

LADIES AT THE HELM
New Bedford Yacht Club
Wednesday, June 29, 2022

NOTICE OF RACE

1.0 GENERAL

- 1.1 Races will be run for PHRF Race and Cruise classes, Etchells and Rhodes 19s.
- 1.2 **This race will be scored as part of the Wednesday Night Sunset Series for the PHRF and Rhodes 19 fleet. This race will NOT count for the Etchells.**

2.0 RULES

- 2.1 All races will be governed by the current Racing Rules of Sailing.
- 2.2 There must be a female at the helm from the warning signal until the boat finishes.
- 2.3 All vessels must carry VHF radios

3.0 SAILING INSTRUCTIONS

- 3.1 The Sailing Instructions are available at the NBYC office and on the NBYC website.

4.0 COMMUNICATIONS

- 4.1 The official Notice Board is located next to the Commodore's Parking space in the Race Committee bulletin board.
- 4.2 [DP] All boats shall carry a working VHF radio.
- 4.3 On the water, the race committee may make courtesy broadcasts to competitors on the VHF channel designated in the Sailing Instructions.
- 4.4 Emergency communication channels are VHF 16 for the Dartmouth HarborMaster, and NBYC Dockmaster monitors VHF channel 68

5.0 ELIGIBILITY

- 5.1 Members and non-members are eligible to compete in Ladies at the Helm.
- 5.2 The event is open to all Etchells, Rhodes 19, PHRF Spinnaker and Non Spinnaker.
- 5.2 Handicap skippers must have a current PHRF-NE rating certificate.
- 5.3 Membership in US Sailing is strongly encouraged.

6.0 ENTRIES

- 6.1 The entry fee is \$30 for NBYC members and \$40 for non-members. Competitors may enter by registering through Regatta Network on the NBYC website. Members will be charged on their bills. Non-members can pay in the office. Entries must be received by Wednesday, June 29, 2022 at 1700 hours.

7.0 SCHEDULE

- 371 The warning signal for the first class will be at 1800.

8.0 PRIZES

- 8.1 First, second and third place keeper trophies will be awarded for each class at the post- race get together in the Dining Room. The winner in each class will be awarded a trophy at the Annual Awards Dinner on Friday, October 14, 2022.

9.0 FURTHER INFORMATION

- 9.1 For further information please contact:
Mary Ellen DeFrias - (p)508-326-3906 mary@defriasgroup.com
NBYC Front Office - (p)508-997-0762 Office@nbyc.com

9.0 CREW

- 9.1 Anyone interested in crewing and any skipper looking for crew should go to the NBYC website and fill out the form either looking for crew or looking to race. That list will be visible for skippers and crew to find each other.