



# 2022 Bell Sail Central Championship at Hudson Yacht Club Fruitbowl

## SAILING INSTRUCTIONS

July 21 to July 24, 2022

Hudson Yacht Club, Hudson, Québec

Organising Authority: Sail Canada in conjunction with the Hudson Yacht Club

### 1. RULES

- 1.1 The regatta will be governed by the rules as defined in the Racing Rules of Sailing.
- 1.2 If there is a conflict between languages, English will take precedence.

### 2. NOTICE TO COMPETITORS

- 2.1 Notices to competitors will be posted on the official notice board located on the club house veranda.

### 3. CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any change to the Sailing Instructions will be posted on the official notice before 8h00 on the day it will take effect.
- 3.2 Any change to the schedule will be posted by 20h00 on the day before it will take effect.

### 4. SIGNALS MADE A SHORE

- 4.1 Signals made ashore will be displayed on the official flagpole located on the 'T' pier
- 4.2 When flag AP is displayed ashore, "1 minute" is replaced with "not less than 60 minutes" in the race signal AP. Boats shall not leave the shore while the AP flag is displayed.
- 4.3 Boats shall NOT leave the shore until the D flag is displayed with one sound. The warning signal will not be made before the scheduled time or less than 60 minutes after flag D is displayed.' [DP]

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## 5. SCHEDULE OF RACES

5.1 7 races are scheduled.

5.2

Date	Event	Class
Thursday July 21, 2022	Training Day	All Classes
Friday July 22, 2022	Coach Meeting: 08h15	
	Competitors Meeting: 08h30	
	Optimist Team Race Clinic: 09h00	Optimist Race
	Training continued	All except Optimist Race
	12h30 – 13h00 Lunch	
	Practice Race: 13h30	All Classes
	16h00 – 17h00 – General debrief	
Saturday July 23, 2022	Coach Meeting: 08h15	
	First Warning Signal: 10h00	All Classes
Sunday July 24, 2022	Coach Meeting: 08h15	
	First Warning Signal: 10h00	All Classes
	Award Presentations	

5.3 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.

5.4 On the last scheduled day of racing, no warning signal will be made after 14h00.

## 6. CLASS FLAGS

Class	Class Flag	Racing Area
Optimist	Optimist logo on white background	Alpha
ILCA 4	Laser Starburst on white background	Charlie
ILCA 6	Laser Starburst on red Background	Charlie
C420	420 logo on white background	Bravo
Optimist Verte	Green Flag	Delta*

\* The opti green practice race will be held on racing area 'Alpha'.

## 7. RACING AREAS

7.1 Attachment B shows the location of racing areas.

7.2 Each Race Committee vessel will display the numeral pennant corresponding to their racing area.

Alpha: #1

Bravo: #2

Charlie: #3

Delta: #4 \*

\* The opti green practice race will be held on racing area 'Alpha'

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## 8. THE COURSES

- 8.1 The diagrams in Attachment A show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

Class	Course Type
ILCA 4 , 6	2
C420	2
Optimist	2
Optimist Green	1

## 9. MARKS

- 9.1 Marks will be as follows:

Course Area	Mark Shape and Colour	Change Mark Shape and Colour
Alpha1	YELLOW TETRAHEDRON	ORANGE TETRAHEDRON
Bravo	ORANGE TETRAHEDRON	YELLOW TETRAHEDRON
Charlie	YELLOW TETRAHEDRON	ORANGE TETRAHEDRON
Delta	Red Ball	n/a

- 9.2 Finish marks will be a red mark with blue flag on Alpha, Bravo and Charlie. The Start and finish line on Delta will be the same using a red ball.

## 10. THE START

- 10.1 The starting line will be between the staff or halyard displaying an orange flag on the race committee boat at the starboard end of the line and a staff displaying an orange flag on a pin boat at the port end of the line.
- 10.2 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races. (DP)
- 10.3 A boat that does not start within 4 minutes after her starting signal will be scored "Did Not Start" without a hearing. This changes rule RRS A4 and A5.

## 11. CHANGE OF THE NEXT LEG OF THE COURSE

To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, the original mark will be reused.

## 12. THE FINISH

- 12.1 The finish line for Alpha, Bravo and Charlie courses will be between the staff or halyard displaying a blue flag on the race committee boat and the staff displaying a blue flag on a red mark at the port end of the line.
- 12.2 The finish line for Delta courses will be between the staff or halyard displaying a blue flag on the race committee boat and a red ball.

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### 13 PENALTY SYSTEM

- 13.1 RRS Appendix P will apply as per NOR 1.3.
- 13.2 RRS P2.2 and P2.3 does not apply and RRS P2.1 is changed so that it will apply to any penalty.

### 14. TIME LIMIT

- 14.1 Time limits and target times are as follows:

Class	Mark 1 Time Limit	Race Time Limit	Finishing Window	Target Time
Optimist	25 Minutes	70 Minutes	15 Minutes	45 Minutes
Optimist Green	20 Minutes	50 Minutes	10 Minutes	30 Minutes
ILCA	25 Minutes	70 Minutes	15 Minutes	45 Minutes
C420	25 Minutes	70 Minutes	15 Minutes	45 Minutes

- 14.2 If no boat has passed the first mark within the Mark 1 Time Limit, the race shall be abandoned.
- 14.3 According to the table above, boats failing to finish within the Finishing Window after the first boat sails the course and finishes will be scored "Did Not Finish" without a hearing. This changes RRS 35, A4 and A5.
- 14.4 When it is in the best interest of the fleet and its competitors, the Race Committee may award finishing places to boats which are delaying the finish of the race (on course finish). The scoring abbreviation for an on-course finish will be OCF.
- 14.5 Failure to meet the target time will not be grounds for redress. This changes RRS 62.1(a).

