



2022 US Sailing Junior Olympic Sailing Regatta

Rochester Yacht Club

August 6th- 7th 2022

Sailing Instructions: Club 420, Laser, Laser Radial, Opti (RWB), and Open Bic

1. RULES

- 1.1. The regatta will be governed by the rules as defined by the Racing Rules of Sailing (RRS) and the rules of the Club 420, Laser, Optimist, and Open Bic classes
- 1.2. The notation **[NP]** in a rule means that a boat may not protest another boat for breaking this rule, and that a breach of this rule by the Race Committee shall not be grounds for redress (thus changing RRS 62.1(a))

2. NOTICES TO COMPETITORS

- 2.1. Notices to competitors will be posted on the official notice board located on the river side of the Junior Sail Building.
- 2.2. Any change to the sailing instructions will be posted before 0800 on the day it will take effect; except any change to the schedule of races will be posted by 2100 on the day before it will take effect.

3. SIGNALS MADE ASHORE

- 3.1. Signals made ashore will be displayed at the RYC Club House main flag pole, located in the North West corner of the property.
- 3.2. Flag "AP", with two horn signals (one horn signal when lowered) means, "The race is postponed, do not launch or leave the harbor while the AP flag is flying". The first warning signal will be made not less than 60 minutes after flag AP is lowered. This changes Race Signals.

4. CLASS FLAGS

- 4.1. Club 420 Spinnaker and non-spinnaker: "420" flag
- 4.2. Laser Full & Radial Rig: "Laser" flag
- 4.3. Opti Class Flag

5. RACING AREA

- 5.1. Racing for Club 420 and Laser course will be approximately 1 nm North West of the Harbor entrance as shown in Appendix A – Racing Area, attached. The Opti course will be approximately 1nm North East of the Harbor Entrance.

6. COURSES and MARKS

- 6.1. The diagrams in Appendix B, attached, show the courses, the order of rounding, and the side on which each mark is to be rounded or passed.
- 6.2. The identifying number of the course will be displayed using a flag with the number “1” or “2” on the race committee signal boat with or before the warning signal of the start.
- 6.3. **[NP]** The Start, Windward, and Leeward marks will be orange or yellow tetrahedrons. The Windward Mark will be larger for improved visibility. The Finish mark will be a green tetrahedron.

7. THE START

- 7.1. Races will be started in accordance with RRS Appendix U – Sound-Signal Starting System
- 7.2. The starting line will be between a staff displaying an orange flag on the race committee signal boat at the starboard end and the course side of the port-end starting mark.
- 7.3. Boats whose warning signal has not been made shall keep clear of the starting area and of all boats whose warning signal has been made.
- 7.4. **[NP]** The race committee intends to hail the sail numbers of OCS boats twice after the starting signal. Failure of the RC to make a hail, failure of a boat to hear the hail, or the order of boat(s) hailed will not be grounds for redress. This changes RRS 62.1(a).
- 7.5. A boat shall not start later than three minutes after her starting signal. Boats starting later than three minutes after their start will be scored Did Not Start (DNS). This changes RRS A5.1

8. THE FINISH

- 8.1. The finishing line will be between a staff displaying a blue flag on the race committee signal boat on the port end and the course side of the starboard end finishing mark.
- 8.2. A boat intending to protest or request redress based on an incident in the racing area that she is involved in or sees shall, at the first reasonable opportunity after she *finishes*, but before consultation or discussing the incident with any coach, parent or non-competitor, inform the race committee at the finishing line of her intent to protest or request redress and, when applicable, the identity of the protestee.
- 8.3. The Race Committee reserves the right to finish boats “in place” if doing so will prevent substantial delays in subsequent races.
- 8.4. Boats failing to finish within 15 minutes after the first boat sails the course and finishes will be scored “TLE” Time Limit Expired without a hearing. This changes RRS 35, A4 and A5.
- 8.5. If the Race Committee intends to start another race on the same day, it will display Code Flag “R” with no sound while boats are finishing.

9. SCORING and PENALTY SYSTEM

- 9.1. Appendix V (Alternative Penalties) will apply. The penalty specified in V2(b) shall be changed to 20% if taken before the protest time limit.
- 9.2. Up to 10 races are scheduled. Two (2) races are required to be completed to constitute a series.

10. HEARING REQUESTS

- 10.1. Hearing requests shall be in writing, on a form available at the RYC Clubhouse Bar, and delivered to the regatta office (in the pavilion) within 60 minutes after the time of the docking of the race committee signal boat for that competitor's course.
- 10.2. Hearing notices will be posted within 30 minutes after the protest time limit to inform competitors where and when there is a hearing in which they are parties to a hearing, or named as witnesses. This posting shall constitute the notification required by RRS 63.2 and RRS 61.1(b). Hearings will be heard in approximately the order of receipt.

11. SAFETY REGULATIONS

- 11.1.1. **[DP]** Competitors must check in with the race committee signal boat before the warning signal of the first race each day. Competitors shall sail past the PORT side of the race committee signal boat during the check in period
- 11.1.2. **[DP]** A boat retiring from a race shall notify a race committee boat before leaving the course, or, when that is impossible, the Regatta Office immediately after arrival ashore.
- 11.1.3. The display of Code Flag "Y" before the warning signal with one horn means "Spinnakers shall not be used for the race".
- 11.2. Boats are reminded that The Genesee River is a restricted channel, and sailing vessels do NOT have right-of-way over vessels under power that may be restricted in their ability to maneuver. Participation in this regatta does NOT provide standing over vessels that have right-of-way.

