

SAILING INSTRUCTIONS

TEXAS SAILING ASSOCIATION YOUTH CIRCUIT REGATTA

THE “ROCK THE ROCK” REGATTA

Corinthian Sailing Club, 441 E Lawther Dr, Dallas, Texas

Sep 11-12, 2021

1. RULES:

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 “The Texas Youth Racing Circuit Conditions” apply and are available on the web site at <http://www.txsail.org/>. A copy will also be available at the regatta site.
- 1.3 Membership in a class organization is not required
- 1.4 Racing Rule 49.1 is changed to allow the use of hiking pants.
- 1.5 All boats shall have sail numbers which match the registration form. Sail numbers meeting class standards are required.
- 1.6 Appendix T, Arbitration, will be used.

2. NOTICES TO COMPETITORS:

Notices to competitors will be posted on the Regatta Notice Board located on the windows on the southwest side of the clubhouse.

3. CHANGES IN SAILING INSTRUCTIONS:

- 3.1 Any change to the sailing instructions will be posted on the Regatta Notice Board at least two hours before the first race of each day, except for changes to the schedule of races which will be posted by 19:00 on the day before they take effect.
- 3.2 For the Green Fleet only, oral changes may be made by the Race Committee on the water prior to the time of the warning signal of any race upon the raising of signal flag “L” with one sound.

4. SIGNALS MADE ASHORE:

- 4.1 Signals made ashore will be displayed from the flagpole at the Clubhouse or from the Race Committee Boat if docked in the host club harbor.
- 4.2 Code Flag “AP” with two sound signals means the race is postponed. DO NOT leave the club area. The warning signal will not be made sooner than 30 minutes from the lowering of “AP”, accompanied by one signal. This modifies “Race Signals”.

5. SCHEDULE OF RACES:

- 5.1 Subject to the decisions of the Race Committee, six or more races are scheduled.
- 5.2 Completion of one (1) race shall constitute a TSA Youth Circuit Regatta.
- 5.3 Schedule:

Saturday, Sep 11, 2021

08:00-09:00 Registration at the Clubhouse
09:30 Skipper's Meeting at the Clubhouse (Attendance Mandatory)
10:30 Warning Signal for the first race, additional races to follow
Between Races Lunch will be served at the Clubhouse

Sunday, Sep 12, 2021

09:30 Warning Signal for the first race, additional races to follow

5.4 No warning signal will be given after 13:30 on Sunday.

6. CLASS FLAGS:

The following flags will be used as class flags during starting sequences:

Optimist Green Racing Area:

Class	Class Flag
Optimist Green	Numeral Pennant 1

Optimist RWB Racing Area:

Class	Class Flag
Optimist Red, Blue and White Fleets	Numeral Pennant 1

Other Racing Area:

Class	Class Flag
Laser Radial	Numeral Pennant 1
Laser 4.7	Numeral Pennant 2
Laser Standard Rig	Numeral Pennant 3
Double-Handed	Numeral Pennant 4

7. OPTIMIST GREEN FLEET IDENTIFICATION:

Optimist Green Fleet will display a green fleet streamer while racing.

8. RACING AREAS:

Three (3) racing areas will be set, one each for use by Optimist GREEN fleet, Optimist RWB fleet, and one for all others. The location of the racing areas will be announced at the Mandatory Skippers Meeting.

9. CHECK-IN ON THE WATER:

Prior to the first warning signal of the competitor's fleet of the day, each competitor shall sail past the stern of the Race Committee Boat on starboard tack, hail its sail number and be

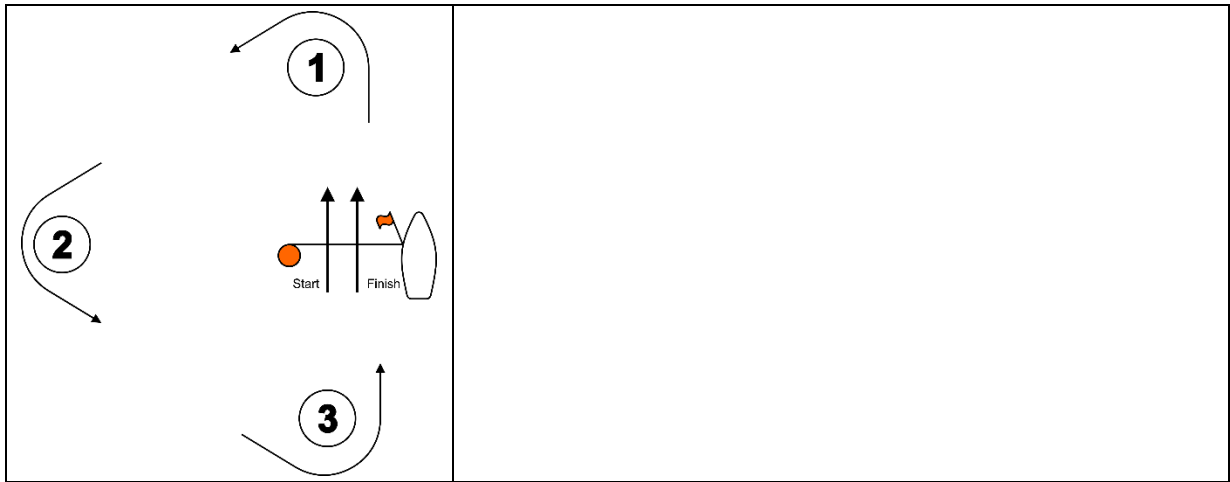
acknowledged by the Race Committee. Failure to do so will result in a 20% penalty for the first race of the day.