### 15. Hearing Requests

- 15.1 The protest time limit shall be posted for each class and will be 60 minutes after the time the RC boat docks after racing is completed for the day, or the RC signals no more racing for the day, whichever is later.
- 15.2 Protest forms and Jury Desk will be located at the information desk.
- 15.3 Notices will be posted on the official notice board no later than 10 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located in in the Gazebo at the East end of the clubhouse.
- 15.4 Notices of protests by the race committee, technical committee or protest committee will be posted on the official notice board to inform boats under RRS 61.1(b).

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**16. SCORING**

- 16.1 When fewer than 5 races have been completed, a boat's series score will be the total of her race scores.
- 16.2 When 5 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

**17. REPLACEMENT OF A CREW**

Substitution of competitors will not be allowed without prior written approval of the Race Committee. (DP)

**18. MEASUREMENT CHECKS**

A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions.

**19. OFFICIAL AND SUPPORT BOATS**

- 19.1 Judges will display a white flag with the letter J shown.
- 19.2 Race Committee vessels will display their course number pennant.
- 19.3 **Except on the Optimist Green Fleet course,** Team leaders, coaches and other support persons shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired or the race committee signals a postponement, general recall, or abandonment. (DP)

**20. SAFETY REGULATIONS**

- 20.1 All competitors shall wear approved lifejackets or other approved personal buoyancy at all times while afloat.
- 20.2 All boats must check-out and check-in at the information desk near the main clubhouse. (DP)
- 20.3 A boat that retires from a race shall notify the race committee as soon as possible. (DP)

**21. PRIZES**

Prizes will be awarded for each class except Opti-Green Fleet. (Participants in the Optimist Green Fleet will receive event souvenirs.)

**22. DISCLAIMER OF LIABILITY**

Competitors participate in the regatta entirely at their own risk. See RRS 3, Decision to Race. The organizing authority and Hudson Yacht Club will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

**23. INSURANCE**

Each participating boat shall be insured with valid third-part liability insurance with a minimum cover of \$500,000.00 per incident or the equivalent.

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**ATTACHMENT A  
ILLUSTRATION OF THE COURSES**

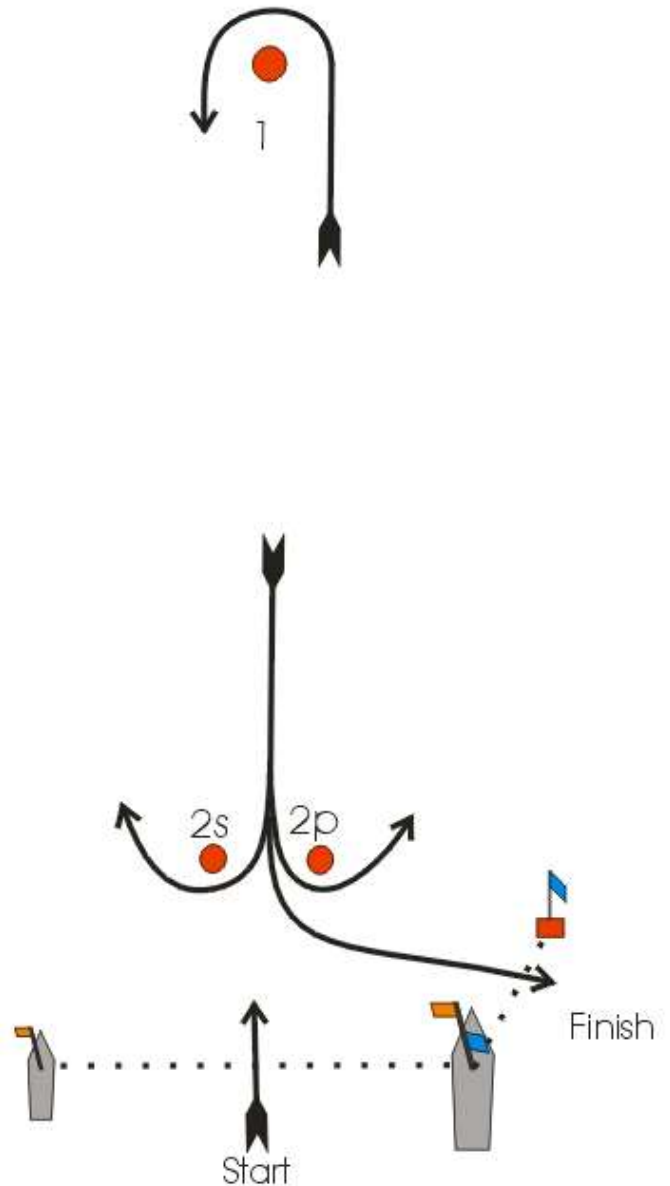
**Course 1**

**L2: Start-1-2-1-Finish  
Optimist green fleet**



**Course 2**

**LH2: Start-1-2(gate)-1-2b-Finish  
All except Optimist Green Fleet**



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**ATTACHMENT B  
ILLUSTRATION OF THE RACING AREAS**



Class	Racing Area
Optimist	Alpha
ILCA 4	Charlie
ILCA 6	Charlie
C420	Bravo
Optimist Green and Team Racing Clinic	Delta