12. PROHIBITED SUBSTANCES

- 12.1. **[NP]** For Junior and Youth events or for junior or youth competitors in any US Sailing championship, no participant or competitor shall use, either on or off the water: marijuana or any other controlled substance (as defined in 21 U.S. Code 802) the possession of which is unlawful under 21 U.S. Code 841, or alcoholic beverages (distilled spirits, wine and beer, each as defined in chapter 51 of the U.S. Internal Revenue Code and intended for beverage use).
- 12.2. When the protest committee believes that a competitor may have breached one of these regulations, it shall follow the process described in racing rule 69.1, and a competitor found to have breached one of these regulations shall be excluded from the remaining races of the series and, where practicable, removed from the regatta venue and sent home. The competitor's boat shall be disqualified from all races of the series.

13. SUPPORT BOATS

- 13.1. Team leaders, coaches and other support boats and personnel shall stay outside areas where boats are racing from the time of the preparatory signal until all boats have finished or retired or the race committee signal a postponement, general recall or abandonment, UNLESS directed by the race committee. The penalty for failing to comply with this requirement may result in disqualification of all boats associated with the support personnel who do so.
- 13.2. All coach boats and other support boats/support personnel must agree to aid any competitor in distress or requesting assistance of any sort. The protest committee may penalize any and all boats affiliated with support boats who break this rule.

14. PERSONAL FLOTATION

- 14.1. **[DP]** A US or Canadian Coast Guard approved PFD must be worn and fully secured at all times while afloat, except for brief periods while adding or removing clothing. Whistles permanently attached to the PFDs are recommended.
- 14.2. Coaches and other support personnel are strongly encouraged to wear fully secured PFDs while on the water.

15. DISPOSAL OF TRASH

- 15.1. Boats observed purposefully discharging trash into the water will either be disqualified from all races the day the infraction is observed or be subject to other suitable disciplinary action, or both.

Appendix A

RACING AREA and HARBOR LOCATION

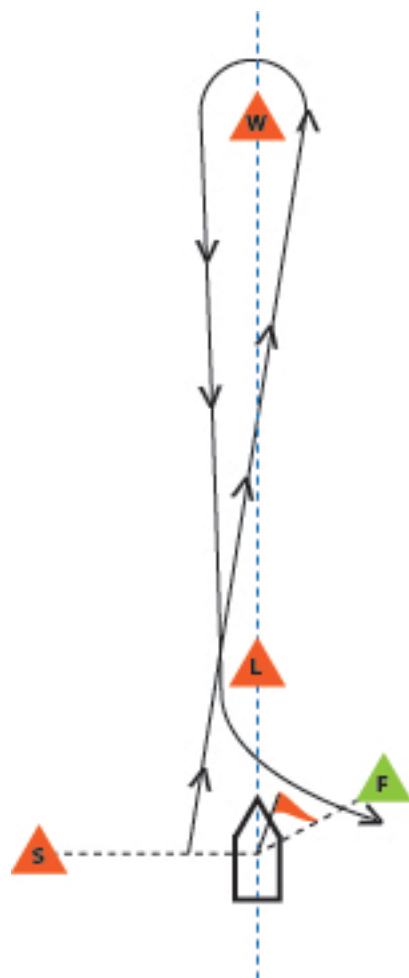


NOT TO BE USED FOR NAVIGATION

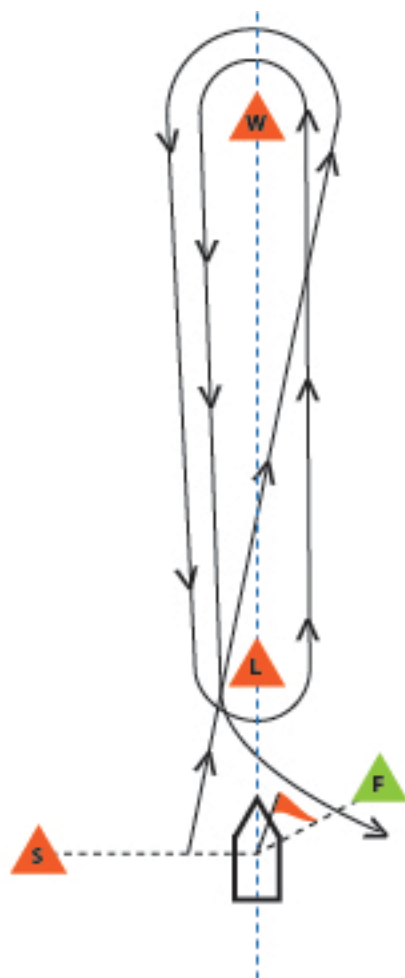
APPENDIX B

COURSE DIAGRAMS

COURSE "1"



COURSE "2"



	420 and Laser	Opti
Course 1	Start - W - L - Finish (Downwind)	Start - W - Finish (Downwind)
Course 2	Start - W - L - W - L - Finish (Downwind)	Start - W - L - W - Finish (Downwind)

Rounding – All marks left to port

Marks:

Start, W, L : Tetrahedrons

Finish: Green Tetrahedron