10. RACE COURSES:

- 10.1 There may be five types of race courses as follows: “W” (windward/leeward) – windward, leeward, windward to finish; “T” (triangle) – windward, reach, reach, windward to finish; “O” (Olympic) – windward, reach, reach, windward, leeward, windward to finish; or “L” (leeward start and finish) – windward, leeward to finish; “B” (Box) – reach finish. Multiple times around the course will be designated by a number following the “T, “W” or “L”
- 10.2 For courses L1 and L2, the start line will be on the port side of the Signal Boat and the finish line will be on the starboard side of the finish boat.
- 10.3 Course L2 includes a leeward gate.
- 10.4 For courses W, W2, W3, T, T2 and O, unless a race is shortened in accordance with the Rules, the start/finish line will be in the middle of the windward leg.
- 10.5 For the Laser and Double-Handed fleets during the race, if the Race Committee boat is displaying an orange flag on a staff, the start/finish line will be an obstruction, except to finish. Boats that sail through this obstruction will be scored points equal to DNF, unless they properly unwind.
- 10.6 The following diagrams show the courses to be sailed and the order in which the marks are to be rounded.

	Course W – Windward/Leeward, Windward Finish	
	<i>Signal</i>	<i>Mark Rounding Order</i>
	W	Start – 1* – 2 – Finish
	W2	Start – 1* – 2 – 1* – 2 – Finish
	W3	Start – 1* – 2 – 1* – 2 – 1* – 2 – Finish
* - if an offset mark (1a) is present, sailors will leave the offset mark to port after rounding the windward mark (1)		

