. A boat which retires from a race is asked to notify the race committee before leaving the course area.
- 14.2. Competitors who require assistance from a safety boat should so signify by waving their arms overhead.
- 14.3. Competitors are strongly encouraged to use reusable water bottles. Multiple coolers of cold water will be available for refilling.

## **15. SCORING**

- 15.1. Scoring will be in accordance with ISSA Procedural Rule 9 and 11.
- 15.2. One race constitutes a regatta.

## **16. PROTESTS AND REQUESTS FOR REDRESS**

- 16.1. Protest procedure will be in accordance with ISSA Procedural Rules Section 16.
- 16.2. Procedure and compensation for breakdown points shall be in accordance with ISSA Procedural Rule 9(e) and ISSA Appendix 3.

## **17. COACHING**

- 17.1. Those who bring their own coach boats will be permitted to be on the water. If possible, the host will provide safety boats for coaches to share in order to be on the water.
- 17.2. Coaches will be permitted to handle coaching, crew rotations, exchange of clothing/food/drink, and communication on the water outside of the racecourse.
- 17.3. A safety kill switch must be attached to all support boat operators when the engine is running.