



**NEW BEDFORD YACHT CLUB  
Sonar Family Challenge Race  
SAILING INSTRUCTIONS  
Tuesday July 12, 2022**

**1 RULES**

- 1.1 All races will be governed by the current Racing Rules of Sailing.
- 1.2 Race will be One Design Sonar Non-Spinnaker and limited to 10 teams
- 1.3 Boats will be limited to 2 adult participants and 3 junior sailors and all participants in the same boat must be related either by blood or by marriage. Cousins, aunts, uncles, grandparents all welcome! 3 adult participants allowed if not all from the same generation. Entry must be in the name of an NBYC Senior, Intermediate or Junior Member.
- 1.4 All boats must have a VHF radio (provided) on and monitoring channel 69 at all times. Failure to comply is not grounds for protest.
- 1.5 Skippers and crew must wear a Coast Guard Approved PFD

**2. NOTICE TO COMPETITORS & CHANGES IN SAILING INSTRUCTIONS**

- 2.1 Notices to competitors will be announced at the Skippers Meeting.

**3 SIGNALS MADE ASHORE**

- 3.1 Signals made ashore will be displayed on the NBYC flagpole.
- 3.2 When flag AP is displayed ashore, "1 minute" is replaced with "not less than sixty (60) minutes" in the race signal AP.

**4. SCHEDULE OF RACES**

- 4.1 Warning signal will be at 1800 hours.

**5. RACING AREA**

- 5.1 Racing will take place south of the Padanaram breakwater.
- 5.2 Races generally start in the vicinity of Mark "A".

**6. COURSES & MARKS**

- 6.1 Courses shall be announced by the Race Committee. It is our intent to primarily run windward-leeward courses, but the race committee reserves the right to alter courses.
- 6.2 Marks will be pink or orange drop marks and possibly Mark "A" if conditions allow.

## **7. THE START**

- 7.1 Races will be started by using three minute dinghy starts as stated herewith: 3 long blasts of a horn (or whistle) at 3 minutes; 2 long blasts at 2 minutes; 1 long & 1 short blast at 1 1/2 minutes; 1 long blast at 1 minute; 3 short blasts at 30 seconds; 2 short blasts at 20 seconds; 1 short blast at 10 seconds; countdown (short blasts) from 5 seconds; 1 long blast at the start.
- 7.2 Recalls, both individual and general, will be signaled by a short sound. The race committee will attempt to hail premature starters, but no flag will be flown. This changes rule 29.1. Failure of the race committee to hail, or a boat's inability to hear a hail shall not be grounds for redress. Racers should be aware of the short, repetitive sounds emitted prior to the initial warning signal and not consider them part of the starting sequence.
- 7.3 The starting line will be between a flag on the race committee boat and the designated starting pin

## **8. CHANGE OF COURSE**

- 8.1 Marks may be moved after a start to ensure squareness to the wind, however, the race committee will not signal any such mark relocations.

## **9. THE FINISH**

- 9.1 The finish line will be between the blue flag on a race committee boat and the designated finish pin. The finish mark may be placed to starboard of the race committee boat

## **10 TIME LIMIT**

- 10.1 A 30 minute time limit shall apply for each race.

## **11 PROTESTS**

- 11.1 In the event of a foul, the "Two Turn" penalty is modified so that the boat being protested may exonerate itself by making one tack and one gybe. This changes RRS rule 44.1.
- 11.2 A boat intending to protest shall notify the race committee immediately upon finishing. Protests shall be handled on the NBYC lawn on December 24, 2022 at 1900. All protests will be settled using 3 minute justice.

## **12 RESULTS**

- 12.1 Low-point scoring will apply
- 12.2 Results will be announced ashore and posted on the NBYC website.