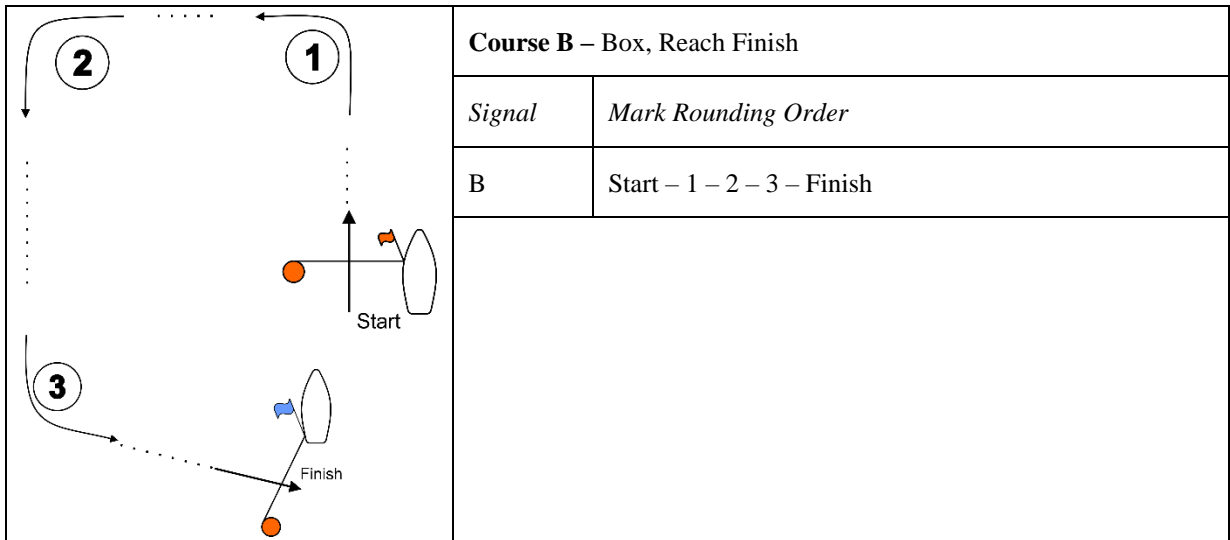
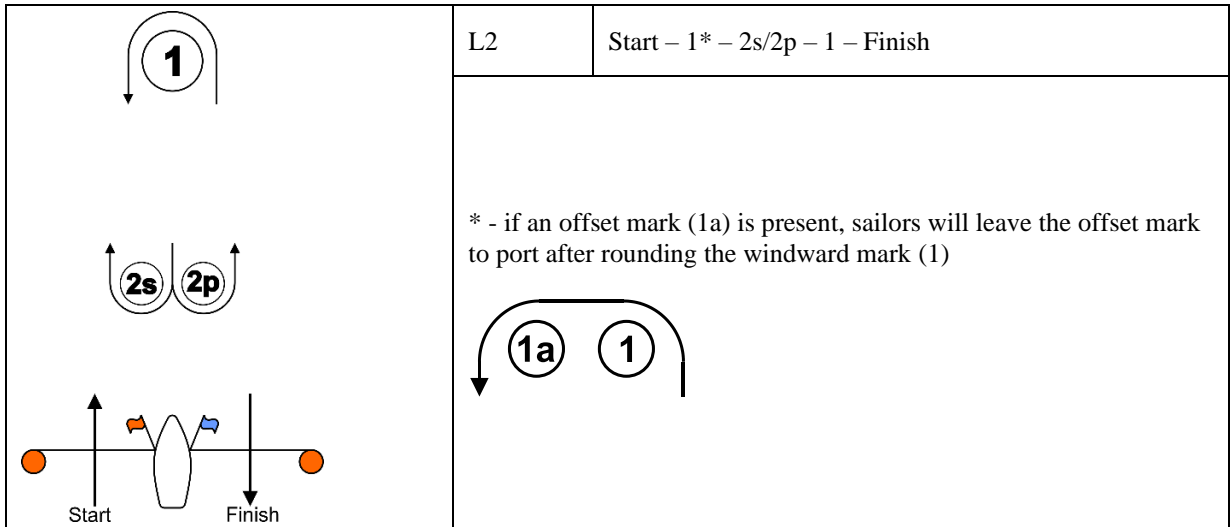
	Course T – Triangle, Windward Finish	
	<i>Signal</i>	<i>Mark Rounding Order</i>
	T	Start – 1 – 2 – 3 – Finish
	T2	Start – 1 – 2 – 3 – 1 – 2 – 3 – Finish
	T3	Start – 1 – 2 – 3 – 1 – 2 – 3 – 1 – 2 – 3 – Finish



	Course O (Olympic) – Triangle, Windward/Leeward, Windward Finish	
	<i>Signal</i>	<i>Mark Rounding Order</i>
	O	Start – 1 – 2 – 3 – 1 – 3 – Finish

	Course L (Leeward Finish) – Windward, Leeward Finish	
	<i>Signal</i>	<i>Mark Rounding Order</i>
	L	Start – 1* – Finish
<p>* - if an offset mark (1a) is present, sailors will leave the offset mark to port after rounding the windward mark (1)</p>		

	Course L2 (Leeward Gate/Finish) – Windward, Leeward Gate – Windward – Finish	
	<i>Signal</i>	<i>Mark Rounding Order</i>



11. MARKS:

- 11.1 For the Opti Green Fleet, marks will be white spheres.
- 11.2 For the Opti Red/White/Blue Fleet. marks will be yellow cylinders.
- 11.3 For the Laser and 420 Fleets, the marks will be orange spheres.
- 11.4 To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced with the original mark.

12. THE START:

- 12.1 For all fleets, races will be started in accordance with Rule 26. A series of short signals may be made before any starting sequence begins in order to attract attention.
- 12.2 The starting line will be between a staff displaying an orange flag on the Race Committee boat and the starting mark.

12.3 A boat may not start later than 5 minutes after the starting signal for its class. Boats attempting to start after this time will be scored a DNS. This changes Rule A 4.1.

12.4 Boats whose warning signal has not been made shall keep clear of both the start line and all boats whose warning signal has been made.

13. RECALLS:

Recalls will be signaled in accordance with Rule 29. The race committee intends to hail the sail numbers of OCS boats after the starting signal. The failure of any boat to hear the hail, an untimely hail of OCS boats, failure to hail any boats, and the order of the boats in the hail shall not be grounds for granting redress. This changes rules 41 and 62.1

14. THE FINISH:

The finish line shall be between a staff displaying a blue flag on the Race Committee boat and the finish mark.

