

**NBYC LADIES AT THE HELM**  
**SAILING INSTRUCTIONS**  
**Wednesday, June 29, 2022**

**1.0 GENERAL**

- 1.1 Races will be run for Race and Cruise classes, Etchells and Rhodes 19s.
- 1.2 This race IS scored as part of the Mishaun Cup..

**2.0 RULES**

- 2.1 All races will be governed by the current Racing Rules of Sailing.
- 2.2 Each entrant must have sail numbers on her sail. Sail number changes must be provided before the first warning signal.
- 2.3 All boats must have a VHF radio on and monitoring channel 69 at all times. Failure to comply is not grounds for protest.

**3.0 NOTICES**

- 3.1 Notices to competitors will be posted on the Race Committee bulletin board located near the Commodores' parking area.
- 3.2 Any changes to the Sailing Instructions will be posted by 1600 hours.
- 3.3 The Race Committee will endeavor to decide no later than 1700 hours whether to run the race. All competitors are encouraged to contact the NBYC to learn the status of the race.

**4.0 SIGNALS MADE ASHORE**

- 4.1 Signals made ashore will be displayed on the NBYC flagpole indicating postponement or abandonment of the day's racing.
- 4.2 When flag AP is displayed ashore, "1 minute" is replaced with "not less than sixty (60) minutes" in the race signal AP.

**5.0 SCHEDULE OF RACES**

- 5.1 Warning signal for the first class will be at 1800 hours.

**6.0 CLASS FLAGS**

- |     |                  |                  |  |
|-----|------------------|------------------|--|
| 6.1 | <b>CLASS I</b>   | <b>Etchells</b>  | <b>Class flag is E22</b>               |
|     | <b>CLASS II</b>  | <b>Race</b>      | <b>Class flag is Numeral Pennant 2</b> |
|     | <b>CLASS III</b> | <b>Cruise</b>    | <b>Class flag is Numeral Pennant 3</b> |
|     | <b>CLASS IV</b>  | <b>Rhodes 19</b> | <b>Class flag is R19</b>               |

**7.0 RACING AREA**

- 7.1 Racing will take place south of the Padanaram breakwater.
- 7.2 While races generally start in the vicinity of Mark "Delta"  $\Delta$  participants should monitor VHF channel 69 to determine the location of the start for each race.

**8.0 COURSES**

- 8.1 Courses will be designated by letters or symbols displayed on the boat course board.
- 8.2 Each course will be posted to the right of the class designation.
- 8.3 If the Race Committee hoists code flag "L", it means come within hail and listen to VHF channel 69 and stand by for an announcement.
- 8.4 Course circulars are available at the Club office.

## **9.0 MARKS**

- 9.1 Marks consist of NBYC race marks & government marks listed in the NBYC course sheet.
- 9.2 All marks shall be rounded on the side farthest from the next mark except all 180 roundings shall be made leaving the mark to port.
- 9.3 In rare cases, due to the requirement of running several classes around different courses, the RC *may hoist a solid red flag to indicate all marks to be left to port.*
- 9.4 There may a drop mark used. This mark will be an inflatable mark and will be designated Mark "Q". The drop may be a windward mark or a leeward mark.
- 9.5 The RC will hoist Flag "L" and announce any changes over VHF radio channel 69.

## **10.0 THE START**

- 10.1 Races shall be started by using RRS 26.
- 10.2 Boats starting 4 minutes after their starting signal will be scored DNS without a hearing. This changes RRS 63.1, A4.1 and A5.
- 10.3 Classes will be started in the following order:
  - Class I Etchells
  - Class II Race
  - Class III Cruise
  - Class IV Rhodes 19
- 10.4 While it is the intention of the RC to start all classes five minutes apart (i.e. the warning signal for the next class will be the start of the preceding class) this may not always happen.

## **11.0 THE FINISH:**

- 11.1 The finish will be between a staff on the committee boat displaying an blue flag and the last mark of the course.

## **12.0 TIME LIMIT**

- 12.1 For all classes, the first boat must finish by 15 minutes after sunset on the day of the race or the race will be abandoned. All remaining boats must finish within 30 minutes of the first boat in its class.

## **13.0 SCORING**

- 13.1 The Low Point Scoring System of Appendix A will apply.

## **14.0 PENALTIES WHILE RACING**

- 14.1 For all one-design classes: The first two sentences of rule 44.1 are changed to "A boat may take a One-Turn Penalty at the time of the incident when she may have broken a rule of Part 2 or rule 31 while racing. However, when she may have broken a rule of Part 2 while in the zone around a mark other than a starting mark, her penalty shall be a Two-Turns Penalty."
- 14.2 For all PHRF classes, the Scoring Penalty, RRS 44.3, will apply for penalties at the time of the incident. The penalty will be 10% with a minimum loss of one place. However, when she may have broken a rule of Part 2 while in the zone around a mark other than a starting mark, her penalty shall be 20% with a minimum loss of two places. A yellow flag or streamer must be attached to the backstay of the boat accepting fault promptly after the incident to indicate her desire to take a penalty. Notify the Race Committee at the finish.
- 14.3 Rules 44.1(a) and (b) apply for all classes.

## **15.0 POST RACE PENALTIES**

For all classes, a boat that may have broken a rule of Part 2 or rule 31 while racing may take a Post-Race Penalty for that incident. However, rules 44.1(a) and (b) apply. The penalty shall be a Scoring Penalty as stated below:

- (a) 20% or a minimum loss of two places, if taken before the protest time limit, or
- (b) 30% or a minimum loss of three places, if taken after the protest time limit but before the beginning of a hearing involving the incident.
- (c) **Inform the Race Committee in writing.**

## **16.0 PROTESTS AND HEARINGS – THREE MINUTE JUSTICE**

- 16.1 Protest forms are available at the Club office.
- 16.2 All protests shall be delivered, in writing, to the Race Committee within 30 minutes after the race committee boat docks.
- 16.3 A protest committee consisting of three individuals will be quickly formed. A member of the Race Committee is not required.
- 16.4 All parties must be present.
- 16.5 The protestor will have one minute to present the protest.
- 16.6 The protestee will have one minute to defend.
- 16.7 The Protest Committee will have one minute to reach a decision.
- 16.8 Three Minute Justice hearings apply to all hearings except hearings under RRS 69.

## **17.0 LEAVING THE RACE COURSE/EMERGENCY**

- 17.1 Any participant of an NBYC sponsored race who leaves the race course after starting a race must notify the Race Committee as soon as possible:
  - NBYC Race Committee monitors VHF channel 69
  - NBYC office monitors VHF channel 68; Phone (508) 997-0762
  - Dartmouth Harbormaster monitors VHF channel 9; Phone (508) 999-0759
  - St. Luke's Hospital; Phone (508) 997-1515