



**NOTICE OF RACE;
Lady at the Helm
Saturday, November 6, 2021
Organizing Authorities:
Channel Islands Yacht Club (CIYC) and
Channel Islands Women's Sailing Assn (CIWSA)**



- 1 **RULES:** The race will be governed by the rules as defined in the *Racing Rules of Sailing*. Area A Random Leg Course (RLC) ratings will be used for scoring. At least one female crew must be onboard, and **a female must be at the helm during the entire race - especially during the start, finish, and mark roundings**. Male crew members may coach the helmswoman but must remain completely “hands-off” the helm except for periodic short breaks (<5min) or a true emergency.

In light of the ongoing pandemic, racers are strongly encouraged to follow state and local guidelines in effect at the time of the race to prevent the spread of COVID-19.

- 2 **RACE ENTRY REQUIREMENTS & FEES:** Spinnaker class is open to all boats with current PHRF ratings. Non-spinnaker class is open to any seaworthy boat. The Race Committee (RC) may assign a temporary rating for boats without a current PHRF rating. All boats shall carry a VHF radio with Channels 16 and 68.

Race entry and payment of entry fees (\$35) are available online at Regatta Network:

<https://www.regattanetwork.com/event/23482>. Entry fees will be discounted by \$5 for members of CIYC, CIWSA, and/or USSA.

- 3 **SCHEDULE - Saturday, November 6, 2021**

0900 Virtual Skippers Meeting - A representative from each boat is invited to attend a ZOOM Meeting at <https://zoom.us.com>, Meeting ID# 399 613 4278, Password 9Lfakk, or at this link:

<https://us02web.zoom.us/j/3996134278?pwd=YlVJeENmNDc4S1hYOVFVWm11MkZKQT09>

1130 Planned first start (Mandalay race buoy)

1600 (approx) Post-race awards presentation

- 5 **SAILING INSTRUCTIONS:** The race will begin at the Mandalay Race Buoy and finish near the southeast entrance to Channel Islands Harbor. Course options range between 5.6 and 23.3nm. Prior to the Skippers Meeting, the Sailing Instructions (SIs) and Course Chart will be posted online (<https://www.regattanetwork.com/event/23482>).

- 6 **PRIZES:** Individual prizes will be awarded, and the perpetual Lady at the Helm trophy will be engraved with the winning boats' and skippers' names and displayed at CIYC.

- 7 **HOSPITALITY:** After racing, CIYC will host an awards presentation with hot food on the downstairs patio.

- 8 **INSURANCE & DISCLAIMER OF LIABILITY:** Each participating boat shall have valid third-party liability insurance. Competitors will acknowledge that they participate entirely at their own risk (see Rule 4, Decision to Race). The organizing authority does not accept any liability for material damage, personal injury, illness, or death sustained in conjunction with, prior to, or after the race.

- 9 **ADDITIONAL INFORMATION:** Contact the Event Chair, Jane Thomas (415.518.4046 or Sunglade@prodigy.net).