15. TIME LIMIT:

15.1 The time limit for each race will be 60 minutes for the first boat to finish.

15.2 Boats failing to finish within 20 minutes after the first boat in their fleet will be scored TLE. TLE will be two (2) points more than the last boat to finish within the time limit, but no more than a score of DNF.

15.3 At its discretion, the Race Committee may finish any boat in place, and it will be scored based on its position on the race course. This modifies Rules 32 and 35.

15.4 A race may be abandoned by the Race Committee if the leading boat has not rounded the first mark within 20 minutes of the start. This modifies Rule 32.

16. PROTESTS AND REQUESTS FOR REDRESS:

16.1 A boat intending to file a protest for an incident occurring in the racing area shall inform the race committee finish boat of its intent to protest immediately after finishing.

16.2 Protests shall be in writing. Forms will be made available at the clubhouse, and delivered to the Regatta Chair or their representative there within sixty (60) minutes after the Signal Boat from the Competitors' race course docks.

16.3 The protest time limit will be posted. A list of protests will attempt to be posted on the official notice board within ten (10) minutes of – but no later than thirty (30) minutes after – the end of protest time. This posting constitutes the notification required in Rule 61.1(b) and 63.2.

16.4 A boat is not permitted to protest another boat for breaking sailing instructions 7, 9, 18, 19 and 20. This changes Rule 60.1(a). In addition, penalties for anything other than Rules Part 2 or 3 may be less than disqualification at the discretion of the protest committee.

16.5 Appendix T, Arbitration, will be used. This modifies Rules 63.1 and 63.2.

16.6 The person who served as mediator during Arbitration may not serve on the protest committee.

17. SCORING:

17.1 Rule A 2.1 will apply, modified so that each boat's series score will be the total of her race scores with her worst score excluded if five (5) or more, but not ten (10), races are completed. If ten (10) races are completed, her two worst scores will be excluded.

- 17.2** For Optimist Red, White and Blue fleets, the event shall be scored as a whole with all boats receiving scores according to recorded finish position. "Overall Scoring" shall be used to determine Red, Blue, and White awards.
- 17.3** For Laser and Double-Handed fleets, the regatta shall be scored as a whole with all boats receiving scores according to recorded finish position regardless of whether the sailor meets the age requirement of a junior sailor under the *Texas Youth Racing Circuit Conditions*. "Overall Scoring" shall be used to determine the finish place of each junior aged sailor for purposes of junior awards and junior place finish in the regatta. Awards for adult sailors (i.e. those sailors who exceed the junior age eligibility limit) are at the host club's discretion.
- 18. DISPOSAL OF TRASH:**
- Boats observed purposefully discharging trash into the water will either be disqualified from all races sailed on the day the infraction is observed or be subject to other suitable disciplinary action or both.
- 19. SAFETY:**
- 19.1** A U.S. Coast Guard-approved personal buoyancy device will be worn by all competitors while on the water. Wet or Dry suits are not considered adequate buoyancy devices for this purpose. All buoyancy devices shall be worn on the outside of all clothing. Sailors may wear a sailing pinny over buoyancy devices.
- 19.2** A competitor who withdraws from a race or does not intend to start a race shall inform the Race Committee as soon as possible. This may also be accomplished by the competitor returning to the club and notifying the Race Committee by radio from the Clubhouse.
- 19.3** Sailors of Double-Handed fleet boats are encouraged, but not required, to carry an emergency safety line cutter, such as an "S-Cutter" tool or harness webbing cutter.
- 20. SUPPORT BOAT RESTRICTIONS:**
- 20.1** Team leaders, coaches, parents and other support personnel shall keep at least two hundred (200) feet away from all competitors and shall not communicate with any racing competitor from the time of the competitor's preparatory signal until after the competitor has finished, or the Race Committee signals a postponement or abandonment. The Race Committee, at its discretion, may deem a violation of this provision to be a violation of Rule 2 and may impose a penalty which will be a scoring penalty per Rule 44.3(c.) applied to the finishes in the next race sailed of all boats associated with the support personnel who have violated this provision.
- 20.2** Support boats shall neither create wakes nor otherwise interfere with competitors.
- 20.3** All support boats and coaches are reminded to wear a safety kill-switch lanyard in accordance with the September 2019 Texas state law, especially when in the proximity of and approaching sailors in and on the water.
- 20.4** Optimist Green Fleet: Notwithstanding 20.1, coaching of Green Fleet Optimist skippers while racing is permitted; however, coaching shall be limited to skippers in the bottom half of the fleet in any given race. Coaches shall provide fair and consistent support to all competitors, not just to their team or sailor.

Above all, HAVE FUN!